



CLINICAL INTEGRATION
RESOURCE
GUIDE
SOCIAL DETERMINANTS OF
HEALTH

Erie County
ProMedica Health System
Toledo, OH

This resource list is not exhaustive and the information contained herein, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.

Updated 3.21

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BEHAVIORAL HEALTH AND COUNSELING SERVICES

Firelands Counseling Services/*24 HR. Crisis Hotline 1-800-826-1306 419-557-5177
1925 Hayes Ave.
Sandusky, OH 44870

Cornerstone Counseling 419-621-8773

4444 Galloway Rd.
Sandusky, OH 44870
817 Kilbourne St.
Bellevue, OH 44811

419-483-9411

Bayshore Counseling Services

419-626-9156

1218 Cleveland Rd.
Sandusky, OH 44870

NOMS Counseling Services

419-624-5177

2500 W. Strub Road Ste 300
Sandusky, OH 44870

Lakeshore Educational & Counseling Services

440-963-0402

5475 Liberty Ave.
Vermillion, Ohio 44089

Healing Trails LLC

419-684-9750

4317 State Route 269 S. (Bellevue-Castalia Road)
Castalia, OH 44824

DeLuca and Associates, Inc

440-327-1800

2525 Columbus Ave.
Sandusky, OH 44870

Associated Bay Area Counselors

419-625-1686

FOOD ASSISTANCE

Food Stamps – SNAP

Households whose gross monthly income is within 130% of the federal poverty level whose resources do not exceed \$2,250 (or \$3500 if at least one household member is age 60 or older, or is disabled). The primary home is not considered as a countable resource but a vehicle may, depending on its value. Resources of SSI or OWF are excluded. Most retirement plans are not counted. For more information, go to: <https://www.fns.usda.gov/snap/eligibility>

2020 Income Eligibility

Household Size	Gross Monthly Income	Maximum Monthly Allotment
1	\$1,354	\$194
2	\$1,832	\$355
3	\$2,311	\$509
4	\$2,790	\$646
5	\$3,269	\$768
Each Additional Family Member	+\$479	+\$146

*Information obtained from: <https://www.fns.usda.gov/snap/eligibility>

ProMedica Food Clinics

- Monthly food pantry available to patients of the ProMedica Physician Group
- Must be referred by a ProMedica Primary Care Provider (PCP). Three locations:

ProMedica Bay Park Hospital 2801 Bay Park Dr, Oregon, OH 43616
419-690-7695

Center for Health Services 2150 West Central Ave., Pod A, Toledo, OH 43606
419-291-8073

ProMedica Health & Wellness Center 5700 Monroe St., Suite 307, Sylvania, OH
567-585-0095

** PARAMOUNT ADVANTAGE will provide transportation once per month to pick up food at the food clinic

Care and Share

419-624-1411

241 Jackson St. ♦ Sandusky, OH 44870
Monday, Tuesday, and Thursday: 9-10:45, 1-2:45pm

Father's Heart Ministries Food Pantry 1814 Milan Rd. ♦ Sandusky, OH 44870 Last Sunday: 3-4pm	419-609-0110
OHgo Moblie Food Pantry 3616 Plumbrook Cir. ♦ Sandusky, OH 44870 1st & 3rd Thursdays: <ul style="list-style-type: none"> • MacArthur (Churchwell) Park: 4-4:45pm • New Jerusalem Church Parking Lot: 4:50-5:30pm • Orlando Pace Park: 5:45-6:30pm 	419-602-0856
Huron Helping Hands Food Pantry 820 Cleveland Rd. E ♦ Huron, OH 44839 Wednesday: 9am-3pm, Thursday: 10am-2pm	419-616-0088
Meals on Wheels - Erie County Senior Center 620 E. Water St. ♦ Sandusky, OH 44870 ♦ eriesenior.org	419-626-2560
Milan Friends Church Food Pantry 2018 Mason Rd. E ♦ Milan, OH 44846 3rd Sat: 9-11am	419-499-4352
Vermillion Church of Christ Food Pantry 5116 Driftwood ♦ Vermillion, OH 44089 3rd Friday: 10am-11:30am (December is the 2nd Friday)	440-967-5212
New Day Center 1135 Warren St. ♦ Sandusky, OH 44870 3rd Sat: 11am-2pm	419-626-8730
Sandusky Church of God 1018 Bogart Rd. ♦ Sandusky, OH 44870 2nd Sat: 10-11am	419-625-9166
Bellevue Fish and Loaves 203 Maple St. ♦ Bellevue, OH 44811 Wednesday: 1-5pm	419-484-2814
Sandusky Salvation Army 3333 Columbus Ave. Sandusky Monday-Thursday 10am-12pm, 1-2pm	419-626-3862
United Church of Christ, Congregational 990 State St. Vermilion	440-967-5212

HOUSING

Community Action Commission of Erie, Huron and Richland Counties 419-626-6540
908 Seavers Way, Sandusky

Erie Metropolitan Housing Authority 419-625-0262
Apply at the Community Action Commission
908 Seavers Way, Sandusky

- Low income housing based on income and other eligibility criteria.
- Provides housing for adults, families, seniors, and persons with disabilities.
- There will likely be a waiting list.

Information needed during the application process:

- The social security numbers, names and dates of birth of all family members.
- Income(s) of all family members

Firelands Habitat for Humanity 419-621-7818
7602 Milan Rd. Sandusky

Rental and Home Ownership Assistance

Save the Dream Ohio – Mortgage Assistance 1-888-404-4674
Ohio Housing Finance Agency (OHFA) www.SavetheDream.ohio.gov

- Provides assistance to eligible homeowners to help avoid mortgage foreclosure.
- Maximum amount of assistance:\$25,000
- Eligibility Criteria:
 - Homeowner or spouse must have been laid off or disabled on or after January 1, 2014 AND determined eligible for unemployment or disability benefits such as Social Security Disability, short and long-term disability through private insurance)
 - Household income below \$112,375 (as of 12/10/18)
 - Must owe less than \$432,500 on the mortgage
 - Other criteria may apply.
- Maximum amount of assistance:\$25,000
- Apply at: www.SavetheDream.ohio.gov

The Salvation Army 419-626-3862
3333 Columbus Ave. Sandusky

- Provides emergency rent assistance when funding available.
 - Required documents: Eviction notice; Proof of income for all members of the household for the past 30 days; Proof of address from the past 30 days; Picture IDs of all adults in the household; and Birth certificates for all minors in the household.

