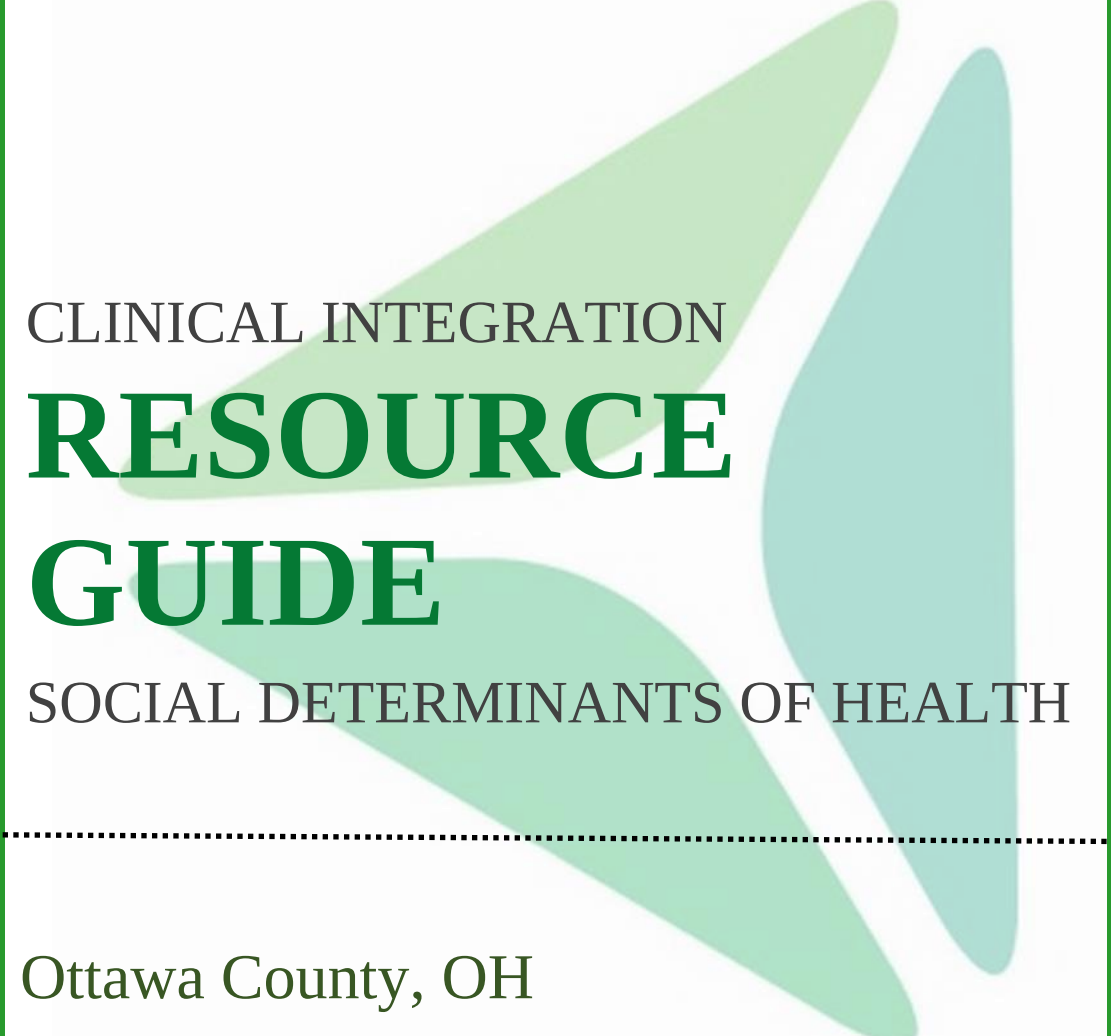




CLINICAL INTEGRATION **RESOURCE GUIDE**

SOCIAL DETERMINANTS OF HEALTH

Ottawa County, OH

This resource list is not exhaustive and the information contained here-in, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.

Updated 03/23



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Alcohol & Substance Abuse Treatment

ALCOHOL & SUBSTANCE ABUSE TREATMENT

NATIONAL RESOURCES

Al-Anon and Al-A-Teen

888-425-2666

<https://al-anon.org/>

- Al-Anon meetings are a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives. Local: 419-967-9550

Alcoholics Anonymous

https://aa.org/pages/en_US/find-aa-resources

- Alcoholics Anonymous (AA) meetings are an international fellowship of men and women who have had a drinking problem. There are no age or education requirements. Membership is open to anyone. Local number 419-625-5995

Narcotics Anonymous

800-587-4232

www.naohio.org

- A nonprofit fellowship or society of men and women for whom drugs had become a major problem. Recovering addicts who meet regularly to help each other stay clean.

OHIO - STATE RESOURCES

Cocaine Anonymous

800-347-8998

www.caohio.org/toledo

- Cocaine Anonymous are meetings of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from their addiction.

Narcotics Anonymous

800-587-4232

www.naohio.org

- Free public meetings of men and women who share and help others to recover from their drug addiction. Call or visit website for NW Ohio meeting schedule

OTTAWA COUNTY

Bay Shore Counseling

419-734-5536

www.bayshorecs.org

304 Madison St.

Port Clinton, Ohio 43452

- Provides a complete range of outpatient mental health and recovery services for adults, adolescents, children and their families, including medication services.

Lighthouse Sober Living

419-967-9550

<http://www.lighthousesoberliving.org/>

515 East 5th Street, P.O. Box 24

Port Clinton, Ohio 43452

- A non-profit organization that provides recovery housing for residents of Ottawa and Erie Counties.



Behavioral Health

BEHAVIORAL HEALTH

NATIONAL RESOURCES

Letters Against Depression

<http://www.lettersagainst.org/>

- Request a supportive letter be sent to you to encourage you in your mental health journey. You can also volunteer to write a letter.

National Suicide and Crisis Lifeline – dial this number from any phone **988**

www.988lifeline.org

National Suicide Prevention Hotline

www.suicidepreventionlifeline.org

800-273-TALK

800-273-8255

- Toll-free Crisis Hotline 24/7

The National Alliance of Mental Illness - NAMI

419-515-6930

<http://www.nami.org/>

- Family oriented support, education and advocacy organization. The goal is to improve the lives of children, adolescents and adults who have mental illness and to support their families.

