



# CLINICAL INTEGRATION **RESOURCE GUIDE** SOCIAL DETERMINANTS OF HEALTH

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Huron County  
ProMedica Health System  
Toledo, OH

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This resource list is not exhaustive and the information contained herein, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.

Updated 3.21

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# Behavioral Health

Huron County

# BEHAVIORAL HEALTH AND COUNSELING SERVICES

## **Rigel Recovery Services**

**216-417-4213**

12 East Main St.

Norwalk, OH 44308

- The Intensive Outpatient program is an intensive chemical dependency treatment program designed for clients who do not require inpatient or residential care.
- Services include substance abuse assessments, intensive outpatient treatment, medication assisted treatment, individual counseling, aftercare counseling, drug testing, and family support education program.
- Medical staff provides drug testing and monitors the physical condition of clients. Services are provided in both day and evening sessions.
- Cost is based on a sliding fee scale and Medicaid is accepted.
- Note: In-person and telehealth treatment for substance use and mental health disorders, including trauma informed care

## **Firelands Regional Medical Center- Firelands Counseling & Recovery Services | 419-663-3737**

292 Benedict Ave.

Norwalk, OH 44857

- Firelands Regional Medical Center Behavioral Health Services offer a broad range of programs to help adults/youth overcome challenges to their emotional and mental well-being. A licensed professional will guide you or your loved one through a complete assessment to help identify the most challenging problems and then work with you to create an individualized mental health treatment plan to work through those problems.
- Firelands provides outpatient mental health treatment to northern Ohioans with these conditions, including but not limited to:
  - Anxiety disorders
  - Attention Deficit Hyperactivity Disorder (ADHD)
  - Depression
  - Eating disorders
  - Gambling addiction
  - Substance abuse
- Firelands Regional Medical Center accepts Medicaid and Medicare and offers a sliding scale fee based on income for uninsured patients.

## **Mercy Health**

**419-251-1121**

1510 South Conwell Ave.

Willard, OH 44890

- Mercy Health offers an extensive range of outpatient rehabilitation therapies provided by expert health professionals to meet your unique health needs when a health condition or injury keeps you from living life to the fullest.
- Based on your condition, your physician will refer you for appropriate outpatient rehabilitation services. Our Mercy Health team of therapists work to make sure patients receive one-on-one evaluation and treatment designed specifically to alleviate impairment and functional limitations, to promote fitness and to prevent future injuries.

## **Telepsychiatry by: e-Psychiatry**

### **Next Steps:**

Go to [https://www.e-psychiatry.com/intermediate\\_patient\\_new](https://www.e-psychiatry.com/intermediate_patient_new) to schedule an appointment.

- e-Psychiatry offers telepsychiatry to children, adolescents, and adults who are facing depression, anxiety, or other mental health concerns. Consult with a psychiatrist, nurse practitioner, psychologist or therapist today by secure videoconference or phone to discuss your treatment needs and receive initial guidance and care. e-Psychiatry allows you to identify your required and preferred criteria for the providers who respond to your consult request, including the type of provider and age groups they treat, and the reason you need care today.
- Possible services include:
  - Initial consultation
  - Assessment
  - Therapy
  - Medication management
  - Referral to other providers for longer term care
- e-Psychiatry accepts Medicaid and Medicare in most states.
- Note: These are telepsychiatry and teletherapy services you can receive at home via your PC or Mac.

### **Mental Health Crisis – Suicide Intervention**

#### **Firelands Counseling and Recovery Services**

24 hour Crisis Hotline

**1-800-826-1306**

[www.firelands.com](http://www.firelands.com)

- For individuals experiencing a mental health or chemical dependency crisis.