USDA Rural Development

419-422-0242

- Provides assistance to low-income families to purchase a home with government assistance.
- The 502 Direct Housing loan program is available to eligible very low and low-income households to purchase and exiting home or build a new home in rural areas or small towns.
- Financing under this program is available for up to 100% loan-to-value. No down payment is required, closing costs are around \$2,500 and, if possible, may be included in the loan. Rural Development does not change any points or application fees and does not require mortgage insurance.
- Eligibility is based on household size, income, and mortgage payment may be subsidized to as low as 1% interest rate. However, part of this assistance may be recouped if there is equity in the home when it is sold or refinanced. The house payment does include an escrow for real estate taxes and homeowner's insurance. The home to be purchased must be modest in size and in good repair and in an eligible area. Applicants cannot own a home.
- For more information on either program or an application, contact the Findlay Area Office at (419) 422-0242 or check out the website at www.rd.usda.gov/oh

Ohio Housing Locator

www.ohiohousinglocator.org

Homestead Exemption (Tax Relief)

419-627-7746

HOMELESS SHELTERS

Call United Way 211 for a referral to one of the following shelters		
Norwalk Homeless Shelter	92 N. Prospect St. Norwalk	419-668-9823
Liberty Center of Sandusky County	1421 E. St., Fremont	419-332-8777
Aurora House (transitional housing for women and their children)	1035 North Superior St, Toledo	419-244-3290
Viewpoint	215 E. Shoreline Dr., Sandusky	419-625-1101
Cross Roads	1843 Superior St., Sandusky	419-626-6505
Family House (families)	669 Indiana Ave., Toledo	419-242-5505
Cherry St. Mission (men)	105 17th St., Toledo	419-242-5141
Beach House (families, no single men)	915 N. Erie St., Toledo	419-241-9277
St. Paul's Community Center	230 13th St., Toledo	419-255-5520
Toledo Gospel Rescue Mission (men)	1917 Jefferson Ave., Toledo	419-241-6579

NOTE: for Domestic Violence shelters see the Domestic Violence chapter

UTILITY and PROPERTY TAX ASSISTANCE

Home Energy Assistance Program (HEAP)

1-800-282-0880

Ohio Dept. of Development

www.development.ohio.gov/is/is_heap.htm

- Provides a winter heating credit to low income individuals/households between Nov. 1–Mar. 31
- Household income must be at or below 175% poverty level.
- Obtain application from area senior centers, libraries, by calling the above number, or online.

Winter Crisis Program (Emergency HEAP)

419-626-6540

Community Action Commission

908 Seavers Way, Sandusky

- Provides emergency financial assistance to low-income households to avoid a disconnection of their heating service (gas or electric) between November 1 – March 31.
- Financial Income Criteria: 175% poverty level. See table below.

Summer Crisis HEAP Program

419-626-6540

Community Action Agency

908 Seavers Way, Sandusky

- Household income must be at or below 175% poverty level.
- Must have a member of the household who is at least 60 years old; or if under 60, must provide physician documentation of medical necessity.
- One-time payment assistance provided for summer electric bill and purchase of an AC unit.

Household Size	Annual Income	Household Size	Annual Income
1	\$22,300	5	\$53,690
2	\$30,170	6	\$61,530
3	\$38,010	7	\$69,370
4	\$45,850	8	\$77,210

For households with more than 8 members, add \$6,480 per member for 12 month calculation or \$1,620 for 3 month calculation.

Percentage of Income Plan Plus (PIPP)

Community Action Agency

908 Seavers Way, Sandusky

http://development.ohio.gov/is/is_pipp.htm

The following information was taken directly from the Ohio PIPP Plus website above:

- PIPP Plus allows eligible customers to make affordable monthly energy payments on a year-round basis.

- You must have a gross yearly household income at or below 150 percent of the federal poverty guidelines.
- Electric and natural gas customers who qualify pay \$10 or 6 percent of their gross monthly household income, whichever is greater, to the utility company each month.
- If the utility provides both gas and electric services or if the customer has an all-electric home, the payment is \$10 or 10 percent of the gross monthly income, whichever is greater.
- When PIPP Plus payments are made on-time and in-full, customers earn an incentive credit and an arrearage credit. Each time you pay your required monthly payment on-time and in-full, you no longer owe the rest of that month's billed amount. You also receive a 1/24 credit toward any old debt.
- If you make full, on-time payments for 24 straight months, all of your arrearages will be eliminated.
- You may enroll in PIPP Plus by completing the Energy Assistance Program application and mailing it to The Ohio Department of Development. You must provide proof of your gross monthly household income for at least the last three months.

PIPP Income Limits (for the 2020-21 season)

Household Size	Annual Income	Household Size	Annual Income
1	\$22,300	5	\$53,690
2	\$30,170	6	\$61,530
3	\$38,010	7	\$69,370
4	\$45,850	8	\$77,210

For households with more than 8 members, add \$6,480 per member for 12 month calculation or \$1,620 for 3 month calculation.

Medical Extensions - for a 30-day delay of a gas or electric shut off:

- In the event of an electric or gas disconnection notice, you may contact your utility company to inquire if an extension may be approved due to a medical condition:

Columbia Gas: 1-800-344-4077

Toledo Edison: 1-800-447-3333

The Salvation Army

419-626-3862

3333 Columbus Ave, Sandusky

Mon-Thurs 10am-12pm, 1-2pm

- Emergency assistance for **utilities**, rent, very short term emergency housing (1 – 2 days), medications, gasoline voucher if needed to get to a new job or medical appointment.