OHIO - STATE RESOURCES

OTTAWA COUNTY

Bay Shore Counseling

419-734-5536

www.bayshorecs.org

304 Madison St.

Port Clinton, Ohio 43452

- Outpatient behavioral health and substance abuse counseling services and medication management for all ages.

CHOICES Behavioral Health Care

419-960-4009

<https://choicesbhc.com/>

126 E. Perry St.

Port Clinton, Ohio 43452

- Outpatient behavioral health and substance abuse counseling services and medication management for all ages.

Firelands Counseling and Recovery

800-826-1306

Services 24 Hour Crisis Hotline

<https://www.firelands.com/care-treatment/behavioral-health/mental-health-hotline/>

- Toll-free 24-hour Crisis Hotline (24/7)

Firelands Counseling Services

419-734-2942

<https://www.firelands.com/locations/profile/counseling-recovery-services-port-clinton/>

335 Buckeye Blvd.

Port Clinton, OH 43452

- Provides inpatient and outpatient mental health, alcohol and drug treatment, including gambling addiction treatment.

The National Alliance of Mental Illness - NAMI

419-334-8021

www.namissw.org

428 Croghan Street

Fremont, OH 43420

- Family oriented support, education and advocacy organization. The goal is to improve the lives of children, adolescents and adults who have mental illness and to support their families.

The Oak House

419-734-4417

www.oakhouse-pc.org

62 Grande Lake Dr.

Port Clinton, Ohio 43452

- A psycho-social rehabilitation center in a clubhouse environment serving adults in the Ottawa and Erie Counties who are recovering from a mental illness.

LUCAS COUNTY

The Cullen Center - Ebeid Children's Hospital

419-291-7919

www.promedica.org

2150 W. Central Ave.

Toledo, Ohio 43606

- An outpatient program of the Toledo Children's Hospital that provides state-of-the-art trauma focused treatment for children who have experienced psychological trauma

Ebeid Children's Hospital Child Psychiatric Services

419-291-8850

www.promedica.org

2142 N. Cove Blvd.

Toledo, Ohio 43606

- Inpatient psychiatric treatment for children age 6 – 17. Services include cognitive therapy, group psychotherapy, psycho-education groups, and partial hospitalization program.

The University of Toledo Geriatric Psychiatry Services

419-383-4000

<http://utmc.utoledo.edu/>

3000 Arlington Ave.

Toledo, Ohio 43609

- Psychiatric treatment for adults over 50. Services include inpatient and outpatient care.



Child Care Assistance

CHILD CARE ASSISTANCE

OHIO - STATE RESOURCES

Child Care- Ohio Department of Education/Jobs and Family Services- Head Start Programs

<http://childcaresearch.ohio.gov/>

- This system will help you locate the type of early care and education program that meets your needs. You also can learn more about programs' licensing status, Step Up to Quality rating, and inspection results. Note: only Head Start programs are always free to qualifying families who qualify.

Ottawa County

Department of Jobs and Family Services

419-898-3688

<http://ottawacountyjfs.org/>

8043 W. State Route 163, Suite 200

Oak Harbor, OH 43449

- Partially covers child care costs for low income parents.

GLCAP Child Development

419-734-2652

<https://www.glcap.org/programs/child-care-education/>

1854 E. Perry St.

Port Clinton, OH 43452

- Offers infant and toddler care. Provides no-cost options for families based on income eligibility.



Educational Assistance

EDUCATIONAL ASSISTANCE

NATIONAL RESOURCES

General Equivalency Diploma (GED) Resources

<https://ged.com/>

- Online High School Equivalency education and testing.

Parent Mentor Program

<https://www.ocecd.org/ParentMentorsofOhio.aspx>

- Support network for parents of children with disabilities.

OHIO-STATE RESOURCES

OTTAWA COUNTY

General Equivalency Diploma (GED) Classes

419-707-8605

Ottawa County Community Action Partnership

<https://www.glcap.org/programs/homeless-assistance/community-resources/ottawa-county-community-resources/>

8043 W. State Route 163, Suite 200

Oak Harbor, Ohio 43449

- GED classes, and other resources

General Equivalency Diploma (GED) Resources

419-707-8605

Ohio Means Jobs

<https://jobseeker.ohiomeansjobs.monster.com/AdultLearning/Home.aspx>

8043 W. State Route 163

Oak Harbor, Ohio 43449

- Provides job training and a new pathway for adults, ages 22 or older, to earn a high school diploma AND industry credentials aligned to one of Ohio's in-demand jobs

Ottawa County Board of Developmental Disabilities

419-898-0400

<https://www.ocbdd.org/>

235 N. Toussaint South Rd.

Oak Harbor, Ohio 43449

- This Board provides educational, employment and support services to children and adults of all ages, who have developmental disabilities. Services are provided in early childhood programs, schools, sheltered workshop, private day habilitation agencies and in a variety of other settings where support is needed.

Ottawa County Office- Ohio State University Extension

419-898-3631

<https://ottawa.osu.edu/home>

240 W. Lake St., Unit C

Oak Harbor, Ohio 43449

- 4H and educational programs for family/consumers, gardening, agriculture and SNAP Ed.

**Vanguard- Sentinel Adult Career and
Technology Centers- Aspire Program**

419-334-6901 ext. 2700

<https://www.vsccl12.oh.us/aspire/>

8043 W. State Route 163

Oak Harbor, Ohio 43449

- Basic skills classes, free of charge and available to everyone. Classes focus on improving reading, math, writing, science and social studies skills. They are appropriate for anyone preparing to take the HSA (High School Equivalency) test.



Employment & Job Training

EMPLOYMENT & JOB TRAINING.

NATIONAL RESOURCES

AARP Foundation Senior Employment (Phone support only)

<https://www.aarp.org/aarp-foundation/our-work/income/scsep/info-2014/aarp-foundation-scsep-locations.html>

Senior employment opportunities

Government Jobs - Veteran's Administration

www.va.gov/jobs

- Job opportunities for veterans

Indeed - Online Job Search

www.indeed.com

- Online job posting sites for a variety of employers.

Monster - Online Job Search

<https://www.monster.com>

- Online job search

National Rehabilitation Information Center

800-346-2742

www.NARIC.com

- Online database of disability resources including employment, financial assistance, health information, mental health, legal assistance, and more.

