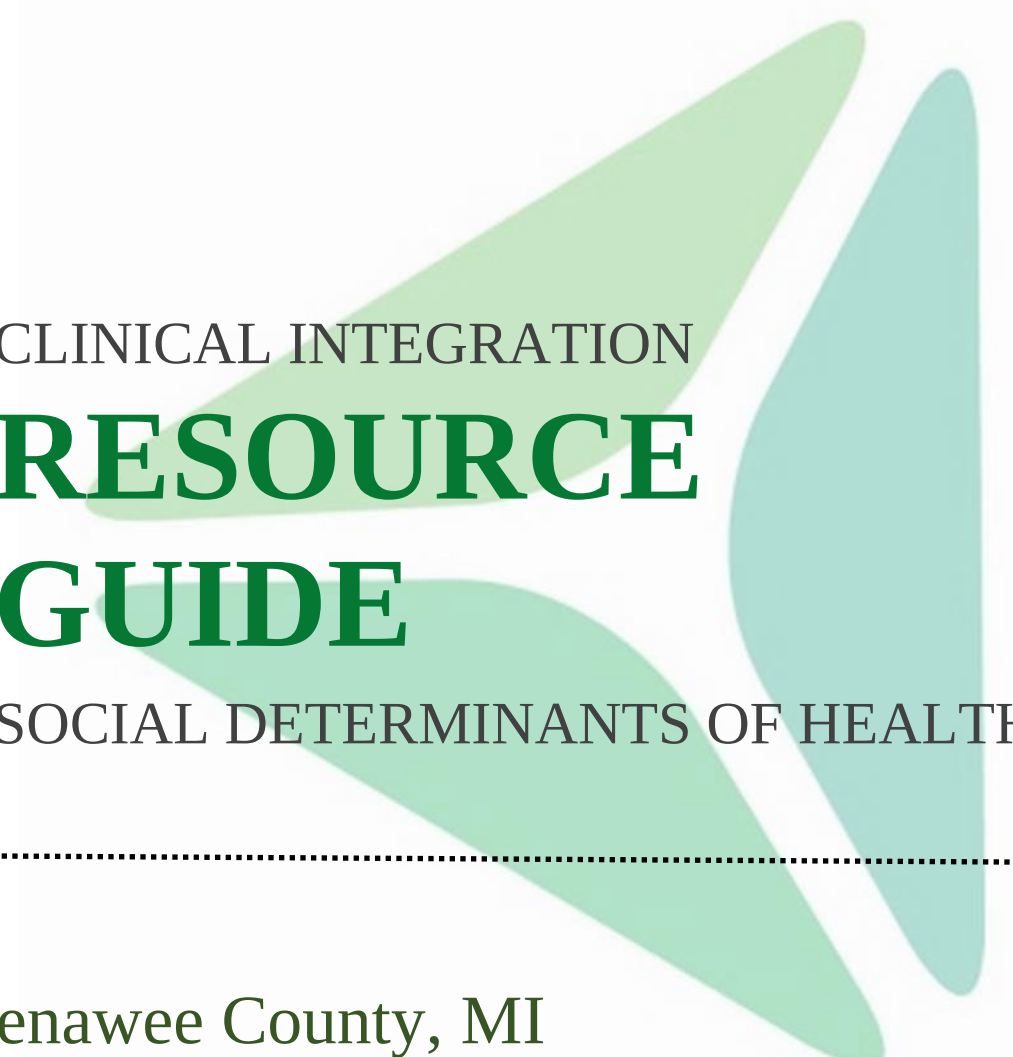




CLINICAL INTEGRATION **RESOURCE GUIDE**

SOCIAL DETERMINANTS OF HEALTH

Lenawee County, MI

This resource list is not exhaustive and the information contained here-in, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.

Updated 03/23



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Alcohol & Substance Abuse Treatment

ALCOHOL & SUBSTANCE ABUSE TREATMENT

NATIONAL RESOURCES

Al-Anon and Al-A-Teen

888-425-2666

<https://al-anon.org/>

- Al-Anon meetings are a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives.

Alcoholics Anonymous

<https://aa.org/>

- Alcoholics Anonymous holds meetings for men and women who have a drinking problem. Membership is open to anyone.

Narcotics Anonymous

<https://www.na.org/meetingsearch/text-results.php?country=USA&state=Michigan&city=Jackson&zip=&street=&within=20&day=0&lang=&orderby=datetime>

- A nonprofit support group (fellowship or society) of men and women for whom drugs had become a major problem. Recovering addicts who meet regularly to help each other stay clean.

MICHIGAN - STATE RESOURCES

Alcoholics Anonymous (AA) - Lenawee

800-839-1686

<https://alcoholicsanonymous.com/aa-meetings/michigan/>

- Support fellowship for men and women with a drinking problem.

Narcotics Anonymous

800-230-4085

<https://www.michigan-na.org/>

- Founded to help recovering addicts within the State of Michigan, through group meetings and other support.

LENAWEE COUNTY

Insight Counseling of Tecumseh, LLC

517-424-5438

<https://www.drug-rehabs.org/rehab-center/Insight-Counseling-of-Tecumseh-LLC-Tecumseh-MI.htm>

106 S. Maumee St.

Tecumseh, Michigan 49286

Focuses on substance abuse treatment for outpatient program. Offers family therapy, trauma therapy, and group therapy. Accepts Medicare, Medicaid private health insurance, and self-pay on a sliding fee scale.

Neighbors of Hope (Men's Ministry)

517-265-4019

<http://neighborsofhope.com/>

P.O Box 918

Adrian, Michigan 49221

- Offers the Life Change Program, helping men overcome addiction and become a good neighbor. Also provides Graduate Program Services to help those who have completed Life Change to avoid relapse.

Recovery Road

517-265-9595

<https://www.facebook.com/Recovery-Road-747484955360972>

1801 W. Maumee St., Suite 150

Adrian, Michigan 49221

- Provides services and programs such as on-site drug screening, Domestic Violence Program for Perpetrators, Anger Management, addiction treatment and mental health counseling.