Erie County Veteran Service Office

(emergency financial assistance)

419-627-7579

2900 Columbus Ave. Floor 2, Sandusky

- Short term emergency financial assistance provided to veterans or widows of veterans.
- May help with prescription costs (call to confirm if this is available).
- Veteran must have an honorable discharge and provide copy of DD214
- Also provides claim help to veterans and veterans' widows/widowers in applying for VA benefits

**Homestead Property Tax Discount
Erie County Auditor**

419-627-7746

Qualifications for the homestead tax exemption:

- Applicants must be 65 or older, or totally and permanently disabled. If disabled, one must provide a certificate of disability or have his or her physician sign an exemption form and include the date of the disability.
- Applicants must own and occupy their home or mobile home or at least have an ownership interest such as land contract or lease purchase.

Erie County Dept. Of Job and Family Services

419-626-6781

221 W. Parish Street
Sandusky, Ohio 44870

Columbia Gas Warm Choice Program

1-800-537-8210

<https://www.columbiagasohio.com/energy-efficiency/for-your-home/income-eligible-weatherization>

Eligibility

- Households with an active Columbia Gas account.
- Household income at 150% of the federal poverty level
- Must be homeowner or renter (requires landlord authorization)
- Natural gas must be the primary heating source
- No major roof leaks, standing water, excessive mold or other factors that would impair safe and effective insulation.

Services Include

- A home energy inspection is done in order to recommend the most energy efficient improvements that can be made to your home.
- Safety inspection on gas appliances (furnace and water heater)
- Tune-up/repair of heating units and/or stoves
- Insulation of attics, sidewalls, floors, heating ducts, and water tanks
- Sealing of air leakage from major sources.

To Apply: call Ground Level Solutions at 1-800-537-8210

First Call for Help

2-1-1

- Maintains information on all of the current utility assistance programs available.

TELEPHONE and INTERNET ASSISTANCE

The Lifeline and Link Up Telephone Assistance Programs

1-888-641-8722

www.fcc.gov/lifeline

- Low income households may apply for one program:
- A monthly discount on basic local landline telephone service, waiver of installation and deposit fees, and have optional toll blocking and 900/976 blocking at no additional charge

OR

- Free Wireless phone service
- Eligibility: household income must be at or below 150% of the federal poverty level or participate in public or state assistance programs including Medicaid, Food Stamps, SSI, Section 8 Housing, HEAP, TANF, or the National School Lunch Program's Free Lunch.
- Contact your local telephone service provider to apply or call USAC at **1-888-641-8722** for more information.

Access from AT&T

Discounted Internet

www.att.com/access

855-220-5211 English

855-220-5225 Spanish

- Low cost home internet for households who participate in SNAP – Supplemental Nutritional Assistance Program (Foodstamps).
- Must not have any outstanding debt for AT&T fixed internet service within the prior 6 months nor any unpaid debt with this program (Access).
- No contract, No deposit, No installation fee
- Plans from \$5 - 10 per month depending on desired internet speed.
- Service not available in all geographic areas. Check on line for more information.

TRANSPORTATION

Best Bet Shuttle 419-656-3647
(Open Mon.-Sun. From 8:30am-3:00am)

A Sandusky Taxi 419-366-7918

Turbo Taxi 419-975-0324
(Open Mon.-Sun. From 7am-12am)

Sandusky Transit/SPARC 419-627-0740

- Reservations, shared rides and curb to curb serves all of Erie County. All vehicles are wheelchair accessible. Mobility assistance can ride for free, notify dispatch as needed.
- Hours: Mon.-Saturday from 6am-10pm; scheduling hours: Mon.-Fri. from 8am-4pm.
- Fares: \$1.50 within Sandusky limits (single trips). Fares are discounted by 50% for individuals 65 and older or individuals with disabilities. Call for more information for a fare discount. Riders are required to have correct fare, drivers will not make change. Children 5 and under ride free. (Sandusky/Perkins area only)

Firelands 55+ Club 419-557-7052

Serving our Seniors 419-624-1856

Veterans Administration 419-627-7579

Medicaid Managed Care Transportation

Atena	1-866-799-4395
Buckeye	1-866-531-0615
CareSource	1-800-488-0134
Molina	1-866-642-9279
Paramount	1-866-837-9817
United HealthCare	1-800-269-4190
WellCare	1-800-951-7719

Ohio Medicaid plans and some Medicare Advantage plans offer transportation to medical appointments. Call your specific plan for more details.

SAFETY SERVICES

Domestic Violence Services

Safe Harbor Domestic Violence Shelter
Sandusky Ohio

419-626-2200/1-800-953-2207
24 hour hotline 1-800-799-7233

Liberty Center Shelter
1421 E. State Street, Fremont

419-332-8777

Miriam House/Catholic Charities
249 W. Main Street, Norwalk

419-663-6341

The Cocoon Shelter
Bowling Green, Ohio

419-373-1730

- Domestic Violence Shelter for women and children
- Provides case management, counseling, and support to victims of domestic violence.
- Provides assistance or referrals for emergency food, clothing, personal care items, transportation, financial and budgeting assistance.

**Domestic Violence Shelter – YWCA
Shelter:**

419-241-7386 or 1-888-341-7386

Rape Crisis Line:
1018 Jefferson Ave.
Toledo, Ohio 43624

419-241-7273 or 1-866-557-7273

- Emergency Shelter for victims of domestic violence.
- Also provides Rape Crisis Services 24 hours per day, 7 days per week

**Violence Against Women (Toledo/Lucas County program)
24 Hour Crisis Response Team**

419-261-7446

- Provides 24-hour, short-term crisis intervention, referral services, and support to victims of domestic violence.