OHIO - STATE RESOURCES

OTTAWA COUNTY

Goodwill Industries of Erie, Huron, Ottawa, and Sandusky Counties

419-334-7566

<https://www.goodwillsandusky.org/>

1597 Pontiac Ave.

Fremont, Ohio 43420

- Goodwill's mission is to provide employment services to individuals with a disability or disadvantaging conditions to achieve their highest level of personal, social and economic independence.

Great Lakes Community Action Partnership
Ready to Work Youth Program

419-707-8634

<https://www.glcap.org/programs/job-training-placement/youth-young-adult-employment/>

8043 W. State Route 163

Oak Harbor, Ohio 43449

- Youth and young adult employment programming assists young adults in Erie, Ottawa and Sandusky counties with educational and occupational training, case management and supportive services. Other services may include mentoring, leadership courses and other needs.

Ohio Means Jobs - Ottawa County

800-665-1677

<https://jobseeker.ohiomeansjobs.monster.com/>

419-707-8605

8043 W. State Route 163, Suite 200

Oak Harbor, Ohio 43449

- Ohio jobs search website.

TDH Enterprises, Inc.

419-732-1420

www.tdhenterprises.com

1848 E. Perry St., Suite 60

Port Clinton, Ohio 43452

- Vocational rehab and assistance in finding employment for people with disabilities.



Financial Resources

FINANCIAL RESOURCES

NATIONAL RESOURCES

2023 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA	
Persons in family/household	Poverty guideline
1	\$14,580
2	\$19,720
3	\$24,860
4	\$30,000
5	\$35,140
6	\$40,280
7	\$45,420
8	\$50,560
For families/households with more than 8 persons, add \$5,140 for each additional person.	

AARP

<https://states.aarp.org/ohio/>

- Education and discounted programs for seniors.

Access for AT&T

<https://m.att.com/shopmobile/internet/access/>

- AT&T is offering low-cost wireline home Internet service to qualifying households: with at least one resident who participates in the SNAP, with an address in AT&T's 21-state service area, at which we offer wireline home Internet service, and, without outstanding debt for AT&T fixed Internet service within the last six months or outstanding debt incurred under this program.

Association for Child Support Enforcement (ACES)

<https://www.divorcesource.com/ds/encyclopedia/aces-association-for-children-for-the-enforcement-of-support--1659.shtml>

- Assists disadvantaged children affected by parents who fail to meet their legal, moral and financial obligations to support them (assistance with obtaining legal child support).

Consumer Credit Counseling

<https://www.glcap.org/>

- Budgeting education and debt services.

Government Jobs - Veteran's Administration

www.va.gov/jobs

- Job opportunities for veterans

National Council on Aging - "Benefits Check-Up"

<https://www.benefitscheckup.org/about-us/>

- A comprehensive, free online tool that connects older adults with benefits they may qualify for.

National Rehabilitation Information Center

<https://naric.com/>

- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

OHIO - STATE RESOURCES

AARP

<https://states.aarp.org/ohio/>

- Education and discounted programs for seniors.

Columbia Gas - Medical Extension

<https://www.columbiagasohio.com/bills-and-payments/financial-support/shutoff-and-reconnect-process>

- Delayed shutoff of gas for up to 30 days with medical professional signed application.

Columbia Gas Warm Choice Program - Ground Level Solutions (GLS)

<http://www.groundlevelsolutions.org/content/warmchoice%C2%AE-program>

- NO-COST energy assistance program designed to increase the energy efficiency of homes owned or occupied by income-eligible Ohioans.

Diocese of Toledo - St. Vincent De Paul Society

419-244-6711

<https://toledodiocese.org/>

- Most Catholic churches have a charitable organization called St. Vincent De Paul Society that assists with meeting the needs of community members, such as rent or utilities. Contact the Toledo Diocese to find your nearest Catholic church to inquire if they have an organization.

HEAP Summer Crisis Program (Emergency Utility Assistance)

https://www.development.ohio.gov/is/is_heap.htm

- Summer utility assistance.

HEAP Winter Crisis Program (Emergency Utility Assistance)

https://www.development.ohio.gov/is/is_heapwinter.htm

- Winter utility assistance.

Lifeline and Link Up Telephone Assistance Programs

<https://www.fcc.gov/consumers/guides/lifeline-support-affordable-communications>

- The FCC's program to help make cell phone, internet and home phone services more affordable for low-income consumers.

Northwestern Ohio Community Action Commission

419-784-5136

1933 E. Second St.

Defiance, Ohio 43512

<https://www.nocac.org/emergency-services/emergency-assistance-additional-assistance/>

- Utility customers with a hardship or within 200% poverty guidelines may be eligible for utility assistance.
- Must have applied for all other available assistance.

Ohio Benefits (previously Ohio Benefits Bank)

<https://benefits.ohio.gov/>

- Assist people in determining what state benefits they are qualified for.

Ohio Dept. of Job and Family Services

<https://jfs.ohio.gov/>

- Job & Family Services provides services such as food, cash, medical, childcare and transportation assistance.
- We also provide services such as child/elderly abuse/neglect reporting and investigation, adoption, and foster care.
- Our child support department assist with paternity and support order establishment, enforcement of cases and location of absent parents.

PIPPS Plus

800-282-0880

https://development.ohio.gov/is/is_pipp.htm

- Assists income eligible individuals to manage their utility bills.
- Cost is based on a percentage of household income. Additional requirements apply, see website for details.

ProMedica Hospitals Financial Assistance

844-373-0871

<https://www.promedica.org/pay-my-bill/financial-assistance>

- ProMedica Health System hospitals offer financial assistance to people who need emergency and other care that a doctor believes is necessary.
- You may be eligible for free or discounted care if you meet the requirements. Patients may be required to apply, provide income information, and meet eligibility requirements.

The Salvation Army of Northwest Ohio

419-241-1138

Lucas, Wood, Ottawa, Fulton, and Henry Counties

<https://neo.salvationarmy.org/northeastohio/NWOASWeAre>

- Northwest Ohio county services are offered for emergency situations and include utility, rental, gasoline, prescription, and food assistance. Call for availability of funds. Christmas help is also offered. Use extension 118.



