Medical Policy

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Gender Reassignment Surgery

Policy Number: PG0311 Last Review: 12/01/2024 HMO AND PPO ELITE (MEDICARE ADVANTAGE) MARKETPLACE

GUIDELINES:

- This policy does not certify benefits or authorization of benefits, which is designated by each individual
 policyholder terms, conditions, exclusions, and limitations contract. It does not constitute a contract or
 guarantee regarding coverage or reimbursement/payment. Self-Insured group specific policy will supersede
 this general policy when group supplementary plan document or individual plan decision directs otherwise.
- Paramount applies coding edits to all medical claims through coding logic software to evaluate the accuracy and adherence to accepted national standards.
- This medical policy is solely for guiding medical necessity and explaining correct procedure reporting used to assist in making coverage decisions and administering benefits.

SCOPE:

X Professional X Facility

DESCRIPTION:

Transgender is a broad term that can be used to describe people whose gender identity is different from the gender they were thought to be when they were born. Gender dysphoria (GD) or gender identity disorder is defined as evidence of a strong and persistent cross-gender identification, which is the desire to be, or the insistence that one is of the other gender. Persons with this disorder experience a sense of discomfort and inappropriateness regarding their anatomic or genetic sexual characteristics. Individuals with GD have persistent feelings of gender discomfort and inappropriateness of their anatomical sex, strong and ongoing cross-gender identification, and a desire to live and be accepted as a member of the opposite sex.

Gender Dysphoria (GD) is defined by the Diagnostic and Statistical Manual of Mental Disorders - Fifth Edition, DSM-5™ as a condition characterized by the "distress that may accompany the incongruence between one's experienced or expressed gender and one's assigned gender" also known as "natal gender", which is the individual's sex determined at birth. Individuals with gender dysphoria experience confusion in their biological gender during their childhood, adolescence, or adulthood. These individuals demonstrate clinically significant distress or impairment in social, occupational, or other important areas of functioning.

Paramount respects gender diversity and has developed this corporate medical policy to assist our members who are diagnosed with gender dysphoria. This policy applies only to members diagnosed with gender dysphoria. Gender fluidity and other expressions of gender identity without a diagnosis of gender dysphoria are not covered by this policy.

DSM 5 Criteria for Gender Dysphoria in Adults and Adolescents:

A marked incongruence between one's experienced/expressed gender and assigned gender, of at least 6 months duration, as manifested by two or more of the following:

- A marked incongruence between one's experienced/expressed gender and primary and/or secondary sex characteristics (or, in young adolescents, the anticipated secondary sex characteristics)
- A strong desire to be rid of one's primary and/or secondary sex characteristics because of a marked incongruence with one's experienced/expressed gender (or, in young adolescents, a desire to prevent the development of the anticipated secondary sex characteristics)
- A strong desire for the primary and/or secondary sex characteristics of the other gender
- A strong desire to be of the other gender (or some alternative gender different from one's assigned



gender)

- A strong desire to be treated as the other gender (or some alternative gender different from one's assigned gender)
- A strong conviction that one has the typical feelings and reactions of the other gender (or some alternative gender different from one's assigned gender)

The condition is associated with clinically significant distress or impairment in social, occupational, or other important areas of functioning.

- The condition exists with a disorder of sex development.
- The condition is post-transitional, in that the individual has transitioned to full-time living in the desired gender (with or without legalization of gender change) and has undergone (oris preparing to have) at least one sex-related medical procedure or treatment regimen—namely, regular sex hormone treatment or gender reassignment surgery confirming the desired gender (e.g., penectomy, vaginoplasty in natal males; mastectomy or phalloplasty innatal females).

The therapeutic approach to gender dysphoria, as outlined by the Standards of Care for the Health of Transgender and Gender Diverse People, Version 8 from the World Professional Association for Transgender Health (WPATH), may consist of several interventions with the type and sequence of interventions differing from person to person. These include psychological and social interventions, social transition consistent with the affirmed gender identity, treatment with hormones and surgery to change the genitalia and other sex characteristics to that of the identity-congruent gender. Not all individuals with GD elect all of these approaches. Some individuals with GD may elect to use hormones but not elect surgery.

Gender reassignment surgery includes the surgical procedures by which the physical appearance and function of a person's existing sexual characteristics are changed to affirm a person's gender identity to resolve or minimize GD and improve quality of life. Gender reassignment surgery may involve any of a number of procedures including, but not limited to reduction mammoplasty, castration, orchidectomy, penectomy, vaginoplasty, hysterectomy, salpingectomy, vaginectomy, oophorectomy, and phalloplasty.