YWCA of Northwest Ohio

419-241-7386

1018 Jefferson Ave.
Toledo, OH 43604

- Emergency domestic violence shelter, crisis intervention, support groups, parenting skills, case management, referral and advocacy services.
- The Domestic Violence Shelter also houses pets of survivors as a part of the safety plan.

Community Support Services

419-734-9718

1848 E. Perry St.
Suite #60
Sutton Center
Port Clinton, OH 43452

- Provides a weekly support group for victims of domestic violence.

VICTIM ASSISTANCE PROGRAMS:

Erie County Prosecutor’s Office

419-627-7697

247 Columbus Ave #319, Sandusky

Victim’s Assistance number:

419-627-7699

- Provides assistance and support to victims of violent crime.
- Provides education to victims regarding their rights.
- Escorts victims to court hearings/proceedings
- Educates victims on court procedures and etiquette.
- Provides employer interventions, crisis counseling, and referrals for long-term counseling.
- Notifies victims of court dates, continuance, motions for early release, and parole hearings.
- Assists victims to file for financial compensation under Ohio’s Crime Victim Compensation Program.

The Ohio Victims of Crime Compensation Program

1-877-584-2846

Attorney General’s Office

1-800-582-2877

Columbus, Ohio

www.ohioattorneygeneral.gov/victimcompensation

- This programs offers compensation to innocent victims of violent crime for out-of-pocket and unreimbursed expenses resulting from the crime.

The Ohio Domestic Violence Network

1-800-934-9840

www.odvn.org

National Domestic Violence Hotline

1-800-799-SAFE (7233)

PROTECTIVE SERVICES:

Adult Protective Services

419-626-6781

Dept. Of Job and Family Services
221 W. Parish Street
Sandusky, Ohio

- Investigates reports of abuse, neglect (by self or others) and exploitation of older adults, age 60 or older. Referrals can be made by any concerned parties.

Child Protective Services

419-626-6781

Dept. Of Job and Family Services
221 W. Parish Street
Sandusky, Ohio

- Investigates reports of child abuse and neglect; provides protective services to children who are at risk for abuse and or neglect.

CASA Program

419-621-0324

111 E. Shoreline Dr. Ste. 5, Sandusky
Eriecountycasaprogram.com

Long Term Care Ombudsman (Northwest Ohio)

1-800-542-1874

Advocates for Basic Legal Equality (ABLE)

“Ombudsmen field complaints about long-term care services, voice clients' needs and concerns to nursing homes, home health agencies, and other providers of long-term care. While they do not "police" nursing homes and home health agencies, they work with the long-term care provider and you, your family, or other representatives to resolve problems and concerns you may have about the quality of services you receive” (Source: Ohio Department of Aging Website)

SENIOR SAFETY PROGRAMS:

Erie County Sheriff's Office

419-625-7951

Sandusky Ohio

- Project Lifesaver is an active response to the problem of locating people who may not be able to find their way home – before they become victims. Those enrolled in the Project Lifesaver program wear a wristband that transmits radio signals every second, 24 hours a day. The signal can be tracked over several miles on the ground by members of the Erie County Sheriff's Office or from the air by helicopter. Help is immediate once a family/caregiver notifies the Sheriff's Office.
- Eligibility requirements at Erie County Resident and 60 years of age or older

Serving Our Seniors

419-624-1856

310 Boalt Street, Sandusky

SENIOR CENTERS

Erie County Senior Center

419-626-2560

ADDITIONAL SENIOR SERVICES

Area Office on Aging (Northwest Ohio)

2155 Arlington Ave. Toledo, OH 43609

419-382-0624

- Assistance for finding programs for seniors, including identifying a senior center near you, as well as finding additional free resources and services in your community

Alzheimer's Support Groups

419-537-1999

Good RX

1-855-268-2822

- A resource for discounted prescriptions

Silver Sneakers

- Visit the following website <https://www.silversneakers.com/join-in/> to see if you are eligible and find a location near you!
- FREE Fitness program for seniors on Medicare-partnered with local gym and fitness centers.

Area Office on Aging of NWO, Inc.

419-382-0624

2155 Arlington Ave.

Toledo, OH 43609

- Senior Farmers' Market Nutrition Program

AARP

Ohio Office, 17 S. High St., Ste. 800,

Columbus 43215

www.aarp.org

- AARP is dedicated to enhancing the quality of life for all as we age.

Legal Hotline for Older Ohioans

1-800-488-6070

Proseniors.org

CONSUMER PROTECTION SERVICES:

Better Business Bureau

3103 Executive Pkwy
Toledo, Ohio 43606

1-800-743-4222

419-531-3116

www.toledo.bbb.org

- Investigates consumer complaints against businesses in NW Ohio and SW Michigan.
- Maintains records of consumer complaints for individual companies/businesses

Attorney General of Ohio

Consumer Protection Office

1-800-282-0515

- Deals with issues of consumer fraud

Do-Not-Call Registry

www.donotcall.gov

888-382-1222

- Anyone can register their home, cell, fax and pager numbers with the Federal Government “Do-Not-Call Registry” to help prevent unwanted calls from telemarketers for five years.

WTOL – Toledo 11 Call For Action

730 North Summit Street
Toledo, Ohio 43604

419-255-2255

www.wtol.com

- This is a non-profit volunteer based telephone service that provides information, referral and action focused on resolving problems related to consumer scams/fraud.
- This is a free and confidential service.
- Hours: Tuesdays, Wednesdays, and Thursdays from 11 a.m. to 1 p.m.

WTVG – 13 ABC

4247 Dorr Street
Toledo, Ohio 43607

419-531-1313

www.13abc.com

- Investigative reporting in regard to experiences with consumer fraud

MEDICAL ASSISTANCE AND DENTAL SERVICES

Erie County Department of Job and Family Services
221 W. Parish St, Sandusky

419-626-5623

- Provides services including TANF: Temporary Assistance for Needy Families (limited cash assistance), food stamps, and medical coverage for eligible children and adults.
- Medicaid covers such services as physician, hospital, ambulance, home health services, inpatient hospital care, laboratory and x-rays, long term care, dental services, medical supplies, prostheses, out-patient hospital and clinic services, pharmacy services, physician services and psychiatric services.
- Must meet financial criteria requirements.
- Some Medicaid programs require a determination of disability to qualify.
- The fastest way to apply is online at: <http://benefits.ohio.gov/>
- May also apply at the Lucas County JFS office (address and phone number above).

