

Tobacco Cessation Counseling

Policy Number: PG0013
Last Review: 08/03/2022

HMO AND PPO
ELITE (MEDICARE ADVANTAGE)
MARKETPLACE

GUIDELINES:

- This policy does not certify benefits or authorization of benefits, which is designated by each individual policyholder terms, conditions, exclusions, and limitations contract. It does not constitute a contract or guarantee regarding coverage or reimbursement/payment. Self-Insured group specific policy will supersede this general policy when group supplementary plan document or individual plan decision directs otherwise.
- Paramount applies coding edits to all medical claims through coding logic software to evaluate the accuracy and adherence to accepted national standards.
- This medical policy is solely for guiding medical necessity and explaining correct procedure reporting used to assist in making coverage decisions and administering benefits.

SCOPE:

- Professional
- Facility

DESCRIPTION:

Tobacco, smoking and tobacco, use directly causes or contributes to conditions that increase morbidity and mortality in the U.S. and is a major contributor to the nations increasing medical costs. The use of tobacco products generally leads to tobacco/nicotine dependence and often results in serious health problems, i.e., lung and other cancers, chronic lung disease, heart disease, strokes, vascular disease, and infertility.

Smoking and tobacco use cessation counseling is defined as information given in the form of health education to the patient on topics related to tobacco use in any form, including cigarettes, cigars, snuff, and chewing tobacco, or on exposure to secondhand smoke. Smoking and tobacco cessation counseling includes information on smoking cessation and prevention of tobacco use. Counseling and medication are both effective means for ending dependency on tobacco products and are even more effective together than either method alone.

POLICY:

Paramount Commercial Insurance Plans and Elite (Medicare Advantage) Plans

- Smoking and Tobacco use Cessation Counseling (99406, 99407) does not require prior authorization.
- Code S9453 is non-covered for Paramount Commercial Insurance Plans and Medicare Advantage Plans.

COVERAGE CRITERIA:

Paramount Commercial Insurance Plans and Elite (Medicare Advantage) Plans

Paramount will cover smoking and tobacco cessation counseling for outpatient and hospitalized members:

- Who use tobacco, regardless of whether they have signs or symptoms of tobacco-related disease;
- Who are competent and alert at the time that counseling is provided; and,
- Whose counseling is furnished by a qualified physician or other qualified health care provider.

Minimal counseling (<3 minutes) is not reimbursable as a separate and distinct service and should be considered a part of the evaluation and management visit.

The documentation in the health care record of a "smoking and tobacco-use cessation counseling or counseling
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to prevent tobacco use” claim must show sufficient patient history to adequately demonstrate that the following coverage conditions were met:

- The individual uses tobacco – regardless of whether there are signs or symptoms of tobacco-related disease
- Services were furnished by a qualified health care provider

In addition to documenting that the coverage conditions were met, the health care record must include verification of the counseling intervention. Documentation must demonstrate the member was:

1. Asked about tobacco use
2. Advised to quit
3. Assessed for the willingness to attempt to quit
4. Assisted with the attempt to quit
5. Follow-up with the patient was arranged

Smoking and tobacco-use cessation counseling are time-based codes. The documentation of these services must include the amount of time spent with the patient.

Inpatient hospital stays with the principal diagnosis of tobacco use disorder are not reasonable and necessary for the effective delivery of smoking/tobacco cessation counseling services. Therefore, Paramount will not cover smoking/tobacco cessation services if smoking/tobacco cessation is the primary reason for the patient’s hospital stay.

Tobacco Cessation Counseling, procedures 99406 and 99407, are allowed a total of 8 sessions per a 12-month period. The practitioner and patient have the flexibility to choose between intermediate (more than 3 minutes but less than 10 minutes), or intensive (more than 10 minutes) cessation counseling sessions for each attempt.

Medicare Advantage Plans

Deductible and Copayment/Coinsurance waived for Smoking and Tobacco use Cessation Counseling (99406, 99407) if reported with ICD-10-CM diagnosis codes listed below.