This policy is not intended to address the treatment of infants and children with ambiguous genitalia

POLICY:

<u>Paramount Commercial Insurance Plans and Elite (Medicare Advantage) Plans</u>
Prior Authorization is required for ALL surgical procedures for <u>treatment of Gender Dysphoria related to Gender Reassignment Surgery</u>

When all of the below criteria are met for gender reassignment surgery, the following genital surgeries may be considered for transwomen (male to female):

- Orchiectomy removal of testicles
- Penectomy removal of penis
- Vaginoplasty creation of vagina
- Clitoroplasty creation of clitoris
- Labiaplasty creation of labia
- Mammaplasty breast augmentation
- Prostatectomy -removal of prostate
- Urethroplasty creation of urethra

When all of the below criteria are met for gender reassignment surgery, the following genital/breast surgeries may be considered for transmen (female to male):

- Breast reconstruction (e.g., breast reduction) removal of breast
- Hysterectomy removal of uterus
- Salpingo-oophorectomy removal of fallopian tubes and ovaries
- Vaginectomy removal of vagina
- Vulvectomy removal of vulva
- Metoidioplasty creation of micro-penis, using clitoris
- Phalloplasty creation of penis, with or without urethra



- Urethroplasty creation of urethra within the penis
- Scrotoplasty creation of scrotum
- Testicular prostheses implantation of artificial testes

Cryopreservation, storage, and thawing of reproductive tissue is non-covered. Refer to PG0098 Infertility and Reproductive Services.

Cosmetic procedures are non-covered as listed below. Additionally refer to PG0104 Cosmetic and Reconstructive Surgery.

In addition to the Coverage Criteria documented below, a provider must refer to the Paramount Prior Authorization-Experimental/Investigational-NonCovered spreadsheet for procedures that require a prior authorization or are non-covered https://www.paramounthealthcare.com/providers/claims-and-authorization and specific medical policies in reference to specific procedures.

COVERAGE CRITERIA:

Paramount Commercial Insurance Plans and Elite (Medicare Advantage) Plans

Gender reassignment surgery (including, but not limited to, related services such as medical counseling, psychological clearance for surgery in the absence of a need for behavioral health therapeutic services, and preand post-surgical hormonal therapy) is specifically excluded under many health benefit plans. In addition, procedures associated with gender reassignment surgery that are performed solely for the purpose of improving or altering appearance or self-esteem, or to treat psychological symptomatology or psychosocial complaints related to one's appearance are considered cosmetic in nature and not medically necessary and are not covered under many benefit plans. Please refer to the applicable benefit plan document to determine benefit availability and the terms, conditions, and limitations of coverage.

When Benefit Coverage allows:

Psychotherapy and/or sexual identification counseling for treatment of gender dysphoria are covered when all of the following criteria are met:

- Services are provided by a qualified mental health professional
- The member undergoes an initial assessment of gender identity and dysphoria, the historical development of gender dysphoric feelings, and severity of resulting stress caused by the condition
- The mental health professional documents goals to assess, diagnose, and discuss treatment options (if needed) for gender dysphoria and any coexisting mental health concerns prior to initiations of hormone therapy or surgical procedures (if applicable).

Paramount may authorize the coverage of transgender surgery procedures listed in this guideline for members who have the gender reassignment benefit included in their plan document. Treatment of gender dysphoria may be considered MEDICALLY NECESSARY AND APPROPRIATE when **ALL** the following diagnostic criteria are met in addition to criteria for specific procedures listed below:

- 1. Definitive, well-documented persistent *Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition (DSM-5) diagnosis of gender dysphoria by a qualified licensed mental health professional; and
- 2. Single letter of referral from a qualified mental health professional and must be written within 12 months of the pre-service determination request; and
 - a. A marked incongruence between one's experienced/expressed gender and assigned natal gender, of at least 6 months duration, as manifested by two or more of the following:
 - A marked incongruence between one's experienced/expressed gender and primary and/or secondary sex characteristics (or, in young adolescents, the anticipated secondary sex characteristics)
 - ii. A strong desire to be rid of one's primary and/or secondary sex characteristics because of a marked incongruence with one's experienced/expressed gender (or, in young



- adolescents, a desire to prevent the development of the anticipated secondary sex characteristics)
- iii. A strong desire for the primary and/or secondary sex characteristics of the other gender
- iv. A strong desire to be of the other gender (or some alternative gender different from one's assigned designated gender)
- v. A strong desire to be treated as the other gender (or some alternative gender different from one's assigned designated gender)
- vi. A strong conviction that one has the typical feelings and reactions of the other gender (or some alternative gender different from one's assigned designated gender)
- b. The condition is associated with clinically significant distress or impairment in social, occupational, or other important areas of functioning.
 - i. That any co-morbid psychiatric or other medical conditions are stable and that the individual is prepared to undergo surgery.
 - ii. That the patient has had persistent and chronic gender dysphoria.
 - iii. That the patient has completed twelve months of continuous, full-time, real-life experience (i.e., the act of fully adopting a new or evolving gender role or gender presentation in everyday life) in the desired gender (e.g., family events, holidays, vacations, season-specific work, or school experiences), including notification to partners, family, friends, and community members (e.g., at school, work, other settings).
 - iv. The patient has regularly participated in psychotherapy throughout the real-life experience at a minimum of twelve months' time.
 - v. Unless medically contraindicated (or the individual is otherwise unable to take cross-sex hormones), there is documentation that the individual has participated in twelve consecutive months of cross-sex hormone therapy of the desired gender continuously and responsibly (e.g., screenings and follow-ups with the professional provider). Exceptions: The member has a medical contraindication that is attested to by the treating endocrinologist; or when the request is breast reduction only for top gender affirmation surgery. In consultation with the patient's physician, this should be determined on a case-by-case basis through the process.
 - vi. The individual has knowledge of all practical aspects (e.g., required lengths of hospitalizations, likely complications, and post-surgical rehabilitation) of the gender reassignment surgery.
- 3. Capacity to make a fully informed decision and to consent for treatment, as well as understanding that treatment/surgery may not achieve the desired results; and
- 4. Member is age 18 or older or for members less than 18 years of age*, completion of one year of hormone treatment; and
- 5. The treatment plan must conform to identifiable external sources including the World Professional Association for Transgender Health Association (WPATH) standards, and/or evidence-based professional society guidance.
- 6. If significant medical concerns are present, they must be controlled or resolved to the point where they do not pose a significant risk of post-transition harm.
- 7. If co-existing mental illness and/or substance related disorder are present, it is relatively well controlled, and there has been no active intravenous drug use for the past three (3) months with no suicide attempts or behaviors present for the past six (6) months. In addition, confirm that the member's condition is not due to another biological, chromosomal, or associated psychiatric disorder, such as schizophrenia
- 8. Member has followed the standards of care to date, and future compliance is likely.