Serenity House of Lenawee

517-263-1017

<https://www.facebook.com/Serenity-House-of-Lenawee-County-142279209152088/>

600 Gulf St.

Adrian, Michigan 49221

- Provides a safe environment for persons who seek recovery from alcohol and drugs. Also offers 12 step meetings.



Behavioral Health

BEHAVIORAL HEALTH

NATIONAL RESOURCES

The National Alliance of Mental Illness – NAMI

800-950-6264

<https://www.nami.org/>

- Family oriented support, education and advocacy organization. The goal is to improve the lives of children, adolescents and adults who have mental illness and to support their families.

The National Suicide Prevention Hotline - 24/7 Crisis Hotline

1-800-273-4250

<http://suicidepreventionlifeline.org/>

- Free and confidential support for people in distress; prevention and crisis resources.

The National Suicide & Crisis Lifeline - dial from any phone

988

<https://988lifeline.org/>

MICHIGAN - STATE RESOURCES

LENAWEE COUNTY

Adrian Counseling and Psychiatric Clinic

517-263-5810

<https://www.adrianpsych.com/>

142 E. Maumee St., Suite 3

Adrian, Michigan 49221

- Provides diagnosing, counseling, and medication management. Focuses a variety of issues such as depression, trauma, substance abuse, stress and mood swings and PTSD

Catholic Charities of Lenawee

517-263-2191

<https://www.catholiccharitiesjlhc.org/>

199 N. Broad St.

Adrian, Michigan 49221

- Individual, group, and family therapy for people of any age with behavioral, marriage, emotional, sexual abuse and substance abuse problems. Services provided to all people without regard to faith or ability to pay.

Christian Care Connection, LLC. - Blissfield Office

517-486-4005

<https://www.christiancareconnection.com/>

306 E. Jefferson St.

Blissfield, Michigan 49228

- Counseling services include grief/loss, depression, anxiety/panic, marriage/divorce and relationship, substance abuse, PTSD, and parenting.

Counseling of Lenawee PC. - Adrian Outreach Office

517-759-6979

<http://counselingoflenawee.com/>

604 S. Main St.

Adrian, Michigan 49221

- Services include: adolescent and adult substance abuse treatment services, dual diagnosis addiction treatment, outpatient counseling treatment.

Creative Counseling Center, LLC

517-879-5838

<http://www.thecreativecounselingcenter.com/>

805 S. Maumee St.

Tecumseh, Michigan 49286

- Comprehensive, child-focused therapy specializing in trauma, grief, anxiety, depression, autism and developmental disabilities, and more.

Divorce Care (Lakeshore St. Andrews Church)

517-486-2187

www.divorcecare.org

235 Amy Croft Rd.

Tecumseh, Michigan

- Weekly seminar and support group for separated or divorced people, registration required

Family Counseling & Children's Services

517-265-5352

<https://www.fccsoflenawee.org/counseling.html>

220 N. Main St.

Adrian, Michigan 49221

- Outpatient counseling services for individuals, family, couples

Herrick Behavioral Services

517-423-3887

<https://www.promedica.org/herrick-hospital/pages/specialty-services/behavioral-health.aspx>

502 E. Cummins St.

Tecumseh, Michigan 49286

- Outpatient psychiatric and counseling services including cognitive therapy, family and group therapy, and other outpatient services

Hope & Restoration Counseling

248-462-6857

www.hopeandrestorationcounseling.com

1800 W. US-223, Suite 200

Adrian, Michigan 49221

- Provides strength-based, integrative services addressing issues such as grief and loss, self-esteem, work/life balance, depression and anxiety.

Hospice of Lenawee**517-263-2323****www.hospiceoflenawee.org**

1903 Wolf Creek Hwy.
Adrian, Michigan 49221

- Grief and loss support groups and programs. Open to all, no need to have a recent connection to Hospice.

Lenawee Community Mental Health Authority**800-664-5005****www.lcmha.org****517-263-8905**

1040 S. Winter St., Suite 1022
Adrian, Michigan 49221

- Govt. funded behavioral health organization that provides services to children and adults. For those without insurance, fees are based on the ability to pay. Crisis or emergency calls are accepted 24 hours a day, 7 days a week.

Masterpeace Counseling**517-423-6889****www.mpcdd.com**

308 S. Maumee St.
Tecumseh, Michigan 49286

- Provides quality, professional, counseling, assessment, education and enrichment services for children, teens, adults, and couples.

McCullough, Vargas, and Associates Inc.**517-264-2244****<https://www.mvabhs.com/>**

770 Riverside Ave., Suite 11
Adrian, Michigan 49221

- Provides many services including individual and group therapy, adolescent and family counseling, integrated substance abuse and mental health therapy, Hope House, drug testing, jail programs and more.

Star Behavioral Health Providers (SBHP) Military Focus**www.starproviders.org**

- This website identifies behavioral health professionals who have received specialized training in mental health treatment for military service members and their families

Suicide Support Group**810-701-7790****<https://www.afsp.org/>**

- Provides resources and aid to those affected by suicide. Call for more information.



Childcare Assistance

CHILDCARE ASSISTANCE

MICHIGAN - STATE RESOURCES

Michigan Department of Education

877-614-7328

<http://greatstarttoquality.org>

- This website will help you locate the type of early care and education program that meets your needs. Select "Find Programs" then "Login as Guest." Under "Change Search Basics," select "Type" and check type of child care you are interested in, including the city name.

Michigan State-Wide Search for Licensed Child Care Centers and Homes

<https://childcaresearch.apps.lara.state.mi.us/>

- Online search portal to find licensed childcare centers and homes.

LENAWEE COUNTY

Child Care Network

517-264-5324

<https://www.childcarenetwork.org/locations>

1040 S. Winter St., Suite 2020

Adrian, Michigan 49221

- Provides financial assistance scholarships to help pay the cost of child care for eligible families

Department of Health and Human Services

517-264-6300

https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5461_66820-288241--,00.html

1040 S. Winter St., Suite 3013

Adrian, Michigan 49221

- Helps with emergency financial assistance, utilities, home weatherization, burial, relocation assistance and home ownership services. Apply for food stamps, state subsidized insurance, and subsidized child care.

