



## Commercial Select and Commercial Advanced Select Formulary Updates Effective September 1, 2019

### ATTENTION PRESCRIBERS!

The following changes may affect your Paramount members with Commercial insurance.

**Effective 9/1/2019**, Paramount will be implementing the following formulary changes, including changes to prior authorization and step therapy requirements.

- Prior authorization (PA) will be required for **all stimulants for patients aged 18 and over**. PA criteria requires evaluation and diagnosis by a psychologist or psychiatrist and guideline recommended ADHD diagnostic criteria must be met using standardized rating scales and DSM criteria. Clinical note submission with evidence of medical necessity will be required for approval. **Vyvanse** will continue to have separate PA criteria for binge eating disorder diagnosis. In addition, the following will require PA for all ages:

**COTEMPLA XR ODT,  
DAYTRANA PATCH,  
ADZENYS XR ODT,  
QUILLICHEW ER**

Justification for needing these alternate dosage forms will be required. **Zenzedi** and **generic Ritalin LA 10mg** will be removed from the formulary.

- Several medications are being removed from the Commercial Select and Commercial Advanced Select formulary due to high cost and lack of clinical advantage over available alternatives. These products are **Noritate Cream**, **Sorilux foam**, **Xolegel**, and **ketoconazole foam**.
- Step therapy is being added to **Lyrica** and will be applied to **generic pregabalin** when it is released. A 30-day trial of gabapentin is required for all indications, except anxiety. For anxiety, a trial of two of the following is needed: an SSRI, an SNRI, buspirone, or mirtazapine.
- Step therapy is being added to **Chantix**. A trial of either bupropion or a nicotine replacement product must be tried first. In addition, **Nicotrol inhaler** and **Nicotrol nasal spray** will also require a trial of another nicotine replacement product first.

Additional information on pharmacy benefits for prescription drugs, including utilization management criteria and forms, may be found on our website at:

[www.paramounthealthcare.com/services/providers/prescription-drug-benefits/](http://www.paramounthealthcare.com/services/providers/prescription-drug-benefits/).