Note: a trial of hormone therapy is not a pre-requisite to qualifying for a breast reduction in adults

* Note: Individuals under 18 years of age may be eligible for gender-affirming chest surgery providing that the above criteria are met (except for age) and the individual has completed at least 12 months of hormone therapy, unless medically contraindicated or hormone therapy is not desired.



Additional Criteria:

- A. Requirement for Breast Augmentation (breast reduction);
 - o Single letter of referral from a qualified mental health professional; and
 - Assessment performed by a qualified mental health professional results in a diagnosis of gender dysphoria meeting DSM-5 criteria; and
 - o Capacity to make a fully informed decision and to consent for treatment; and
 - Member 18 years or age or older; or
 - For members less than 18 years of age,
 - completion of one year of hormone sex reassignment therapy, (unless the member has a
 medical contraindication or is otherwise medically unable to take hormones); (Note that a
 trial of hormone therapy is not a pre-requisite to qualify for a breast reduction in adults);
 and
 - completion of 12 continuous months of full-time living in a gender role that is congruent with the member's gender identity; and
 - If significant medical or mental health concerns are present, they must be reasonably well controlled.
- ➤ Hormone therapy is not a prerequisite for breast reduction for female-to-male members. The Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People Version 7 from the WPATH state the following: "Chest surgery in FtM (female-to-male) patients could be carried out (before age of majority) preferably after ample time of living in the affirmed gender identity and after one year of testosterone treatment. The intent of this suggested sequence is to give adolescents sufficient opportunity to experience and socially adjust in a more masculine gender identity, before undergoing irreversible surgery. However, different approaches may be more suitable, depending on an adolescent's specific clinical situation and goals for gender identity expression."
- ➤ Hormone therapy is not a prerequisite for breast augmentation for male-to-female members. The Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People Version 7 from the WPATH state the following: "Although not an explicit criterion, it is recommended that MtF (male-to-female) patients undergo feminizing hormone therapy (minimum 12 months) prior to breast augmentation surgery. The purpose is to maximize breast growth in order to obtain better surgical (aesthetic) results."
- ➤ The CPT codes for mastectomy (CPT codes 19303 and 19304) are for breast cancer and are not appropriate to bill for reduction mammaplasty for female to male (transmasculine) gender affirmation surgery. There are important differences between a mastectomy for breast cancer and a mastectomy for gender reassignment. The former requires careful attention to removal of all breast tissue to reduce the risk of cancer. By contrast, careful removal of all breast tissue is not essential in mastectomy for gender reassignment. In mastectomy for gender reassignment, the nipple areola complex typically can be preserved.
- The American Medical Association (AMA) and the American Academy of Professional Coders (AAPC) gives guidance on coding reduction mammaplasty/mastectomy for gender affirmation, "when breast tissue is removed for breast-size reduction and not for treatment or prevention of breast cancer, report 19318 (reduction mammaplasty)".
- The AMA vignette for CPT code 19318 (reduction mammaplasty) clarifies that this CPT code includes the work that is necessary to reposition and reshape the nipple to create an aesthetically pleasing result, as is necessary in female to male breast reduction. The nipple reconstruction as defined by CPT code 19350 describes a much more involved procedure than areola reduction and as such is cosmetic/not medically necessary for transmasculine gender reassignment.
- B. Requirement for gonadectomy (hysterectomy, salpingo-oophorectomy, or orchiectomy):
 - o Two referral letters from qualified mental health professionals one in a purely evaluative role; and