YMCA of Lenawee County

517-263-2151

<https://www.ymcatoledo.org/locations/dick-family/frank-and-shirley-dick-family-ymca/>

5660 N. Adrian Hwy.

Adrian, Michigan 49221

- This facility has a state-licensed childcare center, as well as sports and recreation programs for youth and adults alike.



Educational Assistance

EDUCATIONAL ASSISTANCE

NATIONAL RESOURCES

General Equivalency Diploma (GED) Resources

<https://ged.com/>

- Online High School Equivalency education and testing.

MICHIGAN - STATE RESOURCES

Learning Express - Michigan eLibrary

<https://mel.org/welcome>

- Low-cost home internet for households who participate in SNAP. Must not have any outstanding debt for AT&T fixed internet service within the prior 6 months nor any unpaid debt with this program (Access). Plans from \$5 - 10 per month depending on desired internet.

LENAWEE COUNTY

Adrian Community Education Center

517-263-1332

<https://www.adrianmaples.org/schools/adrian-community-education-center.php>

801 E. Maumee St.

Adrian, Michigan 49221

- The Adult Education Program allows students to earn their high school diploma or prepare for their G.E.D. test and the Adrian Community High School Program allows students to participate at the LISD Tech Center, take virtual course, and traditional courses.

Adrian Head Start

517-263-2468

<https://www.adrianmaples.org/schools/head-start.php>

340 E. Church St.

Adrian, Michigan 49221

- Partners with expecting mothers and families of children aged 0-5 to promote school readiness and family success

Adrian Rea Literacy Center

517-264-7320

<http://www.adrianrealiteracy.org>

1257 E. Siena Heights Dr.

Adrian, Michigan 49221

- Provides free tutoring (1:1) to adults 18 and older to improve reading, writing, and English-speaking skills.

Community Action Agency - Lenawee County

800-438-1845

<https://www.caajlh.org/>

517-263-7861

400 W. South St.

Adrian, Michigan 49221

- Provides financial education classes, tax prep, home ownership education, and home weatherization program.

Lenawee Great Start Milton C. Porter Center

517-266-4821

www.lenaweegreatstart.org

2946 Sutton Rd.

Adrian, Michigan 49221

- Coordinates community services, programs and resources to provide the best opportunities for young children to get the skills and experiences they need to succeed

Lenawee Lifelong Learning

517-403-4469

<https://lenaweelifelonglearning.wordpress.com/>

P.O Box 308

Adrian, Michigan 49221

- Provides older adults the opportunity to attend courses on a variety of topics.

LISD TECH Center

517-263-1332

<https://www.adrianmaples.org/>

801 E. Maumee St

Adrian, Michigan 49221

- Provides students with the opportunity of over two dozen career and technical education programs



Employment & Job Training

EMPLOYMENT & JOB TRAINING

NATIONAL RESOURCES

AARP Foundation Senior Employment (Phone support only)

<https://www.aarp.org/aarp-foundation/our-work/income/scsep/info-2014/aarp-foundation-scsep-locations.html>

- Senior employment opportunities.

Government Jobs - Veteran's Administration

www.va.gov/jobs

- Career and employment opportunities for veterans.

Indeed – Online Job Search

<https://www.indeed.com>

- Online job search

Monster – Online Job Search

<https://www.monster.com>

- Online job search

National Rehabilitation Information Center

<https://naric.com/>

- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

MICHIGAN - STATE RESOURCES

LENAWEE COUNTY

Goodwill Industries of Southeastern Michigan – Lenawee

517-263-2135

<http://www.goodwillsemi.org>

1357 Division St.

Adrian, Michigan 49221

- Provides skills training, job readiness programs, professional job coaching, and community-based work experiences to individuals with disabilities

Michigan Rehabilitation Services – MRS

517-263-0607

<https://www.michigan.gov/leo/bureaus-agencies/mrs>

1040 S. Winter St., Suite 3013

Adrian, Michigan 49221

- Provides specialized employment and education-related services and training to assist teens and adults with disabilities in becoming employed or retaining employment

Michigan Works! Southeast

517-266-5627

<http://www.mwse.org>

1040 S. Winter St., Suite 1014
Adrian, Michigan 49221

- Provides job training and placement for sustainable employment regardless of age, ability or preparedness.



Financial Resources

FINANCIAL RESOURCES

NATIONAL

2023 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA	
Persons in family/household	Poverty guideline
1	\$14,580
2	\$19,720
3	\$24,860
4	\$30,000
5	\$35,140
6	\$40,280
7	\$45,420
8	\$50,560
For families/households with more than 8 persons, add \$5,140 for each additional person.	

Access for AT&T

<https://m.att.com/shopmobile/internet/access/>

- AT&T is offering low-cost wireline home Internet service to qualifying households: with at least one resident who participates in the SNAP, with an address in AT&T's 21-state service area, at which we offer wireline home Internet service, and, without outstanding debt for AT&T fixed Internet service within the last six months or outstanding debt incurred under this program.

Association for Child Support Enforcement (ACES)

<https://www.divorcesource.com/ds/encyclopedia/aces-association-for-children-for-the-enforcement-of-support--1659.shtml>

- Assists disadvantaged children affected by parents who fail to meet their legal, moral and financial obligations to support them (assistance with obtaining legal child support).

Consumer Credit Counseling

<https://www.glcap.org/>

- Budgeting education and debt services.

Government Jobs - Veteran's Administration

www.va.gov/jobs

- Job opportunities for veterans

National Council on Aging "Benefits Check-Up"

<https://www.benefitscheckup.org/about-us/>

- A comprehensive, free online tool that connects older adults with benefits they may qualify for.