#### **National Suicide Prevention Hotline**

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org) (1-800-273-8255)

**1-800-273-TALK**



# Food Assistance

Huron County

# FOOD ASSISTANCE

## **Norwalk Area Food Bank**

**419-660-1144**

99 Whittlesey Avenue  
Suite C  
Norwalk, OH 44857

- The Norwalk Area Food Bank serves residents in need living in Norwalk and Monroeville. Our food pantry serves everyone from low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, working poor, and anyone else that comes to the pantry.
- Documents required:
  - Photo ID for anyone 18 and older in their household
  - Proof of residence - Photo ID's must have the same address listed
  - Proof of birth required for anyone 18 and younger
- **Eligibility:** This program serves residents of Norwalk and Monroeville. The total household income must be below the set federal guidelines.
- Note: The pantry is open from 10 AM to 12 PM and 1 PM to 3 PM on Tuesdays and Thursdays. Closed on days that Norwalk schools are closed due to inclement weather.

## **The Salvation Army of Northeast Ohio – Norwalk**

**419-668-4090**

55 Whittlesey Ave  
Norwalk, OH 44857

- Our food pantry serves everyone from low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, working poor, and anyone else that comes to the pantry.
- **Eligibility:** Anyone can access this program.
- **Hours:** Monday – Friday: 08:00 AM - 04:30 PM

## **Salvation Army Service Unit of Findlay - Ohio Corps**

**419-933-2954**

313 Crestwood Drive  
Willard, OH 44890

- Our food pantry serves everyone from low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, working poor, and anyone else that comes to the pantry.
- **Hours:** Monday – Friday: 10:00 AM - 03:00 PM

## **Community Action Commission of Erie, Huron & Richland Counties, Inc.**

**419-626-4320**

908 Seavers Way  
Sandusky, OH 44870

- Community Action Commission of Erie, Huron & Richland Counties, Inc., in Sandusky believes that fighting poverty in America starts with implementing community service projects. It is through this initiative that one of the many programs we offer is our Erie County Food Pantry. We serve all who enter our food pantry, as long as they have proper documentation.
- Documents Required:
  - Identification card or Driver's License
  - Income for past 90 days
  - Social security cards for all household members and birth dates

- When visiting our food pantry, please:
  - Have documents ready
  - Complete our food pantry application
  - Complete our CSBG form
- Our income guidelines can be seen on our website. Please contact us for more information and to confirm hours.
- **Eligibility:** Must have documentation complete. Must meet income guidelines.
- **Hours:** Monday – Friday: 08:00 AM – 05:00 PM. Note: We are closed from 11:30 AM - 1:00 PM.

### Senior Enrichment Services - Congregate Meal Program

419-668-6245

315 East Tiffin Street  
Willard, OH 44890

- Congregate meal program serves cafeteria style meals on Monday-Friday, 11:30 a.m. at the Norwalk Center and 11:30-12:30 p.m. at the Willard Center for a suggested \$2 donation. Hot nutritious meals are approved by the Area Agency on Aging.
- **Eligibility:** This program helps people who are older than 59 years old.
- **Hours:** Monday – Friday: 11:30 AM – 12:30 PM

### Food Stamps – SNAP

Households whose gross monthly income is within 130% of the federal poverty level whose resources do not exceed \$2,250 (or \$3500 if at least one household member is age 60 or older, or is disabled). The primary home is not considered as a countable resource but a vehicle may, depending on its value. Resources of SSI or OWF are excluded. Most retirement plans are not counted. For more information, go to: <https://www.fns.usda.gov/snap/eligibility>

#### 2020-21 Income Eligibility

Household Size	Gross Monthly Income	Maximum Monthly Allotment
1	\$1,383	\$204
2	\$1,868	\$374
3	\$2,353	\$535
4	\$2,839	\$680
5	\$3,324	\$807
6	\$3,809	\$969
7	\$4,295	\$1,071
8	\$4,780	\$1,224
Each additional family member, add:	+\$486	+\$153

