

CLINICAL INTEGRATION
**RESOURCE
GUIDE**

SOCIAL DETERMINANTS OF HEALTH

HANCOCK, SANDUSKY, AND SENECA
COUNTIES, OH

This resource list is **not** exhaustive and the information contained here-in, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.

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Alcohol & Substance Abuse Treatment

ALCOHOL & SUBSTANCE ABUSE TREATMENT

NATIONAL RESOURCES

Al-Anon and Al-A-Teen

888-425-2666

<https://al-anon.org/>

- Al-Anon meetings are a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives. Local: 419-967-9550

Alcoholics Anonymous

800-429-2666

https://aa.org/pages/en_US/find-aa-resources

- Alcoholics Anonymous (AA) meetings are an international fellowship of men and women who have had a drinking problem. There are no age or education requirements. Membership is open to anyone. Local number 419-625-5995

Narcotics Anonymous

<https://www.na.org/meetingsearch/text-results.php?country=USA&state=Michigan&city=Jackson&zip=&street=&within=20&day=0&lang=&orderby=datetime>

- A nonprofit support group (fellowship or society) of men and women for whom drugs had become a major problem. Recovering addicts who meet regularly to help each other stay clean.

OHIO - STATE RESOURCES

Cocaine Anonymous

800-347-8998

www.caohio.org/toledo

- Cocaine Anonymous are meetings of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from their addiction.

Narcotics Anonymous

800-587-4232

www.naohio.org

- A nonprofit fellowship or society of men and women for whom drugs had become a major problem. Recovering addicts who meet regularly to help each other stay clean. Extension 771.

HANCOCK COUNTY

Family Resource Center of Northwest Ohio

419-422-8616

<https://www.frcoho.com/about>

2515 North Main St.

Findlay, Ohio 45840

- Outpatient services and treatment for anxiety, addiction, depression, grief, anger, stress, and more.

SANDUSKY COUNTY

Firelands Counseling Services – Sandusky

419-557-7400

www.firelands.com

1111 Hayes Ave.

Sandusky, Ohio 44870

- Provides a complete continuum of treatment and prevention services to help individuals and families establish and maintain abstinence from alcohol and other drugs. Services are available for adults, adolescents and their families.

Rigel Recovery Services – Fremont

567-280-4023

www.rigelrecovery.org

103 South Front St.

Fremont, Ohio 43420

- Services include individual counseling, aftercare, drug testing, opiate specific services, substance abuse assessments, intensive outpatient treatment, medication assisted treatment, and opiate enhanced treatment.

SENECA COUNTY

Dry Haven (AA meetings)

419-435-5003

<https://area55aa.org/locations/dry-haven/>

217 West Center St.

Fostoria, Ohio 44830

- Alcohol recovery meetings 7 days a week, 12-step meetings and clean and sober activities. Call for hours of service.

Firelands Counseling Services – Tiffin

419-448-9440

<https://www.firelands.com/locations/profile/?searchId=79aed456-2a1b-ed11-a850-000d3a611816&sort=13&page=1&pageSize=10&id=67>

76 Ashwood Rd.

Tiffin, Ohio 44883

- Provides a complete continuum of treatment and prevention services to help individuals and families establish and maintain abstinence from alcohol and other drugs. Services are available for adults, adolescents and their families.

Rigel Recovery Services – Tiffin

567-220-7018

www.rigelrecovery.org

65 St. Francis Ave.

Tiffin, Ohio 44883

- Services include individual counseling, aftercare, drug testing, opiate specific services, substance abuse assessments, intensive outpatient treatment, medication assisted treatment, and opiate enhanced treatment.



Behavioral Health

BEHAVIORAL HEALTH

NATIONAL RESOURCES

National Suicide & Crisis Lifeline – dial from any phone 988

The National Alliance of Mental Illness - NAMI 800-950-6264
<https://www.nami.org/>

- Family oriented support, education and advocacy organization. The goal is to improve the lives of children, adolescents and adults who have mental illness and to support their families.

National Suicide Prevention Hotline 800-273-TALK
www.suicidepreventionlifeline.org 800-273-8255

- Free and confidential support for people in distress; prevention and crisis resources.

OHIO - STATE RESOURCES

HANCOCK COUNTY

Lighthouse Counseling Services 419-423-9133
www.lighthousecounseling2000.com

301 E Sandusky St.
Findlay, Ohio 45840

- Individual, group, marital, and family counseling.