Food Assistance

FOOD ASSISTANCE

NATIONAL RESOURCES

Area Agency on Aging - 1B

800-852-7795

<https://aaa1b.org/>

- Senior services including meals, chores, visitation and healthcare - by county

Food Assistance Program (FAP) Group

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html

- Food access for low-income families who are eligible.

Meals on Wheels

<https://www.mealsonwheelsamerica.org/>

- Home delivered meals for qualifying individuals.

Mom's Meals

877-508-6667

<https://www.momsmeals.com/health-plans/>

- Home delivered meals - must have pre-approval from Medicare or Medicaid for no cost options.

SNAP/Food Stamps

877-644-6338

www.fns.usda.gov

- Supplemental Nutrition Assistance Program - monthly food stamps based on income and documented family members.

2023 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA	
Persons in family/household	Poverty guideline
1	\$14,580
2	\$19,720
3	\$24,860
4	\$30,000
5	\$35,140
6	\$40,280
7	\$45,420
8	\$50,560
For families/households with more than 8 persons, add \$5,140 for each additional person.	

OHIO - STATE RESOURCES

Area Office on Aging of Northwest Ohio

800-472-7277

- Call for senior meal sites and times.

Ohio District 5 Area Agency on Aging, Inc.

www.aaa5ohio.org

- Senior services including meals, chores, visitation and healthcare - by county.

Ohio Food Pantries

<https://www.foodpantries.org/st/ohio>

- Ohio food pantry locator by city. Online only.

Homestyle Direct Meals

866-735-0921

<https://www.homestyledirect.com/medicaid/>

- Medicaid waiver needed for free meals for those who qualify through Medicaid.

Meals on Wheels

419-898-6459

<https://www.mealsonwheelsamerica.org/>

- Senior services including: home delivered meals and food assistance.

OTTAWA COUNTY

Jerusalem Township Food Pantry

419-836-1210

<https://twp.jerusalem.oh.us/community/>

9501 Jerusalem Rd.

Curtice, Ohio 43412

- The Food Pantry operates on the second Wednesday of the month from 9-11 a.m. On food pantry day, there is a nurse on site to provide mini check-ups for its patrons.

Grace Lutheran Church Food Pantry

419-862-3630

Elmore Ministerial Association

<https://www.graceelconline.org/about-us>

19225 Witty Rd.

Elmore, Ohio 43416

- Open for drive thru, 2nd Friday of the month for Elmore residents only. ID may be required. Hours are from 9am-12pm.

Genoa Area Community Food Pantry

419-341-0913

Christ Community Church

<https://www.facebook.com/GenoaFoodPantry>

303 W. Fourth St.

Genoa, Ohio 43430

- The Food Pantry is open the third Saturday of each month from 10 a.m.–1 p.m.

Elliston Zion United Methodist Church-The Light Food Pantry **419-341-0913**

https://www.ellistonzion.com/mod/schedule/view.php?event_id=243&event_date=2020-03-11&instance_id=268

18045 W. William St.

Graytown, Ohio 43432

- This Pantry will be open to Ottawa County residents. Food Pantry hours will be on the 2nd Wed of each month from 5-7 p.m. and on the 4th Saturday of the month from 10 a.m.-Noon. Other hours are available upon request/urgent need.

Church of Truth Ministries - Nana's Food Pantry

419-732-2399

<https://www.churchoftruthministries.org/resale-pantry/>

745 S. Lake Rd.

Gypsum, Ohio 43433

- Nana's Food Pantry open Mondays and Wednesdays 11:30 a.m.-1 p.m.

Seed Faith Missions Food Pantry

419-732-2399

<https://www.facebook.com/seedfaithfoodpantry>

974 S. Lake St.

Gypsum, OH 43433

- The Food Pantry is open the third Saturday of each month from 10 a.m.–1 p.m.

Dept. Job and Family Services

419-898-3688

<https://ottawacountyjfs.org/>

8046 W. State Route 163, Suite 200

Oak Harbor, Ohio 43499

- Food pantry - ID may be required at any food pantry. Call for hours.

Oak Harbor Alliance Chapel - Food Pantry

419-898-7165

<https://www.oakharboralliance.com/ministries#h.rfievh5dsyan>

11805 State Route 105

Oak Harbor, Ohio 43449

- The food pantry is open every Wednesday of the month from 2-6 p.m.

Oak Harbor Food Pantry - St. Paul United Church of Christ **419-898-0852**

<http://stpauluccoh.org/>

165 N. Toussaint St

Oak Harbor, Ohio 43449

- The Benton Carroll Salem Food Pantry, located at St. Paul UCC, is open Mondays & Wednesdays from 8:30-11:30 a.m.

Ottawa County Senior Resources - Area Office on Aging **419-898-2800**

<https://www.areaofficeonaging.com/programs>

8180 W. State Route 163

Oak Harbor, Ohio 43449

- Senior services including: home delivered meals, food assistance, home care, Alzheimer's daycare and respite services, transportation, farmer's market coupons, Medicare Part D help, and ProJect Lifesaver.

Seniors' Farmer's Market Nutrition Program **419-898-2800**

(Area Office on Aging- Ottawa County Senior Resources)

<https://areaofficeonaging.com/programs>

8180 W. State Route 163

Oak Harbor, Ohio 43449

- Provides \$50 worth of coupons to eligible adults 60 years of age or over to purchase locally grown, fresh fruits, vegetables, herbs and honey from local farmers.

Shoreline Church Food Pantry **419-898-6700**

<https://www.theshorelinechurch.net/>

769 N. Locust St.

Oak Harbor, Ohio 43449

- Monthly food box distribution, 3rd Fri. of the month. Must call to be registered (if not already)

St. Vincent De Paul Society Food Pantry **419-732-1780**

233 W. Second St.

Port Clinton, Ohio 43452

- Food pantry - ID may be required at any food pantry. Call for hours.



Health Services

HEALTH SERVICES

NATIONAL RESOURCES

Good Rx - Pharmaceutical Assistance Program

www.goodrx.com/

- Prescription price comparisons and free coupons.

Healthcare Marketplace

800-318-2596

www.healthcare.gov

- Health Insurance for uninsured Americans with cost based on income. Eligibility Criteria: must live in the United States, must be a U.S. citizen or national (or be lawfully present), cannot be incarcerated, not eligible for Medicare.