MICHIGAN - STATE RESOURCES

Cash Assistance and Social Services

https://www.needhelppayingbills.com/html/public_assistance_michigan.html

- Human services organization to assist low-income families. Help on energy bills, child care costs and medical bills

Emergency Crisis Assistance and Crisis Management - The Salvation Army

https://www.needhelppayingbills.com/html/michigan_salvation_army_financ.html

- The Salvation Army provides various resources to help low income families.

Food Assistance Program (FAP) Group

https://www.needhelppayingbills.com/html/michigan_assistance_programs.html

- Website to locate resources for low-income families. Food eligibility depending on family income.

MiChild

https://www.needhelppayingbills.com/html/michigan_assistance_programs.html

- Government program aiding low-income families. Health insurance coverage to children in Michigan.

LENAWEE COUNTY

The American Red Cross – Michigan Region

313-833-4440

www.redcross.org/local/michigan.html

- Provides emergency services to victims of a disaster including food, shelter and basic needs. Provides emergency communications between family members and military servicemen as well as access to financial assistance.

Associated Charities of Lenawee County

517-265-7255

www.thecharities.org

221 S. Tecumseh St.

Adrian, Michigan 49221

- Provides food, clothing, furniture, shoes, appliances, and other household items to low-income families in Lenawee County.

Clinton Baptist Church Clinton Community Clothing Closet **517-456-6053**

<https://www.facebook.com/CBCclothingministry>

11555 Tecumseh Clinton Rd.

Clinton, Michigan 49236

- Provides clothing to residents in need. Available mid-August – early November

Consumers Energy Payment Assistance Plans **800-477-5050**

<https://www.consumersenergy.com/residential/programs-and-services/payment-assistance>

- Provides year-round protection from shut-off - available to customers with household income at or below 200% poverty level. Assists low-income customers age 65 or older in the event of an electric or gas disconnection notice.

Habitat ReStore of Lenawee County **517-266-0746**

<https://www.habitat-lenawee.org/restore/>

1025 US 223

Adrian, Michigan 49221

- Sells furniture, tools, appliances, windows, doors, cabinets, housewares, flooring, tile, garden supplies, paint, plumbing, and more, at a low cost.

Handicap Parking Placard Applications **888-767-6242**

Michigan Secretary of State Office

<https://www.michigan.gov/sos/all-services/disability-parking-placard>

1040 S. Winter St.

Adrian, Michigan 49221

- A disability parking placard may be obtained from any Secretary of State branch.

Holy Family Parish(St. Vincent DePaul Society) **517-759-3233**

St. Joe's Catholic Church Campus

<https://www.facebook.com/StVincentDePaulAdrianMI>

415 Ormsby St.

Adrian, Michigan 49221

- Provides food for Lenawee residents in need and emergency financial assistance when funds are available.

Department of Health and Human Services - Lenawee County **517-264-6300**

<https://www.lenawee.mi.us/173/Department-of-Human-Services>

1040 S. Winter St., Suite 3013

Adrian, Michigan 49221

- Services include cash assistance, food stamps, medical coverage for qualifying children and adults, subsidized child care, energy assistance programs, WIC, and protective services for children and adults age 60 and older.

Lenawee County United Way
<https://www.unitedwaymlc.org/>

136 E. Maumee St., Suite 15
Adrian, Michigan 49221

- Information and referral for community resources, including financial assistance for those who qualify.

Dial 2-1-1
517-264-6821

Lutheran Church of the Lakes
www.lcol.org/

8800 U.S. 223
Addison, Michigan 49220

- Offers an Advent soup supper to the community during Advent on Wednesdays. Assists with rent or utilities those that are in need in the community.

517-547-4261

Neighbors of Hope (Blessings and More Resale Store)
www.blessingsnmore.com/

423 W. Maumee St.
Adrian, Michigan 49221

- Operates a resale ministry of Neighbors of Hope. Donated items are sold in a unique, upscale department store setting with 100% of the proceeds going to fund other ministries.

517-438-8264

Ogden Church
<https://ogdenchurch.org/>

3201 E. US 223
Adrian, Michigan 49221

- Provides assistance up to \$75 for utility bills and rent assistance up to \$100

517-265-6621

Promedica Financial Assistance Application
<https://www.promedica.org/pay-my-bill/financial-assistance>

300 N. Summit St.
Toledo, Ohio 43604

- Application for assistance with ProMedica medical/hospital bills. Income restrictions apply.

844-373-0871

Social Security Administration - Lenawee
www.socialsecurity.gov

1040 S. Winter St., Suite 2401
Adrian, Michigan 49221

- Social security and disability applications and information - call or go online for more information.

877-512-5943

United Way of Monroe and Lenawee Counties

517-246-6821

<https://www.unitedwaymlc.org/>

136 E. Maumee St., Suite 15

Adrian, Michigan 49221

- Provides information in the community related to education, finance, food assistance and health services.



Food Assistance

FOOD ASSISTANCE

NATIONAL RESOURCES

Area Agency on Aging - 1B

800-852-7795

<https://aaa1b.org/>

- Senior services including meals, chores, visitation and healthcare - by county

Food Assistance Program (FAP) Group

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html

- Food access for low-income families who are eligible.

Meals on Wheels

<https://www.mealsonwheelsamerica.org/>

- Home delivered meals for qualifying individuals.

SNAP/Food Stamps

877-644-6338

www.fns.usda.gov

- Supplemental Nutrition Assistance Program - monthly food stamps based on income and documented family members.

2023 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA	
Persons in family/household	Poverty guideline
1	\$14,580
2	\$19,720
3	\$24,860
4	\$30,000
5	\$35,140
6	\$40,280
7	\$45,420
8	\$50,560
For families/households with more than 8 persons, add \$5,140 for each additional person.	

MICHIGAN - STATE RESOURCES

Food Assistance Program (FAP) Group

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html

- Food access for low-income families who are eligible.