\*Information obtained from: <https://www.fns.usda.gov/snap/eligibility>

### Huron County Department of Job & Family Services:

1-800-668-5175

185 Shady Lane Drive  
Norwalk OH 44857

Hours: Monday – Friday: 08:00 AM - 04:30 PM



**Senior Enrichment Services - Meals-On-Wheels Program****419-668-6245**

315 East Tiffin Street

Willard, OH 44890

- Meals-on-wheels program delivers noon meals within the city limits of Norwalk. There is no age restriction for this program, but clients should have difficulty preparing a meal for themselves. This is a paid service and participants are asked to pay \$3 per meal. However, lack of ability to pay will not result in loss of service.
- **Hours:** Monday – Friday: 08:00 AM - 03:30 PM

**Senior Enrichment Program - Home Delivered Meals Program****419-668-66245**

315 East Tiffin Street

Willard, OH 44890

- Home Delivered Meals Program delivers meals to any county resident who is 60 years and older during weekdays between 11:30 and 1:00 pm.
- **Eligibility:** The person must be 60 years and older. The resident must be homebound and difficulty preparing their own meal.
- **Hours:** Monday – Friday: 08:00 AM - 03:30 PM

**Ohio District 5 Area Agency on Aging, Inc. (AAA) - Home Delivered Meals**

2131 Park Avenue West

Suite 100

Ontario, OH 44906

<http://www.aaa5ohio.org/contact/>

- Home delivered meals offer many homebound older adults a sense of connection to the outside world. Meal deliverers check on the welfare of the homebound elderly and often become friends. They are trained to report any health or other problems they may notice during their visits.
- The home delivered meal program also works to improve the nutrition of homebound older adults. All meals provide at least one-third of the government's daily-recommended dietary allowances.
- **Eligibility:** This program helps people who are older than 59 years old.
- **Hours:** Monday – Friday: 09:00 AM – 05:00 PM



# Housing Assistance

Huron County

# HOUSING

## **Great Lakes Community Action Partnership:**

**419-668-3073 ext. 8215**

48 Executive Dr.

Norwalk, OH 44857

Hours: Monday – Friday

8:30 am – 5:00 pm

## **Ohio Housing Locator**

[www.ohiohousinglocator.org](http://www.ohiohousinglocator.org)

## **HOMELESS SHELTERS**

### **Catholic Charities Diocese of Toledo – Miriam House**

**419-668-3073**

249 West Main Street

Norwalk, OH 44857

- Miriam House is a transitional housing program that offers housing to homeless women and their children, with a common need for support and resources while they rebuild their lives and prepare for successful transition to permanent housing. Catholic Charities staff help residents identify issues that have contributed to their homelessness.
- Services provided:
  - Safe and stable housing
  - Resources and guidance to rebuild their lives and to develop the skills necessary to regain self-sufficiency and to secure stable, independent housing
- If you are seeking shelter at the Miriam House, please contact us at 419-668-3073 for intake information and more details about the Miriam House.
- **Eligibility:** This program serves homeless women and their children.
- **Hours:** Monday – Friday: 08:00 AM – 05:00 PM

### **Volunteers of America Ohio & Indiana – Crossroads Shelter**

**419-626-6505**

1843 Superior St

Sandusky, OH 44870

- Crossroads shelter provides a safe, temporary refuge for homeless women and men.
- Services provided for women:
  - Emergency housing
  - Hot meals, clothing, case management, nursing clinic and referrals to community resources.
- Services provided for men:
  - Emergency housing
  - Assistance in attaining stable housing
  - Employment assistance
  - Case management and referrals to community resources.
- **Eligibility:** Anyone can access.
- **Hours:** Sunday - Saturday 12:00 AM – 11:45 PM



# Utility, Telephone, and Internet Assistance

Huron County

## UTILITY and PROPERTY TAX ASSISTANCE

### **The Salvation Army of Northeast Ohio – Norwalk**

**419-668-4090**

55 Whittlesey Ave.

Norwalk, OH 44857

- **About:** Our energy assistance program provides financial assistance to those in our community who may be financially struggling, particularly after undergoing unexpected changes such as loss of job and loss of income.
- Services provided:
  - Financial assistance
- Documents required:
  - Proof of income
  - Proof of expenses (utility bills, etc.)
- **Hours:** Monday – Friday: 08:00 AM – 04:30 PM