Paramount Commercial Insurance Plans

Deductible and Copayment/Coinsurance will apply in a standard medical benefit. If the member has the preventive medical benefit, the Deductible and Copayment/Coinsurance is waived for Smoking and Tobacco use Cessation Counseling (99406, 99407) if reported with ICD-10-CM diagnosis codes listed below.

CODING/BILLING INFORMATION:

The appearance of a code in this section does not necessarily indicate coverage. Codes that are covered may have selection criteria that must be met. Payment for supplies may be included in payment for other services rendered.

CPT CODES	
99406	Smoking and tobacco use cessation counseling visit; intermediate, greater than 3 minutes up to 10 minutes
99407	Smoking and tobacco use cessation counseling visit; intermediate, greater than 10 minutes
HCPCS CODES	
S9453	Smoking cessation classes, non-physician provider, per session
ICD-10-CM CODES	
F17.200	Nicotine dependence, unspecified, uncomplicated
F17.201	Nicotine dependence, unspecified, in remission
F17.210	Nicotine dependence, cigarettes, uncomplicated
F17.211	Nicotine dependence, cigarette, in remission
F17.213	Nicotine dependence, cigarettes, with withdrawal
F17.218	Nicotine dependence, cigarettes, with other nicotine-induced disorders
F17.219	Nicotine dependence, cigarettes, with unspecified nicotine-induced disorders

F17.220	Nicotine dependence, chewing tobacco, uncomplicated
F17.221	Nicotine dependence, chewing tobacco, in remission
F17.223	Nicotine dependence, chewing tobacco, with withdrawal
F17.228	Nicotine dependence, chewing tobacco, with other nicotine-induced disorders
F17.229	Nicotine dependence, chewing tobacco, with unspecified nicotine-induced disorders
F17.290	Nicotine dependence, other tobacco product, uncomplicated
F17.291	Nicotine dependence, other tobacco product, in remission
F17.293	Nicotine dependence, other tobacco product, with withdrawal
F17.298	Nicotine dependence, other tobacco product, with other nicotine-induced disorders
F17.299	Nicotine dependence, other tobacco product, with unspecified nicotine-induced disorders
O99.330	Smoking (tobacco) complicating pregnancy, unspecified trimester
O99.331	Smoking (tobacco) complicating pregnancy, first trimester
O99.332	Smoking (tobacco) complicating pregnancy, second trimester
O99.333	Smoking (tobacco) complicating pregnancy, third trimester
O99.335	Smoking (tobacco) complicating pregnancy, puerperium
T65.211A	Toxic effect of chewing tobacco, accidental (unintentional), initial encounter
T65.212A	Toxic effect of chewing tobacco, intentional self-harm, initial encounter
T65.213A	Toxic effect of chewing tobacco, assault, initial encounter
T65.214A	Toxic effect of chewing tobacco, undetermined, initial encounter
T65.221A	Toxic effect of tobacco cigarettes, accidental (unintentional), initial encounter
T65.222A	Toxic effect of tobacco cigarettes, intentional self-harm, initial encounter
T65.223A	Toxic effect of tobacco cigarettes, assault, initial encounter
T65.224A	Toxic effect of tobacco cigarettes, undetermined, initial encounter
T65.291A	Toxic effect of other tobacco and nicotine, accidental (unintentional), initial encounter
T65.292A	Toxic effect of other tobacco and nicotine, intentional self-harm, initial encounter
T65.293A	Toxic effect of other tobacco and nicotine, assault, initial encounter
T65.294A	Toxic effect of other tobacco and nicotine, undetermined, initial encounter
Z87.891	Personal history of nicotine dependence