Healthy Start Medicaid:

- For Children up to 19 years of age without health insurance: 206% poverty or lower
- Children up to 19 years of age with health insurance: 156% poverty or lower
- Pregnant women: 200% poverty or lower.

2021 Medicaid Financial Eligibility Criteria

Medicaid HH Size	Parents & Caretakers	Expansion Adults	Children with Insurance	Pregnant Women	Children without Insurance
1	\$957	\$1415	\$1659	\$2127	\$2191
2	\$1293	\$1911	\$2242	\$2874	\$2960
3	\$1629	\$2408	\$2824	\$3620	\$3729
4	\$1965	\$2904	\$3406	\$4367	\$4498
5	\$2301	\$3401	\$3989	\$5114	\$5267
6	\$2637	\$3897	\$4571	\$5860	\$6036
7	\$2973	\$4394	\$5154	\$6607	\$6805
8	\$3309	\$4890	\$5736	\$7354	\$7574

Erie County Health Department
420 Superior Street, Sandusky

419-626-5623

Serving Our Seniors

419-624-1856

310 Boalt Street, Sandusky

- Assists adults 60+ with applying for Medicare/Medicaid

Cancer Services

419-626-4548

505 E. Perkins Ave, Sandusky

cancerresources.org

Family Health Services

419-502-2800

1912 Hayes & 620 E. Water St. Sandusky

Healthcare Marketplace

1-800-318-2596

www.healthcare.gov

- Government Subsidized Health Care Insurance
- Health Insurance for uninsured Americans with cost based on income.
- Eligibility Criteria:
 - Must live in the United States
 - Must be a U.S. citizen or national (or be lawfully present)
 - Cannot be incarcerated
 - Not eligible for Medicare
- Apply for Marketplace coverage:
 - Online at: www.healthcare.gov/marketplace
 - By phone: Call 1-800-318-2596 or TTY: 1-855-889-4325
- 2019 Open Enrollment: November 1, 2018 – December 15, 2018.
- To apply outside of the open enrollment period, one must have a qualifying life event such as getting married, divorced, having a baby or adopting a child, losing job based insurance coverage. For a full list of qualifying life events, refer to the www.healthcare.gov website.
- You will not qualify for a Special Enrollment Period if:
 - You lose coverage because you didn't pay your premium.
 - You voluntarily drop your coverage prior to the end of the plan year.

Medicaid Consumer Hotline

1-800-324-8680

“Benefits Check-Up”

419-382-0624

Area Office on Aging

1-800-472-7277

www.benefitscheckup.org

- Consumers may complete an application providing financial information to find out which government assistance programs they may qualify.
- “Benefits Check-Up” does not apply for programs on your behalf but will provide you with direction on where to start.

MEDICATION ASSISTANCE

MEDICARE PART D DRUG PLAN

1-800-633-4227

www.medicare.gov

- Medicare contracts with many insurance companies to provide drug coverage through Part D
- **Open enrollment for current Medicare beneficiaries: Oct 15 – Dec 7 each year**
- When enrolling, have your Medicare card and list of prescription medications/dosages with you

2018 Part D Plan Specifics:

- During the initial coverage phase, you pay a [co-payment](#) and your Part D drug plan pays its share for each covered drug until your combined amount (including your deductible) reaches \$3750.
- Once you and your Part D drug plan have spent \$3750 for covered drugs, you will be in the coverage gap, also called the “donut hole”. For 2018, the copay for covered brand-name prescriptions is 35% of the cost; covered generics copays are 44% while in the “donut hole”.
- When you spend more than \$5000 out-of-pocket, the coverage gap (donut hole) ends and your drug plan pays most of the costs of your covered drugs for the remainder of the year. You will then be responsible for a small copayment. This is known as catastrophic coverage.

MEDICARE PART D “EXTRA HELP” with Part D Prescription Drug Costs

- Medicare Part D recipients may qualify for lower drug co-pays and a reduced or waived Part D premium. The income and financial asset limits for **2021** are as follows:
 - For single persons: annual income below \$19,320 and assets less than \$13,820
 - For a married couple: combined annual income less than \$26,130 and combined assets below \$27,600.
 - There is no coverage gap (donut hole) with the Extra Help benefit.
- For **2021**, if you qualify for “Full Extra Help”, costs for generics are no more than \$3.60 and brand name \$8.95.
- Apply on line at www.socialsecurity.gov or call the Area Office on Aging at 419-382-7060.

NOTE: applying for the “extra help” does not enroll a patient in the Medicare Drug Plan. Medicare recipients still have to enroll in a Part D plan.

Buderer Drug Co. Drug Repository Program

26611 N. Dixie Hwy, Suite 119

Perrysburg, OH 43551

419-873-2800

800-318-3408

www.budererdrug.com/drug-repository-program

- Low cost medications (must pay a copay)
- Medications are available on a first come, first serve basis
- Not all medications are available.
- Eligibility:
 - Must be a resident of Ohio
 - Must have no 3rd party drug reimbursement coverage for the drug prescribed; or
 - Is a patient of a non-profit clinic
- Refer to the above website for additional details and limitations of the program.

The Patient Access Network (PAN) Foundation

www.panfoundation.org

The Healthwell Foundation

www.healthwellfoundation.org

The above two foundations help individuals **with** health insurance pay their out-of-pocket costs for prescribed medications that treat certain diagnoses/diseases. For a list of approved diagnoses/disease conditions, call them directly or refer to their websites.

- General Eligibility Criteria:
 - Must be insured and the insurance must cover the specified medication.
 - The medication must directly treat the specified illness/disease.
 - The patient must meet the individual program's income criteria.
- Apply on-line or by phone.