NAMI - Findlay 567-301-2101
www.namihancockcounty.org

305 W. Hardin St.
Findlay, Ohio 45840

- Provides family-oriented support, education and advocacy to improve the lives of children, adolescents and adults with mental illness and to support their families.

Orchard Hall 419-423-5239
<https://www.bvhealthsystem.org/services/behavioral-health/behavioral-health>

1900 South Main St.
Findlay, Ohio 45840

- An adult inpatient psychiatric care center. Services include treatments related to depression, anxiety disorders, thought disorders, mood changes, bipolar disorders, and confusion.

Pathways Christian Counseling 419-423-7812

<http://www.pathwayschristiancounseling.com>

230 West Sandusky St.
Findlay, Ohio 45840

- Christian counseling services, individual, group, marital, and family counseling.

ProMedica Physicians Behavioral Health - Findlay

419-424-2011

www.promedica.org

1100 East Main Cross, Suite 159
Findlay, Ohio 45840

- Our multidisciplinary team of psychiatric specialists provides a full range of outpatient community counseling services for children, teens, adults and families

Psychiatric Center of Northwest Ohio

419-429-6480

www.bvhealthsystem.org

1610 Fostoria Ave.
Findlay, Ohio 45840

- Outpatient mental health and counseling services for children, adults, and families. Treatment includes psychiatric/medication management, crisis intervention, group therapy, psychological testing, substance abuse, specialized programs for children and adolescents, eating disorders, and case management.

Stepping Stones Counseling Center

419-422-7970

www.steppingstonesfindlay.com

206 Lima St.
Findlay, Ohio 45840

- Individual, group, couples, family, child and adolescent, grief and chemical dependency counseling.

SANDUSKY COUNTY

Cornerstone Counseling

419-483-9411

<https://www.cornerstonecounseling.co/>

817 Kilbourne Ave.
Bellevue, Ohio 44811

- Individual and family counseling provided by Christian therapists.

Cornerstone Counseling

419-621-8773

<https://www.cornerstonecounseling.co/>

4444 Galloway Rd.
Sandusky, Ohio 44870

- Individual and family counseling provided by Christian therapists.

NAMI The National Alliance of Mental Illness - Sandusky

419-334-8021

www.namissw.org

2228 W. Hayes Ave.
Fremont, Ohio 43420

- Provides family-oriented support, education and advocacy to improve the lives of children, adolescents and adults with mental illness and to support their families.

ProMedica Physicians Behavioral Health - Fremont

419-334-6619

www.promedica.org

710 Cleveland Ave.

Fremont, Ohio 43420

- Outpatient counseling services and medication management

Tiffin Psychiatry Center, Ltd.

419-447-0269

668 Miami St., Suite B

Tiffin, Ohio 44883

- Outpatient psychiatric services.

SENECA COUNTY

New Transitions Counseling

419-448-4094

<https://www.newtransitions counseling.com/>

777 S. Washington St.

Tiffin, Ohio 44883

- Individual, group, marital, and family counseling.

ProMedica Physicians Behavioral Health – Fostoria

419-436-6886

<https://www.promedica.org/location/promedica-physicians-behavioral-health-fostoria>

501 Van Buren St., Suite 010

Fostoria, Ohio 44830

- Our multidisciplinary team of psychiatric specialists provides a full range of outpatient community counseling services for children, teens, adults and families

United Way Family Counseling Service

419-448-0355

www.tiffin-seneca-unitedway.org

201 S. Washington St.

Tiffin, Ohio 44883

- Individual, family, and financial counseling.



Child Care Assistance

CHILD CARE ASSISTANCE

OHIO - STATE RESOURCES

Child Care- Ohio Department of Education/Jobs and Family Services- Head Start Programs

<http://childcaresearch.ohio.gov/>

- This online system will help you locate the type of early care and education program that meets your needs. You also can learn more about programs' licensing status, Step Up to Quality rating, and inspection results. Note: only Head Start programs are always free to qualifying families.

HANCOCK COUNTY

Findlay City Schools - Before/After School Sessions (FABSS) 419-427-5488

<https://fcs.org/fabss/>

1100 Broad Ave.

Findlay, Ohio 45840

- FABSS sites are open at 6:30 am for the before school session. Learning centers, fine and large motor skill games, homework time, and breakfast are all offered Monday-Friday.

SANDUSKY COUNTY

WSOS Family Development Center

419-334-8511

765 S. Buchanan

Fremont, Ohio 43420

- Provides services to income-eligible individuals and families of all ages.