The Healthwell Foundation

800-675-8416

www.healthwellfoundation.org

- Helps individuals with health insurance pay their out-of-pocket costs for prescribed medications that treat certain diagnoses/diseases. For a list of approved diagnoses/disease, call directly or refer to the website.

MAT – Medicine Assistance Tool

<https://medicineassistancetool.org/>

- Search engine for patient assistance resources available through the biopharmaceutical industry.

Medicaid Consumer Hotline

800-324-8680

<https://medicaid.ohio.gov/CONTACT>

- Medicaid sponsored contacts for applications, cards, and non-emergency transportation.

Medicare Part D Drug Plan

800-633-4227

www.medicare.gov

- Medicare drug plans to decrease cost of medications.

National Rehabilitation Information Center

800-346-2742

<https://naric.com/>

- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

Needy Meds - Pharmaceutical Assistance Program

800-503-6897

<https://www.needymeds.org/>

- Pharmaceutical patient assistance for low-income individuals with no prescription coverage.

Rx Assist – Pharmaceutical Assistance Program

<https://www.rxassist.org/>

- Pharmaceutical patient assistance for low-income individuals with no prescription coverage.

The Healthwell Foundation

800-675-8416

www.healthwellfoundation.org

Helps individuals with health insurance pay their out-of-pocket costs for prescribed medications that treat certain diagnoses/diseases. For a list of approved diagnoses/disease, call directly or refer to the website.

OHIO - STATE RESOURCES

Dental Options

888-765-6789

https://www.needhelppayingbills.com/html/dental_options_ohio_dental_car.html

- Volunteer dentists provide dental care on a sliding scale fee scale to patients in need. Fees are based on your income and certain health conditions.
- You must be able to pay some money at the time of each appointment.

Healthy Start Medicaid

https://benefitsapplication.com/program_info/OH/Ohio%20Healthy%20Start%20-%20Childrens%20Health%20Insurance%20Program

- The Children's Health Insurance Program (CHIP) in Ohio, known as Healthy Start, provides health insurance coverage to eligible families with children for free or at a low cost. Babies, children, and teenagers who are below 19 years old, as well as pregnant women, may qualify to receive medical services.

Kidney Foundation of NW Ohio

419-329-2196

www.kfnwo.org

3100 Central Ave., Suite 150
Toledo, OH 43606

- Financial assistance, medical transportation, prescription assistance and medical equipment for individuals with kidney disease. Allen, Auglaize, Crawford, Defiance, Fulton, Hancock, Hardin, Henry, Logan, Lucas, Mercer, Ottawa, Paulding, Putnam, Sandusky, Seneca, Van Wert, Williams, Wood, Wyandot counties.

Medicaid Consumer Hotline

800-324-8680

<https://medicaid.ohio.gov/CONTACT>

- Medicaid sponsored contacts for applications, cards, and non-emergency transportation.

National Multiple Sclerosis Society - Ohio Buckeye Chapter 419-897-9533

<https://www.nationalmssociety.org/Chapters/OHA>

MS Navigators connect people with MS to information, resources and support.

OTTAWA COUNTY

Community Support Services - Sutton Center

419-734-9494

<https://www.cssottawa.org/services>

1848 E. Perry St., Suite 60

Port Clinton, Ohio 43452

- Information and referrals, prescription cost assistance and vision referrals

Magruder Hospital

419-734-3131

<https://www.magruderhospital.com/>

615 Fulton St.

Port Clinton, Ohio 43452

- Full service inpatient hospital including a 24/7 emergency department and outpatient testing and services.

Ottawa County Board of Health

419-734-6800

<http://www.ottawahealth.org/index.asp?id=1>

1856 E. Perry St., Suite 300

Port Clinton, Ohio 43452

- Assists with home health care, children with medical handicaps, immunizations, well child care, TB testing, sexually transmitted disease, WIC food program (for Women with Infants and Children) and seasonal flu. Physician and dental options available.

SANDUSKY AND WOOD COUNTY

ProMedica Bay Park Hospital

419-690-7900

<https://www.promedica.org/location/promedica-bay-park-hospital>

2801 Bay Park Dr.

Oregon, Ohio 43616

- Full service inpatient hospital including a 24/7 emergency department and outpatient testing and services.

ProMedica Memorial Hospital

419-332-7321

<https://www.promedica.org/location/promedica-memorial-hospital>

715 S. Taft Ave.

Fremont, Ohio 43420

- Full service inpatient hospital including a 24/7 emergency department and outpatient testing and services.



Housing Assistance

HOUSING ASSISTANCE

NATIONAL RESOURCES

HUD Resource (Housing) Locator

<https://resources.hud.gov/#>

- Low-income housing locator.

OHIO - STATE RESOURCES

Ohio Housing Locator

877-428-8844

www.ohiohousinglocator.org

- A free, statewide service to list and search for Ohio rental housing, including units that are affordable, accessible, serve seniors, lead safe, and more.

USDA Rural Development

419-422-0242 Ext. 4

<https://www.rd.usda.gov/oh>

7868 County Rd. 140

Findlay, Ohio 45840

- USDA RD offers loans, grants and loan guarantees to help create jobs and support economic development and essential services such as housing; health care; first responder services and equipment; and water, electric and communications infrastructure. We promote economic development by supporting loans to businesses through banks, credit unions and community-managed lending pools. We offer technical assistance and information to help agricultural producers and cooperatives.

U.S. Department of Agriculture Single Family Housing Loan and Repair

419-422-0242

<https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants>

Allows income eligible people to purchase a qualifying home in a rural area at a low interest rate financed through USDA. Another program allows for income eligible homeowners to receive a low-interest loan or grant for home repair, improve, or modernization.

OTTAWA COUNTY

Cherry St. Mission

419-214-3007

<https://cherrystreetmission.org/>

1501 Monroe St.

Toledo, OH 43604

- Temporary shelter for those who need it. Open 24 hours a day.

Cross Roads/Volunteers of America Crossroads

419-626-6505

<https://www.voahin.org/crossroads>

1843 Superior St.

Sandusky, Ohio 44870

- Temporary homeless shelter.

Covenant Harbor I & II - Subsidized Housing for Seniors

419-898-6460

<https://genacrosslutheralservices.org/services/affordable-housing/subsidized-housing/covenant-harbor/>

240 Finke Rd.

Oak Harbor, Ohio 43449

- Affordable senior apartment community for individuals age 62 years or older.