Senior Project FRESH/Market FRESH

<https://www.michigan.gov/mdhhs/adult-child-serv/adults-and-seniors/behavioral-and-physical-health-and-aging-services/special-programs/senior-project-freshmarket-fresh>

- Provides summer coupons to seniors 60+ for fresh produce bought at farm/roadside stands. Income requirements.

LENAWEE COUNTY

Addison Congregational Church Food Pantry

517-547-5527

<https://www.addisoncongregational.com/index.html>

202 S. Talbot St.

Adrian, Michigan 49220

- Provides an emergency food pantry to area residents on the last Thursday of every month 3 – 5pm. Residents of Addison School district. Walk-ins accepted.

Adrian First Church of Nazarene Food Pantry

517-263-1579

<https://www.adrianfirst.org/>

50 Industrial Dr.

Adrian, Michigan 49221

- Offers a few days food supply to Lenawee county residents. Individuals are eligible twice every six months. Every Tuesday 10 a.m.-noon

Adrian Senior Center

517-264-5280

<http://lenaweeseniors.org/>

327 Erie St.

Adrian, Michigan 49221

- On-site meals, provides commodities to financially eligible persons

Blissfield Ministerial Association – ELCA Food Pantry

517-486-1457

<http://www.stpaulblissfield.org/>

306 E. Jefferson St.

Blissfield, Michigan 49228

- hosted at St. Paul's Evangelical Lutheran Church
- For Blissfield, Deerfield, Palmyra, & Riga residents only. Must be registered with DHS and receiving SNAP benefits. Thursdays by appointment only. One visit per month, up to 8 times per year.

Clinton Community Food Bank Clinton United Methodist Church

517-456-4972

<https://clintonunitedmethodist.org/services/>

10990 Tecumseh-Clinton Rd.

Clinton, Michigan 49236

- Second Thursday of the month from 8:30 a.m.-noon or in case of emergency

Commodity Food Program The 1st United Methodist Church

517-264-5280

<https://www.lenaweeseniors.org/services/commodities>

1245 W. Maple St

Adrian, Michigan 49221

- Distributes commodity foods 8 times per year - call for dates.

Daily Bread Soup Kitchen

517-266-0937

<https://www.dailybreadlenawee.org/>

302 S. Tecumseh St.

Adrian, Michigan 49221

- Provides hot lunches to those in need. 11:30 a.m.-2:30 p.m. Tuesday through Saturday.

Emmanuel United Methodist Church Food Pantry

517-486-3020

<https://blissfieldemmanuel.com/>

215 E. Jefferson St.

Blissfield, Michigan 49228

- Hosts a community soup dinner every Wednesday at 7 p.m.

Family Worship Center of Adrian Food Pantry

517-902-5266

<https://www.facebook.com/www.FWCofAdrian.org>

1120 E. Maple Ave.

Adrian, Michigan 49221

- Provides fresh food to low-income residents every 2nd Saturday of every month from 9-11 a.m. Proof of income and picture ID required.

Food Bank of South-Central Michigan's Fresh Food Initiative

517-902-2211

Tecumseh United Methodist Church

<https://smfoodbank.org/findfood/>

605 Bishop Reed Dr.

Tecumseh, Michigan 49286

- Provides fresh produce, dairy products, and other grocery items. Call for dates.

God's Bread Basket Dinner's on Us Church of Christ

517-295-3608

<http://www.tecumsehchurch.org/gods-bread-basket.html>

312 W. Chicago Blvd

Tecumseh, Michigan 49286

- Serves meals on Tuesday, Wednesday, Thursday, and Friday from 6-7 p.m. Call for information regarding additional meal events on Mondays.

Holy Family Parish (Food Pantry & Dire Needs) - St. Mary's 517-266-0378

<https://holyfamiyadrian.org/christian-service-ministries>

305 Division St.

Adrian, Michigan 49221

- Provides food assistance and limited financial assistance for emergency needs when funding is available. Able to assist with up to \$50 for prescription assistance. Limited Office Hours: Monday and Thursday from 1-3 p.m.

Light of Christ Catholic Church Food Pantry 517-447-3500

https://www.needhelppayingbills.com/html/lenawee_and_monroe_county_food.html

222 Carey St.

Deerfield, Michigan 49238

- Second and fourth Wednesdays of the month from 1-3 p.m. Available once per month for residents of Deerfield, Britton, Petersburg, and the church's parishioners.

Manitou Road Baptist Church Food Pantry 517-547-5516

https://www.needhelppayingbills.com/html/lenawee_and_monroe_county_food.html

175 Manitou Rd.

Manitou Beach, Michigan 49253

- Second Thursday of the month

Morenci Church of the Nazarene Food Pantry 517-458-7195

<http://morencinazarene.com/>

751 N. Summit St.

Morenci, Michigan 49256

- Monday, Wednesday, Friday from 9 a.m.-1 p.m. by appointment only. Serves only 49256 residents, must show ID

Neighbors of Hope (Fishes and Loaves) Food Pantry 517-759-4421

<http://neighborsofhope.com/fishes-and-loaves/>

423 W. Maumee St.

Adrian, Michigan 49221

- Offers between five- and seven-days' worth of food. Provides this service to low-income residents of Lenawee County or those experiencing a food emergency. Appointments are required.

New Song Community Church Food Pantry 517-423-3676

<https://comeinunity.com/we-care-ministry>

5211 S. Occidental Hwy.

Tecumseh, Michigan 49286

- Food pantry is open Thursday from 1-3 p.m. and Saturday from 10 a.m.-noon. People may come once a week for food. Hosts AA support groups as well.

Sacred Heart Catholic Church Food Pantry

517-448- 3811

<https://www.sacredheartHUDSON.org/>

207 S. Market St.

Hudson, Michigan 49247

- Must be a resident of Hudson school district. Tuesday and Thursday from 11 a.m.-1 p.m.

Solid Rock Church of Lenawee Food Pantry

517-456-9600

<https://www.facebook.com/srclenawee/>

810 Tecumseh Rd

Clinton, Michigan 49236

- Call for appointment.