- Assessment performed by a qualified mental health professional results in a diagnosis of gender dysphoria meeting DSM-5 criteria; and
- o Capacity to make a fully informed decision and to consent for treatment; and
- Age 18 years of older; and
- If significant medical or mental health concerns are present, they must be reasonably well controlled; and
- Twelve months of continuous hormone sex reassignment therapy as appropriate to the member's gender goals (unless the member has a medical contraindication or is otherwise unable or unwilling to take hormones)
- C. Requirements for genital reconstructive surgery (vaginectomy, urethroplasty, metoidioplasty, phalloplasty, scrotoplasty, placement of a testicular prosthesis and erectile prosthesis, penectomy, vaginoplasty, labiaplasty, and clitoroplasty) when ALL of the following criteria are met:
 - o Two referral letters from qualified mental health professionals one in a purely evaluative role; and
 - Assessment performed by a qualified mental health professional results in a diagnosis of gender dysphoria meeting DSM-5 criteria; and
 - o Capacity to make a fully informed decision and to consent for treatment; and
 - Age 18 years of older; and
 - If significant medical or mental health concerns are present, they must be reasonably well controlled; and
 - Twelve months of continuous hormone sex reassignment therapy as appropriate to the member's gender goals (unless the member has a medical contraindication or is otherwise unable or unwilling to take hormones); and
 - The individual has lived within the desired gender role for at least 12 continuous months, and which includes a wide range of life experiences and events (e.g., family events, holidays, vacations, season-specific work or school experiences), including notification to partners, family, friends, and community members (e.g., at school, work, other settings) of their identified gender.

<u>Limitations:</u> the following component procedures to gender reassignment surgery as cosmetic and not covered services (not an all-inclusive list):

- Body contouring procedures, e.g., abdominoplasty, breast contouring, suction-assisted lipoplasty,
- Blepharoplasty
- Botulinum toxin
- Brow lift
- Calf implants
- Cheek/malar implants
- Chin/nose implants
- Collagen injections
- Construction of a clitoral hood
- Drugs for hair loss or growth
- Rhytidectomy face lifting
- Facial feminization and masculinization surgery (e.g., facial bone augmentation)
- Facial implants
- Feminization of torso
- Forehead lift
- Gluteal and hip augmentation
- Jaw reduction (jaw contouring)
- Liposuction or lipoplasty
- Cricothyroid approximation: Vocal Cord surgery for voice modification
- Laryngoplasty: reshaping of laryngeal framework (voice modification surgery)
- Voice Training
- Hair removal (e.g., electrolysis, laser hair removal) (Exception: A limited number of electrolysis or laser hair removal sessions are considered medically necessary for skin graft preparation for genital surgery)



- Lip enhancement or reduction
- Masculinization of torso
- Mastopexy: breast lift
- Neck tightening
- Nipple/areola reconstruction (19350) Note: procedure code 19319 includes the extra work that may be necessary to reshape the nipple, as is necessary in female to male breast reduction.
- Nose implants
- Pectoral implants
- Removal of redundant skin
- Rhinoplasty
- Skin resurfacing (dermabrasion/chemical peel)
- Tracheal shave (reduction thyroid chondroplasty)
- Thyroid chondroplasty (reduction of the Adam's apple)

Paramount does not cover procedures for the preservation of fertility, including, but not limited to, the procurement, preservation, and storage of sperm, oocytes, or embryo related to gender reassignment.

Paramount does not cover the reversal of any of the procedures related to gender reassignment.

Gender-specific services may be medically necessary for transgender persons appropriate to their anatomy. Examples include:

- Breast cancer screening may be medically necessary for transmasculine persons who have not undergone chest masculinization surgery.
- Prostate cancer screening may be medically necessary for transfeminine persons who have retained their prostate

Qualified Mental Health Professional:

- Master's degree or equivalent in a clinical behavioral science field granted by an institution accredited by the appropriate national accrediting board. The professional should also have documented credentials from the relevant licensing board or equivalent; and
- Competence in using the Diagnostic Statistical Manual of Mental Disorders (DSM-5) and/or the International Classification of Disease for diagnostic purposes; and
- Ability to recognize and diagnose co-existing mental health concerns and to distinguish these from gender dysphoria; and
- Knowledgeable about gender nonconforming identities and expressions, and the assessment and treatment of gender dysphoria; and
- Documented supervised training and competence in psychotherapy or counseling; and
- Continuing education in the assessment and treatment of gender dysphoria. This may include attending relevant professional meetings, workshops, or seminars; obtaining supervision from a mental health professional with relevant experience; or participating in research related to gender nonconformity and gender dysphoria.