GLCAP HomeNet

800-775-9767

<https://www.glcap.org/programs/housing-assistance/>

1854 E. Perry St.

Port Clinton, OH 43452

- Homeless prevention, transitional housing, and disabled supportive housing.

The Housing Choice Voucher Program - Section 8/OCHA

419-734-7622

<https://www.orsinc.org/aboutus.html>

400 W. Third St.

Port Clinton, Ohio 43452

- A non-profit corporation that acquires and manages housing for persons who are in need of quality, affordable and accessible housing.

Lakeview Estates - Subsidized Housing

419-732-0385

<https://www.apartmentguide.com/apartments/Ohio/Port-Clinton/Lakeview-Estates/45142/>

205 Buckeye Blvd.

Port Clinton, Ohio 43452

- This property has a Project-Based Section 8 contract with HUD, some or all of the rents at this community are based on tenant incomes.

Lutheran Housing 12-Subsidized Senior (62+) Housing

<https://affordablehousingonline.com/housing-search/Ohio/Ottawa-County>

234 Finke Rd.

Oak Harbor, Ohio 43449

- This property used funding from HUD's Section 202 Supportive Housing for the Elderly program, residency is usually restricted to households earning 50% of the Area Median Income (AMI) or less with at least one member age 62 years or older

Marblehead Commons - Subsidized Housing**901-818-3268****<https://affordablehousingonline.com/housing-search/Ohio/Ottawa-County>**

261 S. Bridge Rd.

Lakeside Marblehead, Ohio 43440

- This property used funding in part through the Low-Income Housing Tax Credit (LIHTC) program, a certain number of units are set aside for lower income households. Households must earn either less than 50% or 60% of the area median income (depending on the set-aside option chosen by the property owner) to qualify.

Mercy Outreach Ministries III - Subsidized Housing**419-836-7741****Senior (62+) or Disabled****<https://affordablehousingonline.com/housing-search/Ohio/Ottawa-County>**

9129 W. State Route 163

Oak Harbor, Ohio 43449

- This property used funding from HUD's current Section 811 Supportive Housing for Persons with Disabilities program or legacy Section 202 program, residency is usually restricted to households earning 50% of the Area Median Income (AMI) or less with at least one adult member with a disability.

Noah House Family Homeless Shelter**419-337-1245****<https://www.noahhouse.org/>**

Northwest Ohio family shelter in a farmhouse setting. Services include fellowship and encouragement, financial mentors, spiritual mentors, food, toiletries, assistance in locating jobs, child care, or school placement.

**Ottawa County Housing Authority (OCHA)
and Residential Services****419-734-7622****www.orsinc.org/index.html**

400 W. Third St.

Port Clinton, Ohio 43452

- Ottawa Residential Services, Inc. (ORSI) exists to provide affordable and accessible housing options for all persons in Ottawa County, Ohio, including those with disabilities or who are otherwise disadvantaged.

Ottawa County Transitional Housing, Inc.**419-764-9494****<https://www.cssottawa.org/>**

1848 E. Perry St.

Port Clinton, Ohio 43452

- A community based organization dedicated to providing housing, support services, and advocacy for individuals and families in crisis.

Ottawa Residential Services, Inc. (ORSI)

419-734-7622

<https://www.orsinc.org/>

400 W. Third St.

Port Clinton, Ohio 43452

- ORSI provides affordable and accessible housing options for all persons in Ottawa County, Ohio, including those with disabilities or who are otherwise disadvantaged.

Perry's Glen Apartments - Section 8 Housing

419-734-5002

<https://affordablehousingonline.com/housing-search/Ohio/Ottawa-County>

1195 W. Fremont Rd.

Port Clinton, Ohio 43452

- Rents are based on income and calculated exclusively to 30% of the household's combined adjusted income. A waiting list may apply. Full financial disclosure is required. Maximum income guidelines apply.

Port Clinton Pointe - Subsidized Housing

419-732-3500

<https://affordablehousingonline.com/housing-search/Ohio/Ottawa-County>

1265 W. Fremont Rd.

Port Clinton, Ohio 43452

- This property used funding in part through the Low Income Housing Tax Credit (LIHTC) program, a certain number of units are set aside for lower income households. Households must earn either less than 50% or 60% of the area median income (depending on the set-aside option chosen by the property owner) to qualify for these units.

Port Clinton Senior Apartments - Subsidized Housing

419-734-4552

Senior (62+) or Disabled

<https://affordablehousingonline.com/housing-search/Ohio/Ottawa-County>

500 NW Catawba Rd.

Port Clinton, 43452

- This property used funding in part through the Low Income Housing Tax Credit (LIHTC) program, a certain number of units are set aside for lower income households. Households must earn either less than 50% or 60% of the area median income (depending on the set-aside option chosen by the property owner) to qualify for these units.

Rose Acre Manor Apartments - Subsidized Housing
Senior (62+) or Disabled

419-734-7622

<https://affordablehousingonline.com/housing-search/Ohio/Ottawa-County>

400 W. Third St.

Port Clinton, Ohio 43452

- This property used funding from HUD's current Section 811 Supportive Housing for Persons with Disabilities program or legacy Section 202 program, residency is usually restricted to households earning 50% of the Area Median Income (AMI) or less with at least one adult member with a disability.



Intimate Partner Violence & Safety Services

INTIMATE PARTNER VIOLENCE & SAFETY SERVICES

NATIONAL RESOURCES

National Domestic Violence Hotline

800-799-7233

<https://www.thehotline.org/>

- Available 24/7/365 to talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

National Human Trafficking Resource Hotline

800-934-9840

- 24/7 Hotline for human trafficking.

OHIO - STATE RESOURCES

Adult Protective Services - Report Adult Abuse (Ohio)

855-644-6277

<https://aps.jfs.ohio.gov/>

Child Protective Services - Hancock

419-424-7022

<http://www.hancockjfs.org/children-protective/>

- Investigates reports of child abuse and neglect; provides protective services to children who are at risk for abuse and or neglect.

Ohio Domestic Violence Shelters

800-799-7233

<https://www.actionohio.org/ohiodvshelter.htm>

- Domestic violence hotline – have shelters by county, with phone numbers for each shelter.

The Ohio Domestic Violence Network

800-934-9840

www.odvn.org

- Domestic support services for domestic violence.