Educational Assistance

EDUCATIONAL ASSISTANCE

NATIONAL RESOURCES

General Equivalency Diploma (GED) Resources

<https://ged.com/>

- Online High School Equivalency education and testing.

OHIO – STATE RESOURCES

General Equivalency Diploma (GED) Resources

888-796-7541

Ohio Means Jobs

<https://ohiomeansjobs.ohio.gov/job-seekers/build-your-career/career-preparation/adult-diploma>

- Education assistance to complete a high school equivalency exam.

Opportunities for Ohioans with Disabilities

614-438-1200

<https://ohio.gov/wps/portal/gov/site/government/state-agencies/opportunities-for-ohioans-with-disabilities>

- Opportunities for Ohioans with Disabilities or OOD, partners with Ohioans with disabilities to achieve quality employment

Parent Mentor Program

844-382-5452

<https://www.ocecd.org/ParentMentorsofOhio.aspx>

- Support network for parents of children with disabilities.

HANCOCK COUNTY

Blanchard Valley Center

419-422-6387

Hancock Board of Developmental Disabilities

<https://www.blanchardvalley.org/>

1700 East Sandusky St.

Findlay, Ohio 45480

- Provides support for children and adults with developmental disabilities and their families. Assistance includes early Intervention, educational services, therapy services, and vocational and day services.

The Center For Autism & Dyslexia

567-525-4487

<https://catapultlearning.com/schools/center-for-autism-dyslexia-findlay/>

7430 Timberstone Dr.

Findlay, Ohio 45480

- Provides an individualized program for each child and their family. Serves as a safe environment for children on the spectrum and gives them access to peers and a curriculum that caters to their individual strengths and weaknesses.

Findlay-Hancock County Public Libraries

419-422-1712

www.findlaylibrary.org

206 Broadway St.

Findlay, Ohio 45480

- Adult literacy programs.

Hancock County Common Pleas Court H.O.P.E/P.A.C.T Programs

<http://co.hancock.oh.us/government-services/common-pleas-court/domestic-relations/hope-hope-plus-pact>

300 S. Main St.

Findlay, Ohio 45840

- Divorce/dissolution educational program that provides parents and children information on the effects of divorce on the family, and/or seeking modification of residential or parenting time.

Help Me Grow - Hancock County

419-424-7871

<https://www.co.hancock.oh.us/government-services/board-of-health/nursing/help-me-grow>

2225 Keith Pkwy.

Findlay, Ohio 45840

- A voluntary family support program for pregnant women or new parents. Our home visits are with well-trained professionals that empower parents with skills and tools to nurture the healthy growth of their children.

Millstream Career Center (Findlay City Schools)

419-425-8277

<https://fcs.org/millstream-career-center/>

1150 Broad Ave.

Findlay, Ohio 45480

- Millstream provides preparation for two- or four-year college and/or careers.

Ohio Means Jobs - Hancock County

419-429-8083

www.omjhancock.com

7746 County Rd. 140, Suite B

Findlay, Ohio 45840

- A free service system designed to supply the region's residents the tools they need to manager their careers/jobs. Also assists employers locate employees, training and information services.

Read for L.I.F.E (Adult Literacy Program)

419-422-1712

<https://www.findlaylibrary.org/content/read-life-0>

206 Broadway St.

Findlay, Ohio 45840

- Provides free reading and literacy programs for adults on a one-on-one basis.

SANDUSKY COUNTY

COPE Classes

567-201-5054

<http://www.sandusky-county.org/Clerk/forms/Cope.pdf>

914 E. State St.

Fremont, Ohio 43420

- Co-operative parenting education classes mandated to all adults divorcing. Helps make divorce a little easier for all parties, especially the children.

Heartbeat Hope Medical Center – Sandusky

419-334-9079

<http://www.friendsofheartbeat.org/our-services.html>

1243 Napoleon St.

Fremont, Ohio 43420

- Non-profit social services center that can help those facing unplanned pregnancy find information and resources to make a confident, life-affirming choice.

Help Me Grow - Sandusky County

419-334-6383

<https://www.scpublichealth.com/hmg>

2000 Countryside Dr.

Fremont, Ohio 43420

- A voluntary family support program for pregnant women or new parents. Our home visits are with well-trained professionals that empower parents with skills and tools to nurture the healthy growth of their children.

Ohio Means Jobs - Sandusky County

419-332-2169

www.ohiomeansjobs.com

2511 Countryside Dr.

Fremont, Ohio 43420

- Job search tools and online job training (with your library card).