St. Mary's Church on the Lake Food Pantry

517-547-7496

<http://www.saintmarymanitoubeach.org/>

450 Manitou Rd.

Manitou Beach, Michigan 49253

- Serves nearby community on Fridays from 10 a.m.- noon.

Tecumseh Service Club

517-423-7662

<https://www.facebook.com/tecumsehserviceclub/>

506 N. Union St.

Tecumseh, Michigan 49286

- Provides financial assistance, including rent, utilities, fuel oil and emergency needs. Offers gently used clothing as well. Food pantry by appointment only.

The Salvation Army Food Pantry - Lenawee County

517-265-2038

<https://centralusa.salvationarmy.org/adrian/>

217 W. Church St.

Adrian, Michigan 49221

- Pantry hours are 8-11:30 a.m. and 1-3 p.m., Meals provided on Monday and Wednesday at 4 p.m. Provides assistance with clothing and various types of furniture on a case-by-case basis.



Health Services

HEALTH SERVICES

NATIONAL RESOURCES

Good Rx - Pharmaceutical Assistance Program

www.goodrx.com/

- Prescription price comparisons and free coupons.

Healthcare Marketplace

800-318-2596

www.healthcare.gov

- Health Insurance for uninsured Americans with cost based on income. Eligibility Criteria: must live in the United States, must be a U.S. citizen or national (or be lawfully present), cannot be incarcerated, not eligible for Medicare.

The Healthwell Foundation

800-675-8416

www.healthwellfoundation.org

- Helps individuals with health insurance pay their out-of-pocket costs for prescribed medications that treat certain diagnoses/diseases. For a list of approved diagnoses/disease, call directly or refer to the website.

Medicaid Consumer Hotline

800-324-8680

<https://medicaid.ohio.gov/CONTACT>

- Medicaid sponsored contacts for applications, cards, and non-emergency transportation.

Medicare

800-633-4227

TTY **877-486-2048**

www.medicare.gov

- Medicare sponsored contacts to answer Medicare and Part D (Drug) Plan questions.
- Michigan Medicare/Medicaid Assistance Program (MMAP) **800-803-7174**

National Rehabilitation Information Center

<https://naric.com/>

- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

Needy Meds - Pharmaceutical Assistance Program

800-503-6897

<https://www.needymeds.org/>

- Pharmaceutical patient assistance for low-income individuals with no prescription coverage.

Pharmaceutical Patient Assistance Program

888-477-2669

<https://www.rxassist.org>

www.needymeds.org

- Prescription cost assistance - limited.

MICHIGAN - STATE RESOURCES

Donated Dental Services

517-346-9454

<https://www.smilemichigan.com/resources/michigan-donated-dental-services/>

- Dental services donated by different dental practices around the state. Eligibility requirements includes 65 or older, disability, medical condition, no dental insurance, and income 200% FPL or lower. Call for an application.

Michigan Free Health Centers

https://www.needhelp-payingbills.com/html/free_clinics_in_michigan.html

- Community clinics in Michigan providing free medical health, dental care and people with low income or those without insurance.

Michigan Medicare/Medicaid Assistance Program (MMAP)

800-803-7174

www.mmapi.org

- Trained volunteers provide information and counseling on Medicare and Medicaid Issues. Also addresses topics such as Medicare supplemental insurance, long term care insurance, Medicare Prescription Drug Benefit programs, and Medicare HMOs.

LENAWEE COUNTY

Family Medical Center of Michigan Inc. - Lenawee County

517-263-1800

www.familymedicalmi.org

1200 N. Main St.

Adrian, Michigan 49221

- Provides medical, dental and behavioral health services. Also offers a discount prescription program.

Lenawee County Health Department

517-264-5226

<http://www.lenawee.mi.us/187/Health-Department>

1040 South Winter St. Suite 2328

Adrian, Michigan 49221

- Provides Children's Special Health Care Services. May cover adults with cystic fibrosis, hemophilia, and some other clotting disorders.

ProMedica Charles and Virginia Hickman Hospital

517-557-0000

<https://www.promedica.org/location/promedica-charles-and-virginia-hickman-hospital>

5640 North Adrian Hwy
Adrian, Michigan 49221

- Full service hospital and emergency department, with rehabilitation, lab and imaging services, as well as cancer treatment.

ProMedica Financial Assistance Application

844-373-0871

<https://www.promedica.org/pay-my-bill/financial-assistance>

- Application for assistance with ProMedica medical/hospital bills. Income restrictions apply.



Housing Assistance

HOUSING ASSISTANCE

NATIONAL RESOURCES

HUD Resource (Housing) Locator

<https://resources.hud.gov/#>

- Online search for HUD and special needs housing.

MICHIGAN-STATE RESOURCES

Housing, Rent, and Security Deposits

https://www.needhelppayingbills.com/html/housing_and_rent_help_in_michi.html

- Website for Michigan residents to assist in locating housing/rental deposits, moving expenses and rent, based on income.

LENAWEE COUNTY

Friendship Place - Subsidized Housing

734-660-5489

https://www.publichousing.com/details/friendship_place_new

201 E. Maumee St.

Adrian, Michigan 49221

- HUD senior low-income housing.

Habitat for Humanity of Lenawee County

517-265-6157

www.habitat-lenawee.org/

1043 E. US 223

Adrian, Michigan 49221

- Offers a homeownership program as well as home repair program. Resells donated goods for other programs. Volunteer opportunities.

Housing Help of Lenawee (H2Lenawee)

517-264-0782

www.h2lenawee.org

307 E. Church St..

Adrian, Michigan 49221

- Emergency Shelter, Housing First Program, Transitional Housing (TH), and Permanent Supportive Housing Program. Rent assistance is available, bed bug detection pieces are also available.

Indian Oaks Apartment

517-423-7029

<http://mihousingcouncil.rentlinx.com/124-Burt-St-Tecumseh-MI-49286>

124 Burt St.

Tecumseh, Michigan 49286

- HUD senior/disabled low-income housing.