Format for Referral Letters from a Qualified Mental Health Professional:

- Individual's general identifying characteristics; AND
- Results of the individual's psychosocial assessment, including any diagnoses; AND
- Duration of the mental health professional's relationship with the individual, including the type of evaluation and therapy or counseling to date; AND
- An explanation that the World Professional Association for Transgender Health (WPATH) criteria for surgery have been met and a brief description of the clinical rationale supporting the individual's request for surgery; AND
- A statement about the fact that informed consent has been obtained from the individual; AND
- A statement that the mental health professional is available for the coordination of the care



Referral Letter Requirements:

In accordance with the recommendations from the World Professional Association for Transgender Health (WPATH), the referral letter must include:

- Assessment of gender identity and gender dysphoria.
- Diagnosis of gender dysphoria based on DSM-5 requirements.
- History and development of gender dysphoric feelings.
- Impact of stigma attached to gender nonconformity on mental health.
- Availability of support from family, friends, and peers (e.g., in-person or online contact with other transsexual, transgender or gender nonconforming individuals or groups).
- Psychological readiness for the requested surgeries

When reporting procedure code 55970 (Intersex surgery; male to female), the following staged procedures to remove portions of the male genitalia and form female external genitals are included:

- The penis is dissected, and portions are removed with care to preserve vital nerves and vessels in order to fashion a clitoris-like structure.
- The urethral opening is moved to a position similar to that of a female.
- A vagina is made by dissecting and opening the perineum. This opening is lined using pedicle or splitthickness grafts.
- Labia are created out of skin from the scrotum and adjacent tissue.
 A stent or obturator is usually left in place in the newly created vagina for three weeks or longer.

When reporting CPT® code 55980 (Intersex surgery; female to male), the following staged procedures to form a penis and scrotum using pedicle flap grafts and free skin grafts are included:

- Portions of the clitoris are used, as well as the adjacent skin.
- Prostheses are often placed in the penis to create a sexually functional organ.
- Prosthetic testicles are implanted in the scrotum.
- The vagina is closed or removed

CODING/BILLING INFORMATION:

The appearance of a code in this section does not necessarily indicate coverage. Codes that are covered may have selection criteria that must be met. Payment for supplies may be included in payment for other services rendered.

CPT CODES		
Codes requiring Prior Authorization for Gender Reassignment Surgery (not a complete list)		
17380	Electrolysis epilation, each 30 minutes	
19318	Breast reduction	
19325	Breast augmentation with implant	
53400	Urethroplasty; first stage, for fistula, diverticulum, or stricture (eg, Johannsen type)	
53405	Urethroplasty; second stage (formulation of urethra), including urinary diversion	
53410	Urethroplasty, 1-stage reconstruction of male anterior urethra	
53415	Urethroplasty, transpubic or perineal, 1-stage, for reconstruction or repair of prostatic or membranous	
	urethra	
53420	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous urethra; first stage	
53425	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous urethra; second stage	
53430	Urethroplasty, reconstruction of female urethra	
54125	Amputation of penis; complete	
54400	Insertion of penile prosthesis; non-inflatable (semi-rigid)	
54401	Insertion of penile prosthesis; inflatable (self-contained)	
54405	Insertion of multi-component, inflatable penile prosthesis, including placement of pump, cylinders,	
	and reservoir	
54406	Insertion of testicular prosthesis (separate procedure)	



54408	Repair of component(s) of a multi-component, inflatable penile prosthesis
54410	Removal and replacement of all component(s) of a multi-component, inflatable penile prosthesis at
	the same operative session
54411	Removal and replacement of all components of a multi-component inflatable penile prosthesis
	through an infected field at the same operative session, including irrigation and debridement of
	infected tissue
54415	Removal of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis, without
	replacement of prosthesis
54416	Removal and replacement of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis
	at the same operative session
54417	Removal and replacement of non-inflatable (semi-rigid) or inflatable (self-contained) penile prosthesis
	through an infected field at the same operative session, including irrigation and debridement of
F 4 F 0 0	infected tissue
54520	Orchiectomy, simple (including subcapsular), with or without testicular prosthesis, scrotal or inguinal
E4660	approach
54660	Insertion of testicular prosthesis (separate procedure)
54690 55175	Laparoscopy, surgical; orchiectomy Scrotoplasty; simple
55175	
55866	Scrotoplasty; complicated Laparoscopy, surgical prostatectomy, retropubic radical, including nerve sparing, includes robotic
33000	assistance, when performed
55899	Unlisted procedure, male genital system [used for phalloplasty]
55970	Intersex surgery; male to female
55980	Intersex surgery, finale to remain
56625	Vulvectomy simple; complete
56800	Plastic repair of introitus
56805	Clitoroplasty for intersex state
56810	Perineoplasty, repair of perineum, nonobstetrical (separate procedure)
57106	Vaginectomy, partial removal of vaginal wall
57107	Vaginectomy, with removal of paravaginal tissue (radical vaginectomy)
57110	Vaginectomy, complete removal of vaginal wall
57111	Vaginectomy, with removal of paravaginal tissue (radical vaginectomy)
57291	Construction of artificial vagina; without graft
57292	Construction of artificial vagina; with graft
57295	Revision (including removal) of prosthetic vaginal graft; vaginal approach
57296	Revision (including removal) of prosthetic vaginal graft; open abdominal approach
57335	Vaginoplasty for intersex state
57426	Revision (including removal) of prosthetic vaginal graft, laparoscopic approach
58150	Total abdominal hysterectomy (corpus and cervix), with or without removal of tube(s), with or without
E0400	removal of ovary(s)
58180	Supracervical abdominal hysterectomy (subtotal hysterectomy), with or without removal of tube(s),
59260	with or without removal of ovary(s) Vaginal hysterectomy, for uterus 250 g or less
58260 58262	Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or ovary(s)
58275	Vaginal hysterectomy, with total or partial vaginectomy
58280	Vaginal hysterectomy, with repair of enterocele
58285	Vaginal hysterectomy, radical (Schauta type operation)
58290	Vaginal hysterectomy, for uterus greater than 250 g
58291	Vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)
58541	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less
58542	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less; with removal of tube(s)
	and/or ovary(s)