Sandco Industries

419-547-3237

www.sandcoind.com

567 Premier Dr.

Clyde, Ohio 43410

- Vocational testing, habilitation concepts and basic employment skills - for all adults, including those with developmental disabilities.

Sandusky County Grandlove

419-334-8708

<https://sanduskycountydjfs.org/children/kinship/>

2511 Countryside Dr., Suite A

Fremont, Ohio 43420

- Grandlove is a program for grandparents/kinship providers to offer support and education as they care for their loved ones.

**School of Hope - Sandusky County Board
of Developmental Disabilities**

419-332-9296

www.scbdd.org

1001 Castalia St.

Fremont, Ohio 43420

- Education and training for persons with developmental disabilities.

Vanguard-Sentinel Career and Technology - Adult Education **419-332-2626**

<https://www.vsc.k12.oh.us/>

1306 Cedar St.

Fremont, Ohio 43420

- Adult education and literacy and basic skills. Includes GED instruction.

SENECA COUNTY

Fostoria Learning Center

419-408-5540

<https://fostorialearningcenter.org/>

342 Perry St.

Fostoria, Ohio 44830

- A nonprofit organization that partners with educational institutions and other organizations to provide programming in high demand career fields.

Heartbeat Hope Medical Center – Seneca

567-220-7024

<http://www.friendsofheartbeat.org/our-services.html>

380 W. Market St.

Tiffin, Ohio 44883

- Non-profit social services center that can help those facing unplanned pregnancy find information and resources to make a confident, life-affirming choice.

Heidelberg University

800-434-3352

www.heidelberg.edu

310 E. Market St.

Tiffin, Ohio 44883

- Degree programs including GED, associates, bachelor, masters, and Ph.D. in more than 200 majors.

Ohio Means Jobs - Seneca County

419-447-5011

www.ohiomeansjobs.com

900 East County Rd. 20

Tiffin, Ohio 44883

Parenting Education**419-477-5011**

<http://djfs.co.seneca.oh.us/family-resources/protective-services/children-services/>

900 E. County Rd. 20
Tiffin, Ohio 44883

Patchworks House**419-448-0080**

42 Madison St.
Tiffin, Ohio 44883

- Provides free parenting classes. Also is a supervised and unsupervised meeting place for parent/child visitation.

Seneca County Board of Developmental Disabilities**419-447-7521**

<https://www.senecadd.org>

780 E. County Rd. 20
Tiffin, Ohio 44883

- Investigates reports of abuse and neglect of developmentally disabled individuals and provides protective services to those who are at risk for abuse and or neglect.



Employment & Job Training

EMPLOYMENT & JOB TRAINING

NATIONAL RESOURCES

AARP Foundation Senior Employment (Phone support only) 614-322-0600
<https://www.aarp.org/aarp-foundation/our-work/income/scsep/info-2014/aarp-foundation-scsep-locations.html>

- Senior employment opportunities.

Goodwill Industries

<https://goodwillswmi.org/>

- Job training programs - forklift certification, computer education, GED, adult learning and literacy programs, job development.

Government Jobs - Veteran's Administration

www.va.gov/jobs

- Career and employment opportunities for veterans.

Indeed.com - Online Job Search

www.indeed.com

- Online job posting sites for a variety of employers.

Monster.com – Online Job Search

<https://www.monster.com>

- Online job search.

National Rehabilitation Information Center

800-346-2742

www.NARIC.com

- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

OHIO – STATE RESOURCES

Ohio Means Jobs

<https://jobseeker.ohiomeansjobs.monster.com/>

- Job search tools and online job training (with your library card).

Opportunities for Ohioans with Disabilities

614-438-1200

<https://ohio.gov/wps/portal/gov/site/government/state-agencies/opportunities-for-ohioans-with-disabilities>

SANDUSKY COUNTY

Goodwill Industries of Erie, Huron, Ottawa and Sandusky Counties, Inc. Fremont Pike

419-335-1579

<https://www.goodwillsandusky.org/shop/stores-hours/>

1040 Oak Harbor Rd.

Fremont, Ohio 43420

- Provides customized employment services for persons with disabilities and disadvantageous conditions.

Pathstone Corporation (Senior employment)

419-334-2689

www.pathstone.org

310 South Front St., Suite 1

Fremont, Ohio 43420

- Career and employment services for seniors. Education and health services for lifelong learning.



Financial Resources

FINANCIAL RESOURCES

NATIONAL RESOURCES

2023 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA	
Persons in family/household	Poverty guideline
1	\$14,580
2	\$19,720
3	\$24,860
4	\$30,000
5	\$35,140
6	\$40,280
7	\$45,420
8	\$50,560
For families/households with more than 8 persons, add \$5,140 for each additional person.	