Maple Village Apartments**517-263-9484**

<https://affordablehousingonline.com/housing-search/Michigan/Adrian/Maple-Village/10011530>

1221 S. Main St.

Adrian, Michigan 49221

- HUD senior/disabled low-income housing.

Neighbors of Hope (Women's Ministry)**517-301-4939**

<http://neighborsofhope.com/women-childrens-ministry/>

- The Women's Fresh Start program gives a hand up to homeless women (and their children) by giving them up to six months of basic needs services including safe shelter, food, case management, and spiritual and personal care.

Orchard Terrace Corp.**517-423-6649**

<https://www.agingcare.com/local/orchard-terrace-corp-tecumseh-senior-living-mi>

205 Adrian St.

Tecumseh, Michigan 49286

- HUD senior/disabled low-income housing.

USDA Rural Home Repair - Loans & Grants**517-676-4644**

<https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants>

525 N. Okemos St., Suite B

Mason, Michigan 48854

- Provides loans to low-income homeowners to repair, improve, or modernize. Provides grants to elderly and low-income individuals to remove health and safety hazards. Provides loans to low income families to purchase a home in a rural area. Single Family Housing Repair Loans & Grants.

York Hills II**517-458-6403**

<https://www.apartments.com/york-hills-ii-morenci-mi/7h9q4py/>

240 Gorham St.

Morenci, Michigan 49256

- HUD subsidized housing.



Intimate Partner Violence & Safety Services

INTIMATE PARTNER VIOLENCE/SAFETY SERVICES

NATIONAL RESOURCES

National Domestic Violence Hotline

800-799-7233

- 24-hour domestic violence hotline

MICHIGAN - STATE RESOURCES

Adult Protective Services

800-242-2873

<https://www.michigan.gov/ag/initiatives/elder-abuse>

LENAWEE COUNTY

Adult and Child Protective Services

855-444-3911

https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5461_66820-288241--,00.html

1040 S. Winter St, Suite 3013
Adrian, Michigan 49221

- Provides protective services for children; and adults age 60 and older.

Catherine Cobb Domestic Violence Shelter

517-265-6776

<https://www.fccsoflenawee.org/>

Adrian, Michigan 49221

- Provides a place where survivors can come by themselves or with their children and find physical safety in a home-like setting. Emergency shelter is available, case management, legal assistance, support groups.



Legal Assistance

LEGAL ASSISTANCE

NATIONAL RESOURCES

Association for Child Support Enforcement (ACES)

800-738-2237

<https://www.divorcesource.com/ds/encyclopedia/aces-association-for-children-for-the-enforcement-of-support--1659.shtml>

- Assists disadvantaged children affected by parents who fail to meet their legal, moral and financial obligations to support them (assistance with obtaining legal child support).

Do-Not-Call Registry

888-382-1222

<https://www.donotcall.gov/>

- Anyone can register their home, cell, fax and pager numbers with the Federal Government “Do-Not-Call Registry” to help prevent unwanted calls from telemarketers for five years.

MICHIGAN - STATE RESOURCES

Elder Law of Michigan

866-400-9164

www.elderlawofmi.org

- Provides legal advice over the phone. Attorneys will address questions regarding family law, taxes, pensions, wills and probate, Medicaid/Medicare and public benefits.

Lawyer Referral Service in Michigan

800-968-0738

<https://www.lawyerlegion.com/lawyer-referral-directory/michigan/>

306 Townsend St.

Lansing, Michigan 48933

- Lawyer referral services for the state of Michigan. 30-minute consultation will cost less than \$20.

Legal Assistance

https://www.needhelppayingbills.com/html/michigan_free_legal_assistance.html

- nonprofit law firms in Michigan providing free civil legal assistance. Consultations to low-income earners.

Legal Hotline for Michigan Seniors

616-456-5664

<https://www.aaawm.org/service/legal-hotline-for-michigan-seniors>

- Free legal advice and services for low-income individuals, families and older adults. No criminal cases handled
- Provides legal advice over the phone

Michigan Department of Civil Rights

517-241-0546

<https://www.michigan.gov/mdcr>

110 W. Michigan Ave., Suite 800

Lansing, Michigan 48933

- Enforce civil rights, fair housing laws, and provide training.

Michigan Long-Term Care Ombudsman

866-485-9393

<https://mltcop.org/>

517-827-8040

15851 S. U.S. 27, Suite 73

Lansing, Michigan 48906

- Ombudsmen advocate for the resident in the long-term care facilities.

LENAWEE COUNTY

Lenawee County Friend of the Court

517-264-4706

<https://www.lenawee.mi.us/180/Friend-of-the-Court>

877-543-2660

425 N. Main St. Ground Floor

Adrian, Michigan 49221

- Enforces domestic relation matters in any Circuit Court proceedings related to child custody, parenting time, or child/spousal support.



Social Connections

SOCIAL CONNECTIONS

NATIONAL RESOURCES

COVIA Well Connected

877-797-7299

covia.org/services/covia-connections/

- A community of older adults throughout the United States meeting via phone or web conference for a variety of groups.

Silver Sneakers/Fitness Program

www.silversneakers.com/join-in/

- Senior fitness programs - search by community. May be covered by Medicare insurance products.

MICHIGAN – STATE RESOURCES

LENAWEE COUNTY

Autism Support Group

517-263-8905

<https://www.michigan.gov/autism/0,4848,7-294-80450---,00.html>

2946 Sutton Rd.

Porter Center Room 190 A

Adrian, Michigan 49221

- Third Wednesday of the month from 9:30a.m.-11:00a.m.

Bliss-Liewert Senior Center

517-486-2397

<https://www.lenaweeseiors.org/senior-centers/blissfield-senior-center/view-image/3f0b57ba676d743740ffd8e8ae3865cc/jpg>

206 S. Lane St.

Blissfield, Michigan 49228

- Provides on-site meals and senior engagement.