Pharmaceutical Patient Assistance Programs

1-888-477-2669

- For low income individuals with no prescription coverage.
- Call **1-888-477-2669** or access online through:
 - www.pparx.org
 - www.needymeds.org
 - www.rxassist.org

Emergency Medication Assistance

Care and Share

419-624-1411

241 Jackson Street, Sandusky

- Able to help with prescription medication costs as funding allows

Kidney Foundation of Northwest Ohio

419-329-2196

- Financial assistance for medications related to kidney disease. www.kfnwo.org

DENTAL CARE

Erie County Health Department

419-626-5623

EXT: 174

- The Erie County Community Health Center provides Dental Services for all ages. Oral Health care begins at one year of age. The following oral health services are offered in our center:
 - Routine exams/screenings
 - Dental Sealants
 - Oral Cancer Screenings
 - Fillings (Amalgam/composite)
 - Fluoride treatments
 - X-rays
 - Cleanings/Hygiene
 - Extractions
 - Oral Surgeons on staff

Dental OPTIONS

1-888-765-6789

- This program refers Ohio's uninsured or low income individuals with volunteer dentists or dental clinics for donated or discounted care. Must meet certain financial criteria. Call 1-888-765-6789 for more information.

EMPLOYMENT AND JOB TRAINING ASSISTANCE

OHIO MEANS JOBS- Erie County Dept. of Job and Family Services
221 W. Parish Street, Sandusky

419-624-6451

Ohio Means Jobs has a variety of resources and services to aid job seekers in their search or with retaining their current job. Below is a list of services at the One-Stop Career Center:

- **Education and training**
 - GED classes
 - Financial aid information
 - English as a second language
- **Career exploration information**
 - Basics of finding a job
 - Resume tips
 - Cover letter tips
 - Interviewing tips
 - Job search workshops and services
- **Supportive services**
 - Transportation
 - Medical care
 - Counseling

Opportunities for Ohioans with Disabilities (OOD)

Bureau of Vocational Rehabilitation (BVR)
5241 Southwyck Blvd.
Toledo, OH 43614

419-866-5811 Voice/TTY

800-589-5811 Voice/TTY

<https://oodworks.com/>

11/19

- From the OOD website: "Vocational Rehabilitation (VR) is a program that assists individuals with physical, intellectual, mental health and sensory disabilities to obtain and retain employment."
- This office serves Erie, Huron, Lorain, Lucas, Ottawa, and Wood counties.

Goodwill Industries of Erie, Huron, Ottawa and Sandusky Counties, Inc. - Fremont Plant

1597 Pontiac Ave.
Fremont, OH 43420

419-334-7566

Adecco Employment Services

2215 Cleveland Rd. #106 Sandusky

419-624-9675

All In Staffing

501 W. Perkins Ave. Sandusky

419-502-2210

Cardinal Staffing
2904 Milan Rd, Sandusky

419-734-6318

Step by Step Employment and Training
664 Exchange Street, Vermilion

440-967-9042

Tradesmen International
2419 E. Perkins Ave, Sandusky

844-280-2868

National Rehabilitation Information Center

1-800-346-2742

- Resources for **employment**, advocacy, benefits, and financial assistance, education, technology, and more.
- More information found at www.naric.com

Prevention, Retention, and Contingency Funds (PRC) - Ottawa County Job & Family Services

- Emergency Assistance for adults who have legal and physical custody of minor children
- Household Income Criteria: At or below 200% of the Federal Poverty Level for family size
- Assistance includes:
 - Child Welfare Services
 - Family Disaster Assistance
 - Employment and Training
 - Transportation Services
 - Temporary Assistance for Needy Families (TANF) Ohio Youth Works Program

Job Boards/Listings

www.careerbuilder.com
www.snagajob.com

www.monster.com
www.jobsonline.net

www.ohiomeansjobs.com
www.simplyhired.com

www.indeed.com

Government Jobs

State of Ohio

<http://careers.ohio.gov>

USA Jobs

www.usajobs.gov

Veteran Administration Jobs

www.va.gov/jobs

County Jobs

Check your local county website for county job listings.

FINANCIAL MANAGEMENT – BUDGETING ASSISTANCE

Financial Opportunity Center

567-585-0059

The ProMedica Ebeid Institute
1806 Madison Ave.
Toledo, OH 43604

- Provides financial coaching and counseling services focused on employment, budgeting, savings, debt resolution, credit repair and long-term financial goal achievement.
- Tax preparation services also provided through the Ohio Benefit Bank (see below)

Ohio Benefits Bank – is no longer in business. The Ohio Department of Job and Family Services (ODJFS) Ohio Benefits System is still available as an option for clients to apply for healthcare, food assistance, and cash benefits. <https://benefits.ohio.gov/>

Kidney Foundation of Northwest Ohio

419-329-2196

3100 W. Central Ave., Suite 150
Toledo, OH 43606

- For individuals with kidney disease:
 - Transportation (medical purposes only)
 - Prescription Medications
 - Nutritional Supplements
 - Medical Equipment
 - Emergency Assistance Fund/General Financial Assistance

Lutheran Social Services

419-334-3431

512 E. State St.
Fremont, OH 43420

www.lssnwo.org

- Crossroads offers financial coaching, debt management services, credit building services, education and employment readiness training, in two locations including the Scott and Robinson Community Hub.
- The LSS Financial Opportunity Centers in collaboration with the Greater Toledo United Way and the Local Initiatives Support Corporation Toledo.
- Financial education workshops are offered throughout the community by request. Call Megan at 419-475-3258 for an appointment with a Financial Coach today.