### **Community Action Commission of Erie-Huron and Richland Counties**

419-668-9823

92 N Prospect

Norwalk, OH 44857

Hours:

Monday - Friday

8:00 am – 4:30 pm

## TELEPHONE and INTERNET ASSISTANCE

### **The Lifeline and Link Up Telephone Assistance Programs**

**1-888-641-8722**

[www.fcc.gov/lifeline](http://www.fcc.gov/lifeline)

- Low-income households may apply for one program:
- A monthly discount on basic local landline telephone service, waiver of installation and deposit fees, and have optional toll blocking and 900/976 blocking at no additional charge

**OR**

- Free Wireless phone service
- Eligibility: household income must be at or below 150% of the federal poverty level or participate in public or state assistance programs including Medicaid, Food Stamps, SSI, Section 8 Housing, HEAP, TANF, or the National School Lunch Program's Free Lunch.
- Contact your local telephone service provider to apply or call USAC at **1-888-641-8722** for more information.

**Access from AT&T**

Discounted Internet

[www.att.com/access](http://www.att.com/access)

855-220-5211 English

855-220-5225 Spanish

- Low-cost home internet for households who participate in SNAP – Supplemental Nutritional Assistance Program (Foodstamps).
- Must not have any outstanding debt for AT&T fixed internet service within the prior 6 months nor any unpaid debt with this program (Access).
- No contract, No deposit, No installation fee
- Plans from \$5 - 10 per month depending on desired internet speed.
- Service not available in all geographic areas. Check online for more information.



# Transportation Assistance

Huron County

# TRANSPORTATION

## **Huron County Transit**

**419-663-3340**

130 Shady Lane

Norwalk, OH 44857

Hours: Monday – Friday

8:30 am – 4:30 pm

- All transportation services are open to the general public
- Reservations are required for all services. **Call 419-668-8821**
- Senior Express: services for county residents 60 and over; rides are donation based

## **Paramount Advantage Transportation**

**1-866-837-9817**

- Provides non-ambulance, non-emergency medical transportation for Paramount Advantage members.
- Limited to 30 one-way or 15 round trips per member, per 12-month period for health care, WIC, or CDJFS (welfare) re-determination appointment.
- Need to provide 48 hours/2 business days' notice when scheduling the transport.
- To schedule a ride, call 1-866-837-9817.

## **CareSource Medical Transportation**

**1-800-488-0134**

- For CareSource Medicaid members only.
- Need to provide 48 hours/2 business days' notice when scheduling the transport.
- Limited to 30 one-way or 15 round trips per member, per 12-month period.

## **United Health Care Comm. Health Plan Transportation**

**1-855-201-8342**

- For United Health Care Medicaid Members only.
- Need to provide 48 hours/2 business days' notice when scheduling the transport.
- Limited to 30 one-way or 15 round trips per member, per 12-month period

## **Buckeye Community Health (Medicaid) Transportation**

**1-866-531-0615**

- For Buckeye Medicaid Members only.
- Need to provide 48 hours/2 business days' notice when scheduling the transport.
- Limited to 30 one-way or 15 round trips per member, per 12-month period.

## **Angel Wheels**

<https://angelwheels.org/#contactus>

A financial need-based program that provides ground travel assistance to medical appointments over 50 miles away in the form of gas cards, bus and train tickets. Assistance is offered nation-wide, and you can find more information about our program on our website.

- If you believe you may qualify, please apply online at <http://angelwheels.org> and click "Request a Trip." We do require a minimum of 10 business days and verification of appointment and financial need. Assistance is based on resource availability. We do not provide rides or ground travel assistance for trips over 300 miles one way. Funding is very limited, so not every request is approved.
- If you need air travel assistance, please apply online at <http://mercymedical.org/request-assistance/>



## Multiple Sclerosis Society

Ohio Buckeye Chapter

1-800-344-4867

- Provides financial assistance for air conditioning units, personal cooling items, medical equipment, scholarships for equestrian and aquatic classes, utility shut-offs, home and vehicle modifications, rent and mortgage, and **transportation to medical appointments**.
- **Must have a M.S. diagnosis.**
- There are no financial criteria but assistance is determined on a case by case basis.