OTTAWA COUNTY

Domestic Violence Advocacy Program- Project Access

419-734-3266

<http://www.fcpc.org/domestic-violence-advocacy-program.html>

323 Buckeye Blvd.

Port Clinton, Ohio 43452

- Project Access assists victims of domestic violence and their children. Project Access case managers can provide information about domestic violence, assist with safety planning, advocate on your behalf, and link you with community resources. Confidential help provided at no cost to individuals. Must be receiving

cash assistance from LCDJFS or be TANF eligible (call Jobs & Family Services for info).

Family and Child Abuse Prevention Center

419-734-3266

<http://www.fcapc.org/>

323 Buckeye Blvd., Suite 1
Port Clinton, Ohio 43452

- Services to break the cycle of family violence including domestic violence and child abuse.

Legal Aide of Western Ohio (LAWO)

877-894-4599

<http://www.lawolaw.org/>

109 W. Water St.
Sandusky, Ohio 44870

- Provides high quality legal assistance in domestic violence to help eligible low-income individuals escape an abusive relationship.

Liberty Center of Sandusky County – Family Shelter

419-332-8777

<https://www.libertycenterfremont.org/>

1421 E. State St.
Fremont, Ohio 43420

- Temporary family shelter, open 9 a.m. to 5 p.m. for inquiries.

The Ohio Domestic Violence Network

800-934-9840

www.odvn.org

- Resources and information for survivors of domestic violence.

The Ohio Victims of Crime Compensation Program

614-466-5610

Attorney General's Office

<https://www.ohioattorneygeneral.gov/About-AG/Service-Divisions/Crime-Victim-Services>

- Services to victims of violence and abuse, including recovering financial losses related to violent crimes, elder abuse, grants, education and related medical costs related to sexual assault.

Ruth Ann's House

419-734-9718

<https://www.cssottawa.org/services>

1848 E. Perry St., Suite 60
Port Clinton, Ohio 43452

- Ruth Ann's House is a transitional housing program which serves up to six women and their children at one time. . Individuals and families can stay at RAH up to two years while working with staff on an individualized plan.

SANDUSKY COUNTY

Safe Harbor Domestic Violence Shelter

800-953-2207

<http://safeharbourshelter.org/>

P.O. Box 2616

Sandusky, Ohio 44870

- Safe Harbor provides shelter, counseling, advocacy, support groups and community awareness education.



Legal Assistance

LEGAL ASSISTANCE

NATIONAL RESOURCES

Association for Child Support Enforcement (ACES)

800-738-2237

<https://www.divorcesource.com/ds/encyclopedia/aces-association-for-children-for-the-enforcement-of-support--1659.shtml>

- Assists disadvantaged children affected by parents who fail to meet their legal, moral and financial obligations to support them (assistance with obtaining legal child support).

Do-Not-Call Registry

888-382-1222

<https://www.donotcall.gov/>

- Anyone can register their home, cell, fax and pager numbers with the Federal Government "Do-Not-Call Registry" to help prevent unwanted calls from telemarketers for five years.

OHIO - STATE RESOURCES

Legal Aide of Western Ohio (LAWO)

888-534-1432

<http://www.lawolaw.org/>

109 W. Water St.

Sandusky, Ohio 44870

- Non-profit regional law firms that provide high quality legal assistance in civil matters to help eligible low-income individuals and groups in north central Ohio achieve self-reliance, and equal justice and economic opportunity.

Legal Clinic for Veterans - VA Clinic

419-259-2000

1200 S. Detroit Ave.

Toledo, Ohio 43609

- Free legal assistance for veterans.

OTTAWA COUNTY

Ottawa County JFS - Adult and Child Protective Services

419-898-3688

<http://ottawacountyjfs.org/home/children-adult-protective-services/>

8043 W. State St., Route 163

Oak Harbor, Ohio 43449

- The agency mandated by law to investigate reports of child abuse and neglect. We may serve as the custodian of children who temporarily cannot remain in their own home (foster care) and also work to find permanent homes for children whose parents' rights have been terminated (adoption). Also, Adult Protective

Services (APS) is responsible for investigating reports of alleged abuse, neglect and exploitation of adults over the age of 60, who reside in Ottawa County.

Ottawa County Bar Association - Modest Means Program

419-242-2000

<https://www.toledobar.org/?pg=Modest-Means>

318 Madison St.

Port Clinton, Ohio 43452

- The Modest Means Program was created to help those in the community with moderate income find affordable legal assistance.



Social Connections

SOCIAL CONNECTIONS

NATIONAL RESOURCES

COVIA Well Connected

<https://www.covia.org/services/covia-connections/>

- A community of older adults throughout the United States meeting via toll free phone conference calls, daily, with a variety of group discussions, or one on one social calls.

Silver Sneakers/Fitness Program

www.silversneakers.com/join-in/

- Locates programs and fitness centers for seniors - fitness memberships may be covered by some Medicare insurances.

OHIO - STATE RESOURCES

Northwest Ohio Area Office on Aging

800-472-7277

www.areaofficeonaging.com

- Senior services including senior centers, meals and other senior services.

Ohio Department of Aging – Staying Connected Services

833-632-2428

<https://aging.ohio.gov/wps/portal/gov/aging/care-and-living/get-help/staying-connected/register>

Ottawa County

Danbury Senior Center

419-798-4101

<https://www.co.ottawa.oh.us/337/Senior-Centers>

8470 East Harbor Rd.

Marblehead, Ohio 43440

- Open daily, Monday – Friday, 9am to 1pm with various activities. Lunch is served daily at 11:30am. Lunch reservations are recommended. A donation of \$2.50 per meal is suggested for those 60 years and over. For those under 60 years, the cost of a meal is \$5.00. Hours and services may differ during COVID.

Elmore Golden Oldies

419-862-3874

<https://www.co.ottawa.oh.us/337/Senior-Centers>

19225 W. Witty Rd.

Elmore, Ohio 43416

- The center is open from 10:00 AM to 2:00 PM. Lunch is served at 11:30 am. Lunch is followed by informative presentations with something of interest for everyone. Hours and services may differ during COVID.