50540	
58543	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g
58544	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)
58550	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less
58552	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)
58553	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g
58554	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)
58570	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less
58571	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)
58572	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g
58573	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)
58661	Laparoscopy, surgical; with lysis of adhesions (salpingolysis, ovariolysis) (separate procedure): with removal of adnexal structures (partial or total oophorectomy and/or salpingectomy
58700	Salpingectomy, complete or partial, unilateral, or bilateral (separate procedure)
58720	Salpingo-oophorectomy, complete or partial, unilateral, or bilateral (separate procedure)
58940	Oophorectomy, partial or total, unilateral, or bilateral
Non-co	vered Gender Reassignment Surgery codes:
11950	Subcutaneous injection of filling material (eg, collagen); 1 cc or less
11951	Subcutaneous injection of filling material (eg, collagen); 1.1 to 5.0 cc
11952	Subcutaneous injection of filling material (eg, collagen); 5.1 to 10.0 cc
11954	Subcutaneous injection of filling material (eg, collagen); over 10.0 cc
15769	Grafting of autologous soft tissue, other, harvested by direct excision (eg, fat, dermis, fascia)
15771	Grafting of autologous fat harvested by liposuction technique to trunk, breasts, scalp, arms, and/or legs; 50cc or less injectate
15772	Grafting of autologous fat harvested by liposuction technique to trunk, breasts, scalp, arms, and/or legs; each additional 50cc injectate, or part thereof (list separately in addition to code of primary procedure)
15773	Grafting of autologous fat harvested by liposuction technique to face, eyelids, mouth, neck, ears, orbits, genitalia, hands, and/or feet 25cc or less injectate
15774	Grafting of autologous fat harvested by liposuction technique to face, eyelids, mouth, neck, ears, orbits, genitalia, hands, and/or feet each additional 25cc injectate, or part thereof (list separately in addition to code for primary procedure)
15775	Punch graft for hair transplant; 1 to 15 punch grafts
15776	Punch graft for hair transplant; more than 15 punch grafts
15780	Dermabrasion; total face (eg, for acne scarring, fine wrinkling, rhytids, general keratosis)
15781	Dermabrasion; segmental, face
15782	Dermabrasion; regional, other than face
15783	Dermabrasion; superficial, any site
15788	Chemical peel, facial; epidermal
15789	Chemical peel, facial; derma
15792	Chemical peel, nonfacial; epidermal
15793	Chemical peel, nonfacial; dermal
15820	Blepharoplasty, lower eyelid
15821	Blepharoplasty, lower eyelid; with extensive herniated fat pad
15822	Blepharoplasty, upper eyelid
15823	Blepharoplasty, upper eyelid; with excessive skin weighting down lid
15824	Rhytidectomy; forehead