## Kidney Foundation of Northwest Ohio

216-771-2700

<http://kfohio.org/supportiveservices.html>

- Temporary funding to provide transportation to and from dialysis treatments, medications and other emergency situations.
- Contact the dialysis social worker for referral

## Handicapped Parking Placards

- Download application from Ohio BMV website: <http://publicsafety.ohio.gov/links/bmv4826.pdf>
- May also obtain application at the local Ohio Deputy Registrar License Agency:
  - 305 Shady Lane Dr., Norwalk, OH 44857 419-668-8602

## Huron County Veterans Service Commission

419-668-4150

185 Shady Lane Drive

Suite C

Norwalk, OH 44857

- Veterans Service Commission provides veterans with free transportation to the VA medical facilities of Wade Park, Parma, Sandusky, Lorain, and Mansfield.
- Services offered:
  - Transportation to VA medical facilities
- A caregiver, for the purpose of providing aid and attendance to the veteran, may be permitted to ride in the van with the veteran. Notice must be given at the time of reservation.
- To schedule transportation, you must call 48 hours in advance to have your name placed on the list. All transportation is on a first come first serve basis.
- **Eligibility:** Must be a Huron County veteran. Must be ambulatory and able to get in and get out of the van without the assistance of the driver.
- **Hours:** Monday – Friday: 08:30 AM – 04:00 PM



# Safety Services

Huron County

## **SAFETY SERVICES**

**Erie County: Domestic Violence Shelter**

**419-626-2200**

**Richland County: Domestic Violence Shelter**

**1-800-931-7233**

### **VICTIM ASSISTANCE PROGRAMS:**

#### **Huron County Prosecutor's Office**

12 East Main Street

Norwalk, OH 44857

**419-663-3839**

- Provides assistance and support to victims of violent crime.
- Provides education to victims regarding their rights.
- Escorts victims to court hearings/proceedings
- Educates victims on court procedures and etiquette.
- Provides employer interventions, crisis counseling, and referrals for long-term counseling.
- Notifies victims of court dates, continuance, motions for early release, and parole hearings.
- Assists victims to file for financial compensation under Ohio's Crime Victim Compensation Program.

#### **The Ohio Victims of Crime Compensation Program**

**1-877-584-2846**

Attorney General's Office

**1-800-582-2877**

Columbus, Ohio

[www.ohioattorneygeneral.gov/victimscompensation](http://www.ohioattorneygeneral.gov/victimscompensation)

- This programs offers compensation to innocent victims of violent crime for out-of-pocket and unreimbursed expenses resulting from the crime.

#### **The Ohio Domestic Violence Network**

**1-800-934-9840**

[www.odvn.org](http://www.odvn.org)

#### **National Domestic Violence Hotline**

**1-800-799-SAFE (7233)**

### **PROTECTIVE SERVICES:**

#### **Adult Protective Services**

**419-668-8126**

Dept. Of Job and Family Services

185 Shady Lane Dr.

Norwalk, OH 44857

- Investigates reports of abuse, neglect (by self or others) and exploitation of older adults, age 60 or older. Referrals can be made by any concerned parties.

#### **Child Protective Services**

**419-668-8126**

Dept. Of Job and Family Services

185 Shady Lane Dr.

Norwalk, OH 44857

- Investigates reports of child abuse and neglect; provides protective services to children who are at risk for abuse and or neglect.

### **Huron County Board of Developmental Disabilities**

306 S. Norwalk Road  
Norwalk, OH 44857

**419-668-8840**

<https://www.huronddd.org>

- Investigates reports of abuse and neglect of developmentally disabled individuals and provides protective services to those who are at risk for abuse and or neglect.