REVISION HISTORY EXPLANATION: ORIGINAL EFFECTIVE DATE: 10/30/2005

Date	Explanation & Changes
03/01/07	<ul style="list-style-type: none"> Edit Changes - smoking cessation services allowed with the E/M services 99201-99205 and 99211-99215 Procedures G0375 and G0376 will continue to be denied "IN" (service incidental to primary procedure-no patient liability) with all other E/M services as previously
01/01/08	<ul style="list-style-type: none"> New codes - these services were replaced with procedure codes 99406 and 99407 following the same established guidelines in place for the deleted procedure codes G0375 and G0376
11/01/08	<ul style="list-style-type: none"> No changes
09/15/09	<ul style="list-style-type: none"> Benefit definition
06/11/13	<ul style="list-style-type: none"> Per Medical Policy Steering Committee review, procedure S9453 is covered under Medicaid Appendix DD, reimbursement warranted
09/10/13	<ul style="list-style-type: none"> Removed deleted ICD-9 codes 305.10, 305.11, 305.12, 305.13 Added new code 305.1 ICD-10 Codes added from ICD-9 conversion Policy reviewed and updated to reflect most current clinical evidence. Approved by Medical Policy Steering Committee as revised
05/09/17	<ul style="list-style-type: none"> Removed HCPCS codes S0106, S4990, S4991, S4995 Removed ICD-9 codes 305.1 & V15.82 Deleted effective 9/30/2016 codes G0436 & G0437

	<ul style="list-style-type: none"> Added ICD-10 codes per CMS T65.211A, T65.212A, T65.213A, T65.214A, T65.221A, T65.222A, T65.223A, T65.224A, T65.291A, T65.292A, T65.293A, T65.294A Policy reviewed and updated to reflect most current clinical evidence per Medical Policy Steering Committee
07/10/18	<ul style="list-style-type: none"> Policy reviewed and updated to reflect most current clinical evidence per Medical Policy Steering Committee
11/13/18	<ul style="list-style-type: none"> Policy reviewed and updated to reflect most current clinical evidence per Medical Policy Steering Committee
12/14/2020	<ul style="list-style-type: none"> Medical policy placed on the new Paramount Medical Policy Format
08/03/2022	<ul style="list-style-type: none"> Policy reviewed and updated to reflect most current clinical evidence Removed deleted codes G0436 and G0437 Change title from Tobacco Cessation to Tobacco Cessation Counseling Added ICD-10 diagnosis code F17.213, F17.218, F17.219, F17.223, F17.228, F17.229, F17.293, F17.298, F17.299, O99.331-O99.333, O99.335
08/31/2022	<ul style="list-style-type: none"> Corrected typo 099.331 to O99.331
02/01/2023	<ul style="list-style-type: none"> Medical Policy updated to reflect Medicaid coverage to Anthem as of 02/01/2023
02/01/2024	<ul style="list-style-type: none"> Medical Policy placed on the new Paramount medical policy format

Paramount reserves the right to review and revise our policies periodically when necessary. When there is an update, we will publish the most current policy to

<https://www.paramounthealthcare.com/providers/medical-policies/policy-library>

REFERENCES/RESOURCES

Centers for Medicare and Medicaid Services, CMS Manual System and other CMS publications and services <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals> <https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Internet-Only-Manuals-IOMs>

American Medical Association, *Current Procedural Terminology (CPT®)* and associated publications and services <https://www.ama-assn.org/amaone/cpt-current-procedural-terminology>

Centers for Medicare and Medicaid Services, Healthcare Common Procedure Coding System, HCPCS Release and Code Sets <https://www.cms.gov/Medicare/Coding/HCPCSReleaseCodeSets/HCPCS-Quarterly-Update>

U.S. Preventive Services Task Force, <https://www.uspreventiveservicestaskforce.org/uspstf/>
Industry Standard Review

Hayes, Inc., <https://www.hayesinc.com/>

Industry Standard Review

**HISTORY:
POLICY**

Paramount Commercial Insurance Plans, Medicare Advantage Plans, and Paramount Advantage Medicaid

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