Genoa Senior Center**419-855-4491****<http://www.genoaohio.org/our-community/senior-center>**

514 Main St.

Genoa, Ohio 43430

- The center is open at 9:30 a.m. on Mondays, and then Wednesdays and Fridays from 10 a.m.-2 p.m., with lunch served at 11:30 a.m. Blood pressure and blood sugar checks the second Wednesday. Various games and activities offered each day. Hours and services may differ during COVID.

Oak Harbor "Harbor Lights" Senior Center**419-898-2800****<https://www.co.ottawa.oh.us/337/Senior-Centers>**

8180 W. State Route 163

Oak Harbor, Ohio 43449

- The center is open every Monday and Wednesday, lunch is served at 11:30 AM with various presenters and activities. If you would like to join us for lunch, please call 419-898-2800 one day prior to the day you wish to attend to make your reservations. The 60+ (health) Clinic is held the 2nd Wednesday of every month. Call 419-734-6800 to make your appointment. Hours and services may differ due to COVID.

Ottawa County Senior Resources - Area Office on Aging**419-898-3459****<https://www.co.ottawa.oh.us/337/Senior-Centers>**

8180 W. State Route 163

Oak Harbor, Ohio 43449

- Senior Center activities and senior assistance programs. Hours and services may differ due to COVID.

Ottawa County Sheriff's Office - Project Lifesaver**419-734-4404****<https://ottawacountysheriff.info/services/>**

315 Madison St., Room 110

Port Clinton, Ohio 43452

- A wristband is provided to seniors who may not be able to find their way home. Hours and services may differ due to COVID.

Port Clinton Senior Center**419-734-1481****<https://www.co.ottawa.oh.us/337/Senior-Centers>**

320 E. Third St.

Port Clinton, Ohio 43452

- The center is open weekly on Tuesday, Thursday and Friday with lunch served at 11:30 AM, and various presenters and activities. If you would like to join us for lunch, please make reservations by 10:00 AM the day prior to the day you wish to attend. The 60+ (health) Clinic is held every 2nd Tuesday and Thursday of the

month. Call 419-734-6800 to make your ap pointment. Hours and services may differ due to COVID.

Put-in-Bay Senior Center

419-285-5501

<https://www.co.ottawa.oh.us/337/Senior-Centers>

195 Concord Ave.

Put-In-Bay, Ohio 43456

- The center is open Monday-Friday with lunch, and various presenters and activities. The 60+ (health) Clinic is held every 4th Thursday of the month. Call 419-734-6800 to make your appointment. Hours and services may differ to COVID.

Telephone Safety Calls - Telecare - American Red Cross

419-329-2900

- Red Cross Volunteers will call seniors every day of the year to check up on them and assure their safety.

The Area Office on Aging - Retired Senior Volunteer Patrol (RSVP) **419-382-0624**

<https://www.areaofficeonaging.com/programs>

- Regional Area Office on Aging partners with local police agencies to provide check-ins on seniors at risk. Hours and services may differ due to COVID.



Transportation Assistance

TRANSPORTATION ASSISTANCE

NATIONAL

Angel Wheels

<http://mercymedical.org/request-assistance/>

- Transportation assistance in the form of gas cards, bus tickets, or train tickets to medical appointments that are out of the county, but less than 300 miles away. Apply for assistance online. Financial restrictions apply.

Buckeye Community Health (Medicaid) Transportation

866-531-0615

<https://www.buckeyehealthplan.com/>

- Medical Transportation for Buckeye Medicaid patients.

CareSource Medical Transportation

855-475-3163

<https://ohiomh.com/documents/transportationassistance.pdf>

- Medical Transportation for CareSource Medicaid patients.

Paramount Advantage (Medicaid) Medical Cabs

866-837-9817

www.paramountadvantage.org

- Medical Transportation for Paramount Advantage Medicaid patients.

ProMedica Transportation Network - Ambulette Services

800-589-4994

<https://www.promedica.org/pages/medical-services/transportation/default.aspx>

- Emergency Medical Technicians (EMTs) make it possible to transport all types of patients. Ambulettes are equipped with defibrillators, satellite navigation, oxygen, and standard and wide wheelchairs. Wheelchair vans are equipped with 800-pound wheelchair lifts.

Road to Recovery - American Cancer Society

800-227-2345

<https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>

- Volunteers will provide transportation to a cancer related medical appointment. No charge for service. Call ahead to schedule, as it may take several days to schedule a ride.

United Health Care Community Health Plan Transportation

855-201-8342

<https://www.uhc.com/contact-us>

- Medical Transportation for United Health Care Medicaid patients.

United Health Care (Medicaid) Medical Cabs

833-866-0348

<https://www.uhccommunityplan.com/oh/medicaid/community-plan#benefitsList-1050868790-5>

- Members receive 30- one-way trips per year for medical related appointments. Schedule at least 48 hours ahead of time.

OHIO-STATE RESOURCES

OTTAWA COUNTY

A+ Steiny's Cab Company LLC

419-734-9480

www.cabservicesteinys.com

5910 E. Port Clinton Eastern Rd.
Lake Marblehead, Ohio 43440

- County wide taxi service.

After Hours Taxi

419-732-6151

<https://portclintontaxi.com/>

1702 West Lakeshore Dr.
Port Clinton, Ohio 43452

- Along with county wide taxi service, After Hours Taxi offers airport shuttle service on time to local airports in Cleveland Hopkins and Detroit Airports. Also, service to Kalahari Convention Center in Sandusky, Ohio.

Handicapped Parking Placards

419-329-2196

<http://publicsafety.ohio.gov/links/bmv4826.pdf>

220 Madison St.
Port Clinton, Ohio 43452

- Online application for Disability Placards.

Kidney Foundation of NW Ohio

419-329-2196

www.kfnwo.org

3100 Central Ave.
Toledo, Ohio 43606

- Financial assistance, medical transportation, prescription assistance and medical equipment for individuals with kidney disease

Ottawa County Transportation Agency (OCTA)

888-898-7433

<http://www.octapublictransit.org/>

275 N. Toussaint South Rd.
Oak Harbor, Ohio 43449

- A general public transit system that provides curb-to-curb, advanced reservation, shared ride service to anyone in Ottawa County. Call for hours.

Veterans Services- Ottawa County

419-898-2089

<https://www.co.ottawa.oh.us/379/Transportation>

8444 W. State Route 163, Suite 102

Oak Harbor, Ohio 43449

- Provides temporary financial assistance, transportation and medical equipment loans, to veterans