### **Long Term Care Ombudsman**

Ohio District 5 Area Agency on Aging, Inc. – Ombudsman  
2131 Park Ave. West, Suite 100  
Ontario, OH 44906

**1-800-860-5799**

“Ombudsmen field complaints about long-term care services, voice clients' needs and concerns to nursing homes, home health agencies, and other providers of long-term care. While they do not "police" nursing homes and home health agencies, they work with the long-term care provider and you, your family, or other representatives to resolve problems and concerns you may have about the quality of services you receive” (Source: Ohio Department of Aging Website)

## **SENIOR SAFETY PROGRAMS:**

### **Enrichment Centers for Huron County**

130 Shady Lane Drive, Unit C  
Norwalk, OH 44857

**419-668-6245**

- Provide services, activities, programs and information designed to enrich and enhance the quality of life for seniors, and to help senior enjoy independent living.

## **SENIOR RESOURCES**

### **Telephone Safety Calls**

Referred individuals are called daily to check on their safety. Some programs also offer medication reminders. If the person does not answer the phone, the family is called or police are notified.

Updated 1.21.19

- |                                 |              |
|---------------------------------|--------------|
| • Telecare – American Red Cross | 440-324-2929 |
| • Norwalk Police Department     | 419-663-6780 |
| • Monroeville Police Department | 419-465-2345 |
| • Wakeman Police Department     | 440-839-2511 |
| • Greenwich Police Department   | 419-752-2681 |
| • New London Police Department  | 419-929-3504 |
| • Willard Police Department     | 419-933-2561 |

### **Retired Senior Volunteer Program RSVP**

**419-448-1530**

## **ADDITIONAL SENIOR SERVICES**

### **United Way – Dial 211**

2 E. Seminary St.  
Norwalk, OH 44857

**419-668-0269**

- Service that can answer any question you have about specific free resources in the community related to health, social services or other areas of need. Just call and ask!

### **Area Agency on Aging, Inc.**

2121 Park Ave. West  
Ontario, OH 44906

**800-860-5799**

- Assistance for finding programs for seniors, including identifying a senior center near you, as well as finding additional free resources and services in your community

### **Good RX**

**1-855-268-2822**

- A resource for discounted prescriptions

### **Silver Sneakers**

- Visit the following website <https://www.silversneakers.com/join-in/> to see if you are eligible and find a location near you!
- FREE Fitness program for seniors on Medicare-partnered with local gym and fitness centers.

### **AARP**

Ohio Office, 17 S. High St., Ste. 800,  
Columbus 43215

[www.aarp.org](http://www.aarp.org)

- AARP is dedicated to enhancing the quality of life for all as we age.

## **CONSUMER PROTECTION SERVICES:**

### **Legal Aid of Western Ohio**

109 W. Water Street  
Sandusky, OH 44870

**1-888-534-1432**

### **Attorney General of Ohio**

Consumer Protection Office

**1-800-282-0515**

- Deals with issues of consumer fraud

### **Do-Not-Call Registry**

[www.donotcall.gov](http://www.donotcall.gov)

**888-382-1222**

- Anyone can register their home, cell, fax and pager numbers with the Federal Government “Do-Not-Call Registry” to help prevent unwanted calls from telemarketers for five years.



# Financial Assistance

Huron County

**Community Center****419-668-4090**

The Salvation Army of Northeast Ohio - Norwalk  
55 Whittlesey Ave.  
Norwalk, OH 44857

- Provides services to those at risk and in need of financial, social service, and spiritual support
- Services provided: community care ministry, women's and men's group, coats for others, miracle kitchen, Christmas assistance, thanksgiving banquet-in-a-box

**Ohio Benefits Bank** – is no longer in business. The Ohio Department of Job and Family Services (ODJFS) Ohio Benefits System is still available as an option for clients to apply for healthcare, food assistance, and cash benefits. <https://benefits.ohio.gov/>