Ohio State Extension – Erie County Office

419-627-7631

2900 Columbus Ave. Sandusky

2020 Poverty Guidelines

Annual

Family Size	100%	125%	133%	135%	150%	200%
1	\$12,760	\$15,950	\$16,971	\$17,226	\$19,140	\$25,520
2	\$17,240	\$21,550	\$22,929	\$23,274	\$25,860	\$34,480
3	\$21,720	\$27,150	\$28,888	\$29,322	\$32,580	\$43,440
4	\$26,200	\$32,750	\$34,846	\$35,370	\$39,300	\$52,400
5	\$30,680	\$38,350	\$40,804	\$41,418	\$46,020	\$61,360
6	\$35,160	\$43,950	\$46,763	\$47,466	\$52,740	\$70,320
7	\$39,640	\$49,550	\$52,721	\$53,514	\$59,460	\$79,280
8	\$44,120	\$55,150	\$58,680	\$59,562	\$66,180	\$88,240

Monthly

Family Size	100%	125%	133%	135%	150%	200%
1	\$1,063	\$1,329	\$1,414	\$1,436	\$1,595	\$2,127
2	\$1,437	\$1,796	\$1,911	\$1,940	\$2,155	\$2,873
3	\$1,810	\$2,263	\$2,407	\$2,444	\$2,715	\$3,620
4	\$2,183	\$2,729	\$2,903	\$2,948	\$3,275	\$4,367
5	\$2,557	\$3,196	\$3,401	\$3,452	\$3,835	\$5,113
6	\$2,930	\$3,663	\$3,897	\$3,956	\$4,395	\$5,860
7	\$3,303	\$4,129	\$4,393	\$4,460	\$4,955	\$6,607
8	\$3,677	\$4,596	\$4,890	\$4,964	\$5,515	\$7,353

EDUCATIONAL RESOURCES

Boys and Girls Club	419-624-9250
Community Youth Mentoring	419-626-8694
Head Start	419-625-2214
Nehemiah Partners of Sandusky	419-609-9181
North Point Educational Service Center	419-627-3900
Sandusky Career Center	419-984-1100

CHILD CARE

Dept. Of Job and Family Services 419-626-6781

221 Parish Street, Sandusky

- Day care assistance is available while you work or go to school.
- Income Criteria: 130% poverty level

Search for Early Care and Education Programs

<http://childcaresearch.ohio.gov/>

- Database of private and facility daycare providers approved by Job and Family Service
- Input zip code and preferences to find all providers in the area with openings

Child Care Resource Center BGSU Firelands

440-242-0413

1 University Dr. Huron Ccrinc.com

Double Sweet Daycare

440-574-1891

1501 Milan Rd. Sandusky

Firelands Daycare

419-684-5311

3809 Maple Ave. Castalia

Junior Explorers CDC

419-502-1234

4806 Timber Commons Dr. Sandusky

Kiddie Korral

419-626-9082

315 W. Follett & 1809 Perkins Ave. Sandusky

Life's Little Lessons

419-625-7013

1614 Sherman St. Sandusky

Little Me Learning Center

567-401-6152

12306 SR 13, Milan

Playland Daycare

419-684-7551

314 Lucas Street, Castalia

St. Stephen Kiddie College Nursery

419-624-1814

905 E. Perkins, Sandusky

Train up a Child

419-609-9403

910 W. Madison St. Sandusky

Wee Care Day Care

419-621-7853

1180 Cleveland Rd. Sandusky

LEGAL RESOURCES

Legal Aid of Western Ohio

1-888-534-1432

- Free legal assistance for low to moderate income individuals including wills, family law, litigation & community education of civil matters.
- Must meet income guidelines
- Does not handle criminal matters.
- Affiliated with Advocates for Basic Legal Equality (ABLE).

Advocates for Basic Legal Equality (ABLE)

1-800-837-0814

525 Jefferson Ave. Ste 400
Toledo, Ohio 43604

419-255-0814

- Legal assistance for low-income individuals/families to address housing discrimination, disability law, access to public benefits, long-term care including nursing home residents, equal educational opportunities, & immigration.
- Affiliated with Legal Aide of Western Ohio.

Medical Legal Partnership for Children (MLPC)

419-724-0030

Advocates for Basic Legal Equality

- Free legal services for pediatric patients/families of ProMedica Children's Hospital, University Pediatrics at UTMC, and Mercy Children's Hospital. Legal Services are provided to help alleviate legal issues that have the potential to negatively impact the child's health.
- Call the above phone number and ask to speak to a MLPC attorney.

Legal Clinic for Veterans

419-259-2000

Toledo VA Outpatient Clinic
1200 S. Detroit Ave.
Toledo, OH 43609

- Free legal advice offered to all veterans concerning legal issues including, but not limited to Wills, Eviction, Foreclosure, Child Support, Child Custody, Expungement of previous legal issues, current DUIs, Probation, or other criminal issues.
- This is a Walk-In Clinic held in the conference room. First come, first serve.
- Occurs on the 1st Thursday of each month from 8:30 – 11:30 a.m. through August 2016. After August 2016, call the above number to see if the clinic is still running.

Legal Hotline for Older Ohioans ProSeniors, Inc

1-800-488-6070

www.proseniors.org

- Free legal advice, information, and referral for Ohioans age 60 and older regardless of income, financial resources or location.
- Addresses questions regarding Medicare, Medicaid and Medicaid estate recovery, living wills, durable powers of attorney for health care, and consumer problems.
- Telephone appointments for the Legal Hotline are available Mon – Fri from 8:30 am - 4:30 pm

Citizens Dispute Settlement Program

419-245-1951

555 N. Erie St,
Toledo, OH 43604

- Provides mediation (not legal services) to parties desiring resolution of a dispute without going to court
- Walk-ins only (does not set up appointments) but will provide information by phone

Hall & Wylkan, Certified Elder Law Attorneys

419-332-3800

1430 Oak Harbor Rd.
Fremont, OH 43420

www.2helpseniors.com

- Elder law attorneys, specializing in Medicaid/Medicare, veteran’s benefits, estate planning and other senior issues.

Association for Children of Enforcement of Support, Inc.