4 E O O E	Dhy tide stomy (mosely with plat (small tightening /plat (small flam D flam)
15825	Rhytidectomy; neck with platysmal tightening (platysmal flap, P-flap)
15826	Rhytidectomy; glabellar frown lines
15828	Rhytidectomy; cheek, chin, and neck
15829	Rhytidectomy; superficial musculoaponeurotic system (SMAS) flap
15830	Excision, excessive skin, and subcutaneous tissue (includes lipectomy); abdomen, infraumbilical
15832	panniculectomy Everiging every element and subsultaneous tissue (includes linestemy); thigh
15833	Excision, excessive skin, and subcutaneous tissue (includes lipectomy); thigh
15834	Excision, excessive skin, and subcutaneous tissue (includes lipectomy); leg Excision, excessive skin, and subcutaneous tissue (includes lipectomy); hip
15835	Excision, excessive skin, and subcutaneous tissue (includes lipectomy); http://excision.com/sites/excision/site
15836	
15837	Excision, excessive skin, and subcutaneous tissue (includes lipectomy); arm Excision, excessive skin, and subcutaneous tissue (includes lipectomy); forearm or hand
15838	Excision, excessive skin, and subcutaneous tissue (includes lipectomy); submental fat pad
15839	Excision, excessive skin, and subcutaneous tissue (includes lipectomy); other area
15847	Excision, excessive skin, and subcutaneous tissue (includes lipectomy), other area Excision, excessive skin, and subcutaneous tissue (includes lipectomy), abdomen (eg,
13047	abdominoplasty) (includes umbilical transposition and fascial plication) (List separately in addition to
	code for primary procedure)
15876	Suction assisted lipectomy; head and neck
15877	Suction assisted lipectomy; fread and freek
15878	Suction assisted lipectomy; upper extremity
15879	Suction assisted lipectomy; lower extremity
19303	Mastectomy, simple, complete
19304	Mastectomy, subcutaneous deleted code
19316	Mastopexy
19318	Reduction mammaplasty
19340	Immediate insertion of breast prosthesis following mastopexy, mastectomy or in reconstruction
19350	Nipple/areola reconstruction
19342	Delayed insertion of breast prosthesis following mastopexy, mastectomy or in reconstruction
21120	Genioplasty; augmentation (autograft, allograft, prosthetic material)
21121	Genioplasty; sliding osteotomy, single piece
21122	Genioplasty; sliding osteotomies, 2 or more osteotomies (eg, wedge excision or bone wedge reversal
	for asymmetrical chin)
21123	Genioplasty; sliding, augmentation with interpositional bone grafts (includes obtaining autografts)
21125	Augmentation, mandibular body, or angle; prosthetic material
21127	Augmentation, mandibular body, or angle; with bone graft, onlay or interpositional (includes obtaining
	autograft)
21137	Reduction forehead; contouring only
21208	Osteoplasty, facial bones; augmentation (autograft, allograft, or prosthetic implant)
21209	Osteoplaty, facial bones, reduction
21210	Graft, bone; nasal, maxillary, or malar areas (includes obtaining graft)
21270	Malar augmentation, prosthetic material
30400 30410	Rhinoplasty, primary; lateral and alar cartilages and/or elevation of nasal tip
30410	Rhinoplasty, primary; complete, external parts including bony pyramid, lateral and alar cartilages, and/or elevation of nasal tip
30420	Rhinoplasty, primary; including major septal repair
30420	Rhinoplasty, secondary; minor revision (small amount of nasal tip work)
30435	Rhinoplasty, secondary; intermediate revision (bony work with osteotomies)
30450	Rhinoplasty, secondary; major revision (nasal tip work and osteotomies)
30620	Septal or other intranasal dermatoplasty (does not include obtaining graft)
31599	Unlisted procedure, larynx [when used for voice modification surgery]
54660	Insertion of testicular prosthesis (separate procedure)
67900	Repair of brow ptosis (supraciliary, mid-forehead or coronal approach)
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92507	Treatment of speech, language, voice, communication, and/or auditory processing disorder; individual		
92508	Treatment of speech, language, voice, communication, and/or auditory processing disorder; group, two or more individuals		
G0153	Services performed by a qualified speech-language pathologist in the home health or hospice setting, each 15 minutes		
L8499	Unlisted procedure for miscellaneous prosthetic services [prosthetic implant] [check benefits]		
L8699	Prosthetic implant, not otherwise specified [check benefits]		
Additio	Additional Non-Surgical Procedure Codes (not all-inclusive) No Prior Authorization Required		
90832	Psychotherapy, 30 minutes with patient and/or family member		
90833	Psychotherapy, 30 minutes with patient and/or family member when performed with an evaluation		
	and management service (List separately in addition to the code for primary procedure)		
90834	Psychotherapy, 45 minutes with patient and/or family member		
90836	Psychotherapy, 45 minutes with patient and/or family member when performed with an evaluation		
	and management service (List separately in addition to the code for primary procedure)		
90837	Psychotherapy, 60 minutes with patient and/or family member		
90838	Psychotherapy, 60 minutes with patient and/or family member when performed with an evaluation		
	and management service (List separately in addition to the code for primary procedure)		
	nal Non-Surgical Procedure Codes – NonCovered (not all-inclusive)		
89258	Cryopreservation; embryo(s)		
89335	Cryopreservation, reproductive tissue, testicular		
89337	Cryopreservation, mature oocyte(s)		
89342	Storage (per year); embryo(s)		
89343	Storage (per year); sperm/semen		
89344	Storage (per year); reproductive tissue, testicular/ovarian		
89346	Storage (per year); oocyte(s)		
89352	Thawing of cryopreserved; embryo(s)		
89353	Thawing of cryopreserved; sperm. semen, each aliquot		
89354	Thawing of cryopreserved; reproductive tissue, testicular/ovarian		
89356	Thawing of cryopreserved; oocytes, each aliquot		
89398	Unlisted reproductive medicine laboratory procedure		
	CM CODES		
F64.0	Transsexualism		
F64.1	Dual role transvestism		
F64.2	Gender identity disorder of childhood		
F64.8	Other gender identity disorders		
F64.9	Gender identity disorder, unspecified		
Z87.890	Personal history of sex reassignment		

REVISION HISTORY EXPLANATION: ORIGINAL EFFECTIVE DATE: 08/22/2014

Date	Explanation & Changes
08/22/14	 Policy created to reflect most current clinical evidence per The Technology Assessment Working Group (TAWG).
08/20/15	 Added codes 19303, 19304, 53430, 54660, 55175, 55180, 56625, 57110, 58150, 58260, 58262, 58275, 58290, 58291, 58550, 58552, 58553, 58554, 58570, 58571, 58572, 58573, 58661, 58720 for Female-to-Male Gender Reassignment Added codes 54125, 54520, 54690, 56800, 56805, 57291, 57292, 57335 for Male-to-Female Gender Reassignment Policy reviewed and updated to reflect most current clinical evidence per The Technology Assessment Working Group (TAWG).