**Huron County Department of Job and Family Services****419-668-4738**

185 Shady Lane Dr.  
Norwalk, OH 44857

**Community Action Commission****419-668-9823**

92 N. Prospect  
Norwalk, OH 44857

**OSU Extension Office****419-898-3631**

180 Milan Ave.  
Norwalk, OH 44857

**Budgeting Education/Consumer Credit Counseling****1-800-355-2227**



# Child Care Assistance

Huron County



## CHILD CARE

### **Dept. Of Job and Family Services**

**419-668-4738**

185 Shady Lane Dr.

Norwalk, OH 44857

- Day care assistance is available while you work or go to school.
- Income Criteria: 130% poverty level

### **Search for Early Care and Education Programs**

<http://childcaresearch.ohio.gov/>

- Database of private and facility daycare providers approved by Job and Family Service
- Input zip code and preferences to find all providers in the area with openings

### **Child Care Resource Center**

**1-800-526-5268**

5350 Oberlin Ave. #2

Lorain, OH 44053

### **Gerken Head Start**

**419-668-8387**

120 Shady Lane Dr.

Norwalk, OH 44857

### **League Street Head Start**

**419-663-2623**

11 E. League St.

Norwalk, OH 44857



# Substance Abuse Assistance

Huron County

# **SUBSTANCE ABUSE: ALCOHOL AND DRUG TREATMENT**

<b>Alcoholics Anonymous</b>	<b>419-380-9862</b>
<b>Al-Anon and Al-A-Teen</b>	<b>1-888-425-2666</b>
<b>Cocaine Anonymous</b>	<b>419-385-9000</b>
<b>Narcotics Anonymous <a href="http://www.naohio.org">www.naohio.org</a></b>	<b>818.773.9999 Ext. 771</b>

## **North Central Ohio Alcoholics Anonymous- Recovery Literature Room** **419-625-5995**

3416 Columbus Ave.  
Sandusky, OH 44870

- Recovery education
- Connection to recovery community
- Serves Erie, Huron, Ottawa, Sandusky, and Seneca Counties

## **Rigel Recovery Services** **216-417-4213**

12 East Main Street  
Norwalk, OH 444857

- Chemical dependency treatment program for clients who do not require inpatient or residential care
- Services are provided in both day and evening sessions

## **Family Life Counseling** **567-560-3584**

34 Woodlawn Ave.  
Norwalk, OH 44857

- Addiction services to adults aged 18 and older who are suffering with substance disorder
- Services include case management, counseling, referral, and crisis intervention

## **Firelands Counseling Services** **419-663-3737**

292 Benedict Ave.  
Norwalk, OH 44857

- The AOD counselors at Firelands Counseling and Recovery Services provide a complete continuum of treatment and prevention services to help individuals and families establish and maintain abstinence from alcohol and other drugs. Services are available for adults, adolescents and their families.
- Firelands addresses the whole person offering treatment services, employment services and linkage to community resources to meet needs such as food, clothing, and access to entitlements and more. We offer:
  - Assessment and individualized treatment planning
  - Case management
  - Community and professional education
  - Continuing care

- Family sessions and family support
- Hotline and crisis services
- Individual and group counseling
- Assessment & Referral to detox services

**Bay Shore Counseling**

1634 Sycamore Line  
Sandusky, OH 44870

**419-626-9156**



# Furniture, Appliances & Clothing

Huron County

## **FURNITURE, APPLIANCES & CLOTHING**

### **Norwalk Goodwill**

295 Milan Ave.  
Norwalk, OH 44857

**419-668-4205**

### **Firelands Habitat for Humanity – ReStore**

7602 Milan Rd.  
Sandusky, OH 44870

### **Huron County Clothing Bank**

51 Benedict Ave.  
Norwalk, OH 44857

**419-668-6977**

## 2021 Poverty Guidelines

For the 48 Contiguous States and the District of Columbia

2021 Poverty Guidelines for the 48 Contiguous States and the District of Columbia*	
1	\$12,880
2	\$17,420
3	\$21,960
4	\$26,500
5	\$31,040
6	\$35,580
7	\$40,120
8	\$44,660
<i>For families/households with more than 8 persons, add \$4,540 for each additional person.</i>	

Source: <https://aspe.hhs.gov/poverty-guidelines>