888-738-2237

2260 Upton Ave.
Toledo, OH 43606

- Provides education on child support enforcement, visitation rights, and paternity determination.

SUBSTANCE ABUSE: ALCOHOL AND DRUG TREATMENT

Alcoholics Anonymous

419-380-9862

Al-Anon and Al-A-Teen

1-888-425-2666

Cocaine Anonymous

419-385-9000

Narcotics Anonymous www.naohio.org

818.773.9999 Ext. 771

Choices Behavioral Health Care

419-865-5690

126 E. Perry St.
Port Clinton, OH 43452

- Provides outpatient substance use disorder recovery services.
- Provides suboxone substance abuse treatment program that includes medication-assisted treatment.

Firelands Counseling Services

www.firelands.com

1925 Hayes Ave.
Sandusky, OH 44870
419-557-5177

675 Bartson Rd.
Fremont, OH 43420
419-332-5524

22052 W. State Rte. 51
Genoa, OH 43430
419-734-2942

- The AOD counselors at Firelands Counseling and Recovery Services provide a complete continuum of treatment and prevention services to help individuals and families establish and maintain abstinence from alcohol and other drugs. Services are available for adults, adolescents and their families.
- Firelands addresses the whole person offering treatment services, employment services and linkage to community resources to meet needs such as food, clothing, and access to entitlements and more. We offer:
 - Assessment and individualized treatment planning
 - Case management
 - Community and professional education
 - Continuing care
 - Family sessions and family support
 - Hotline and crisis services
 - Individual and group counseling
 - Assessment & Referral to detox services

Mental Health & Recovery Services Board of Erie and Ottawa County

419-627-1908

1925 Hayes Ave. Sandusky

- Offers inpatient, housing, group support services.
- Crisis hotline offered 24/7 at **1-800-826-1306**.

Bayshore Counseling Services

www.bayshorecs.org

1634 Sycamore Line
Sandusky, OH 44870

201 Madison St.
Port Clinton, OH 43452

419-626-9156**419-734-5535**

- Provides a complete range of outpatient alcohol and drug services.
- Counseling services include: individual, couples, and/or family counseling, as well as medication services if deemed appropriate.
- Drug Court (Benchmark) Program offers court supervised treatment for individuals who have been charged with a non-violent drug related felony. Successful completion generally results in dismissal of charges.
- Family Drug Court Programs are provided for adults with alcohol and drug issues who are also involved with child protective services.
- 72 Hour Driver Intervention Program (DUI Classes) is a 3-day DUI school; referral by the court needed.
- Anger Management Group provides 8-week courses teaching healthier coping mechanisms and communication with others.

Sandusky Artisanswww.artisansrecoveryctr.com

138 E. Market St.
Sandusky, OH 44870

419-621-9377

- Provides a range of Recovery support, peer and self-help services to persons suffering from substance use disorders and mental illness. Many 12-step meetings and art classes are held every week.

INPATIENT SUBSTANCE ABUSE TREATMENT**Erie County Health Department Detox Unit****419-624-3353****University of Toledo Medical Center (UTMC)
Inpatient Detoxification Unit****419-383-2337**

- 10-bed inpatient detoxification unit for alcohol and substance abuse treatment
- For admission, the patient must be in active withdrawal
- Average length of stay is 3 – 5 days 6/17

Arrowhead Behavioral Health**419-891-9333**

1725 Timber Line Rd.
Maumee, Ohio 43537

1-800-547-5695

- Inpatient and outpatient alcohol and substance abuse treatment. Medicare and insurance plans accepted. Medicaid is accepted on a case by case basis.

Glenbeigh Outpatient Center of Toledo**419-536-4000**

3425 Executive Parkway, Suite 207
Toledo, Ohio 43606

www.glenbeigh.com**Outpatient alcohol and drug treatment program**

- Comprehensive Assessment
- Intensive Outpatient Treatment
- Family Counseling and Education
- Continuing Care Services
- Relapse Prevention Program

- Call to see if your insurance plan is accepted

Midwest Recovery Center

1-866-203-0308

1757 Indian Wood Circle
Maumee, Ohio 43537

Alcohol and Substance Abuse Treatment including:

- Outpatient and Intensive Outpatient treatment
- Partial Hospitalization
- Dual Diagnosis Treatment for individuals experiencing both substance abuse and mood disorders
- Inpatient Detox Center: 1-866-688-6917
- Call to see if your insurance plan is accepted.

FURNITURE, APPLIANCES & CLOTHING

The Salvation Army

419-626-3862

3333 Columbus Ave. Sandusky

- Provides furniture and clothing when available via donations.

Care and Share of Erie County

419-624-1076

241 Jackson St.
Sandusky, OH 44870

- Offers food, clothing, shoes, household good and small appliances based on USDA income eligibility on 200% of federal poverty level.
- Hours are Monday, Tuesday and Thursday 9 – 11am and 1 – 3pm; Friday 9 – 11am.
- Photo ID with proof of address required.

Grace Thrift Shop

419-626-5453

301 E. Market St.
Sandusky, OH 44870

- Thrift shop located at the church; merchandise includes clothing for all ages, shoes, jewelry, linens, and small household items.
- Free clothing and other items are provided to people in need with letters from area churches or organizations.
- Hours are Tuesday, Wednesday and Thursday 11:30am – 4pm; Friday 11:30am – 6pm; Saturday 10am – 1pm.

Goodwill Sandusky

419-625-2910

924 E. Perkins Ave. Sandusky

2020 Poverty Guidelines

For the 48 Contiguous States and the District of Columbia

2020 Poverty Guidelines for the 48 Contiguous States and the District of Columbia*	
1	\$12,760
2	17,240
3	21,720
4	26,200
5	30,680
6	35,160
7	39,640
8	44,120
<i>For families/households with more than 8 persons, add \$4480 for each additional person.</i>	

Source: <https://www.federalregister.gov/documents/2019/02/01/2019-00621/annual-update-of-the-hhs-poverty-guidelines>