06/24/16	 Per CMS A53793 added codes 53420, 53425, 57106, 58180, 58541, 58542, 58543, 58544 for Female-to-Male Gender Reassignment Removed code 58661 for Female-to-Male Gender Reassignment Added codes 19325, 55866, 57295, 57296, 57426 for Male-to-Female Gender Reassignment Added codes 11950, 11951, 11952, 11954, 15775, 15776, 15820, 15821, 15822, 15823, 15824, 15825, 15826, 15828, 15829, 15830, 15832, 15833, 15834, 15835, 15836, 15837, 15838, 15839, 15876, 15877, 15878, 15879, 17380, 19316, 19350, 21120, 21121, 21122, 21123, 21125, 21127, 21208, 21209, 30400, 30410, 30420, 30430, 30435, 30450 as non-covered when billed with gender reassignment ICD-10 diagnosis code Policy reviewed and updated to reflect most current clinical evidence per The Technology Assessment Working Group (TAWG).
11/17/16	 Added effective 01/01/17 new ICD-10 code F64.0 Revised effective 01/01/17 ICD-10 code F64.1 Removed codes 11950, 11951, 11952, 11954, 15775, 15776, 15820, 15821, 15822, 15823, 15824, 15825, 15826, 15828, 15829, 15830, 15832, 15833, 15834, 15835, 15836, 15837, 15838, 15839, 15876, 15877, 15878, 15879, 17380, 19316, 19350, 21120, 21121, 21122, 21123, 21125, 21127, 21208, 21209, 30400, 30410, 30420, 30430, 30435, 30450 Policy updated per administrative review/direction
01/27/17	 Codes 55970 & 55980 are now covered for Advantage per ODM guidelines Policy reviewed and updated to reflect most current clinical evidence per The Technology Assessment Working Group (TAWG).
11/14/17	 Removed ICD-9 codes Policy reviewed and updated to reflect most current clinical evidence per The Technology Assessment Working Group (TAWG).
12/21/2020	Medical policy placed on the new Paramount Medical Policy Format
	Policy reviewed and updated to reflect most current clinical evidence
07/01/2021	Criteria Coverage maintained the same - Prior Authorization is required for ALL surgical procedures for treatment of Gender Dysphoria related to Gender Reassignment Surgery
05/25/2022	 Changed the documentation indicating mastectomy to indicate breast reduction Placed procedure codes 19303, 19304 and 19350 from covered procedure codes to noncovered procedure codes Added and clarified procedure code 19318, reduction mammaplasty, is to be used when breast tissue is removed for breast-size reduction and not for treatment or prevention of breast cancer Clarified procedure code 19318 (reduction mammaplasty) includes the work that is necessary to reposition and reshape the nipple to create an aesthetically pleasing result, as is necessary in female to male breast reduction
02/20/2023	Medical Policy updated to reflect Medicaid coverage to Anthem as of 02/01/2023
	Medical Policy reviewed and updated to reflect most current clinical evidence.
07/01/2023	Added the coverage requirement that the patient has regularly participated in
	psychotherapy throughout the real-life experience at a minimum of twelve months' time.
10/18/2023	 Correction: removed procedure 19325 with the old code description of 'Mammaplasty, augmentation; with prosthetic implant' from the noncovered list. Note procedure 19325 was added for coverage, with a prior authorization, with the updated code description of 'breast augmentation with implant' on 06/24/2016.
03/07/2024	Medical policy placed on the new Paramount Medical Policy format
12/01/2024	 Medical Policy reviewed and updated to reflect most current clinical evidence No changes to coverage criteria



Paramount reserves the right to review and revise our policies periodically when necessary. When there is an update, we will publish the most current policy to

https://www.paramounthealthcare.com/providers/medical-policies/policy-library

REFERENCES/RESOURCES

Centers for Medicare and Medicaid Services, CMS Manual System and other CMS publications and services https://www.cms.gov/Regulations-and-Guidance/Manuals https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Internet-Only-Manuals-IOMs

National Physician Fee Schedule Relative Value File Calendar Year XXXX, Centers for Medicare & Medicaid Services (CMS) https://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/PhysicianFeeSched/PFS-Relative-Value-Files

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American Medical Association, *Current Procedural Terminology (CPT®)* and associated publications and services https://www.ama-assn.org/amaone/cpt-current-procedural-terminology

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- o Sex Reassignment Surgery for the Treatment of Gender Dysphoria. (2018, August 1). Annual review July 27, 2022.
- o Hair Removal Procedures Before Gender Affirming Surgery in Patients with Gender Dysphoria. (2023, June 15).
- o Male-to-Female Gender-Affirming Surgical Procedures for Adolescents with Gender Dysphoria. (2023, May 12).
- o Female-to-Male Gender-Affirming Surgical Procedures for Adolescents with Gender Dysphoria. (2023, May 23).
- o Gender-Affirming Body-Contouring Procedures in Patients with Gender Dysphoria. (2023, September 13).

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