Divorce Care (Lakeshore St. Andrews Church)

517-486-2187

www.divorcecare.org

234 Amy Croft Dr.

Tecumseh, Michigan

- Weekly seminar and support group for separated or divorced people, registration required

Hope Community Center

517-265-2410

<https://hopecenteradrian.org/>

431 Baker St.

Adrian, Michigan 49221

- Promotes lifelong learning of adults with disabilities by providing classes such as Cultural Traditions, Coffee and Current Events, and Sports Frenzy as well as daily living skills classes.

Hudson Senior Center

517-448-4605

<https://www.lenaweeseniors.org/senior-centers/hudson-senior-center>

323 West Main St.

Hudson, Michigan 49247

- Provides on-site meals and senior engagement.

Morenci Senior Center

517-260-4912

<http://lenaweeseniors.org/senior-centers/morenci-senior-center>

800 W. Chestnut St.

Morenci, Michigan 49256

- Provides on-site meals Mon, Wed and Thur, 11:30am, and senior engagement activities.

Onsted Senior and Activity Center

517-467-6917

<https://www.lenaweeseniors.org/senior-centers/onsted-senior-center>

333 Connor St.

Onsted, Michigan 49265

- Provides on-site meals and senior engagement. Call for hours.

Tecumseh First Church of Nazarene

517-423-4960

<https://www.mytcon.com/>

1001 N. Union St.

Tecumseh, Michigan 49286

- Various group activities - call for more information.

Tecumseh Senior Center

517-423-5939

<https://www.lenaweeseniors.org/senior-centers/tecumseh-senior-center>

703 E. Chicago Blvd.

Tecumseh, Michigan 49286

- Provides on-site meals and senior engagement.



Transportation

TRANSPORTATION

NATIONAL RESOURCES

Angel Wheels

<http://mercymedical.org/request-assistance/>

- Transportation assistance in the form of gas cards, bus tickets, or train tickets to medical appointments that are out of county, but less than 300 miles away. Apply for assistance online. Financial restrictions apply.

MICHIGAN - STATE RESOURCES

Aetna Better Health of Michigan (Medicaid) Medical Cabs

800-947-2133

- Transportation for medical appointments for members. Must schedule 3 days in advance.

Blue Cross Blue Shield Complete of Michigan (Medicaid) Cabs

888-803-4947

<https://www.mibluexcrosscomplete.com/>

- Medicaid medical transportation.

Disability Assistance

www.needhelppayingbills.com/html/michigan_disability_benefit_pr.html

- Website to search various benefits for Michigan disabled citizens

Ford Warriors in Pink

833-546-7433

<https://www.warriorsinpink.ford.com/charity>

- Transportation to medical appointments and financial assistance for daily expenses provided to people undergoing breast cancer treatment.

Meridian Health Plan (Medicaid) Medical Cabs

888-437-0606

<https://corp.mhplan.com/ContentDocuments/default.aspx?x=HAhzUMvFwRgyVbHenrBsTQpgRRDbJGXD77mhY87J83VN7xKVK/d7adTPVmLMjzSGsDz/1AAqS1LdnJVL1ireiA==>

- Medicaid medical transportation.

McLaren Health Plan (Medicaid) Medical Cabs

888-327-0606

<https://www.mclarenhealthplan.org/mhp>

- Customer service number. Provides transportation to doctor visits, prescription drugs, well visits, children's health services and more.

Molina Healthcare of Michigan (Medicaid) Medical Cabs

888-898-7969

<https://www.molinahealthcare.com/members/mi/en-US/hp/medicaid/overvw/coverd/services/transport.aspx>

- Molina will cover transportation when there is no other means to get there. These services include doctor appointments, x-rays, lab tests, pharmacy, medical supplies and other medical care. Must schedule 3 days in advance. Second phone number: 248-925-1700.

Priority Health (Medicaid) Medical Cabs

888-975-8102

<https://www.priorityhealth.com/michigan-medicaid/member/plan/transportation-services>

- Medicaid medical transportation.

United HealthCare (Medicaid) Medical Cabs

877-892-3995

https://www.uhccommunityplan.com/content/dam/uhccp/plandocuments/handbook/en/MI_Medicaid_Member_Handbook.pdf

- Transportation to and from doctor's appointments, medical equipment companies for supplies, mental health clinics, health departments, as well as vision clinics. Must schedule 4 days in advance but urgent appointments are available.

LENAWEE COUNTY

Adrian Taxi and Mobility Matters 360

517-423-5939

<https://www.lenaweeseniors.org/senior-centers/tecumseh-senior-center>

703 E. Chicago Blvd.

Tecumseh, Michigan 49286

- Provides on-site meals and senior engagement.

City of Adrian Dial-A-Ride

517-265-4444

<https://www.adriancity.com/departments/transportation.php>

401 S. Tecumseh St.

Adrian, Michigan 49221

- Provides transportation services within the city of Adrian. Provides curb to curb service. Fares: \$2.00 one way; \$1.00 if 62 or older or disabled.

LCA Plus Membership-Lenawee Community Ambulance

888-463-7587

<https://www.emergenthealth.org/memberplus/>

246 W. Maumee St.

Adrian, Michigan 49221

- Cost: Family membership is \$42 per year for all ambulance trips during the year. Senior/senior couple membership is \$30.

Lenawee Transportation

517-265-4444

<http://www.lenawee.mi.us/225/Lenawee-Transportation>

377 Logan St.

Adrian, Michigan 49221

- Semi-fixed routes in Lenawee County. Provides curb to curb service. Fares: \$3.00 one way; for seniors 62+ and individuals with disabilities: \$1.50

Lenawee County Department of Veterans Affairs

517-264-5335

<https://www.lenawee.mi.us/529/Veterans-Affairs>

1040 S. Winter St., Suite 2023

Adrian, Michigan 49221

- Provides veterans and their families with assistance in getting benefits, medical transportation, and emergency financial needs.

ProMedica Air and Mobile Medical Transportation

800-589-4994

<https://www.promedica.org/pages/medical-services/transportation/default.aspx>

- Provides medically necessary non-emergency ambulance transport