AARP

<https://states.aarp.org/ohio/>

- Education and discounted programs for seniors.

Access for AT&T

855-220-5211

<https://m.att.com/shopmobile/internet/access/>

- AT&T is offering low-cost wireline home Internet service to qualifying households: with at least one resident who participates in the SNAP, with an address in AT&T's 21-state service area, at which we offer wireline home Internet service, and, without outstanding debt for AT&T fixed Internet service within the last six months or outstanding debt incurred under this program.

Association for Child Support Enforcement (ACES)

800-738-2237

<https://www.divorcesource.com/ds/encyclopedia/aces-association-for-children-for-the-enforcement-of-support--1659.shtml>

Assists disadvantaged children affected by parents who fail to meet their legal, moral and financial obligations to support them (assistance with obtaining legal child support).

Consumer Credit Counseling

800-775-9767

<https://www.glcap.org/>

- Budgeting education and debt services.

Government Jobs - Veteran's Administration

www.va.gov/jobs

- Job opportunities for veterans

Home Energy Assistance Program (HEAP)

800-282-0880

https://www.development.ohio.gov/is/is_heap.htm

- A federally funded program that provides eligible Ohioans assistance with their home energy bills. This one-time benefit is applied directly to the customer's utility bill or bulk fuel bill.

The Lifeline and Link Up Telephone Assistance Programs

888-225-5322

www.fcc.gov/lifeline

- Provides low-income households with the choice of monthly discounts on basic local landline services or free wireless phone service. Household income must be at or below 150% of the federal poverty level or participate in public or state assistance programs.

National Council on Aging - "Benefits Check-Up"

800-794-6559

<https://www.benefitscheckup.org/about-us/>

- Resources for seniors related to health care, SNAP and economic security.

National Rehabilitation Information Center

800-346-2742

<https://naric.com/>

- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

Ohio Benefits (OBB program ended)

<https://benefits.ohio.gov/>

- Website to identify what state resources people qualify for, based on income. Includes health insurance, food stamps, cash assistance, etc.

Ohio District 5 Area Agency on Aging, Inc

800-860-5799

www.aaa5ohio.org

419-524-4144

- Provision of various services to seniors including home delivered meals, transportation and socialization opportunities.

Percentage of Income Plan Plus (PIPP)

866-504-7392

https://development.ohio.gov/is/is_pipp.htm

- Allows eligible customers to make affordable monthly energy payments on a year-round basis.

Single Family Housing Repair Loans & Grants

614-255-2400

www.rd.usda.gov/oh

- Offers loans, grants and loan guarantees to help create jobs and support economic development and essential services such as housing; health care; first responder services and equipment; and water, electric and communications infrastructure.

Summer Crisis Program (HEAP) – Ohio

800-282-0880

<http://www.energyhelp.ohio.gov/>

- One-time payment assistance provided for summer electric bill and purchase of an AC unit. Household income must be at or below 175% poverty level and must have a member of the household who is at least 60 years old

Winter Crisis Program (HEAP) - Hancock County

800-423-4304

<https://ohio.gov/wps/portal/gov/site/residents/resources/heap-winter-crisis-program>

- Provides emergency financial assistance to low-income households to avoid a disconnection of their heating service (gas or electric) between November 1 – March 31. Must be at or below 175% poverty level.

OHIO - STATE RESOURCES

AARP

<https://states.aarp.org/ohio/>

- Education and discounted programs for seniors.

Columbia Gas - Medical Extension

800-344-4077

<https://www.columbiagasohio.com/bills-and-payments/financial-support/shutoff-and-reconnect-process>

- Delayed shutoff of gas for up to 30 days with medical professional signed application.

Columbia Gas Warm Choice Program - Ground Level Solutions (GLS)

<http://www.groundlevelsolutions.org/content/warmchoice%C2%AE-program>

- NO-COST energy assistance program designed to increase the energy efficiency of homes owned or occupied by income-eligible Ohioans.

The Diocese of Toledo - St. Vincent De Paul Society

419-244-6711

<https://toledodiocese.org/>

- Most Catholic churches have a charitable organization called St. Vincent De Paul Society that assists with meeting the needs of community members, such as rent

or utilities. Contact the Toledo Diocese to find your nearest Catholic church to inquire if they have an organization.

HEAP Summer Crisis Program (Emergency Utility Assistance)

https://www.development.ohio.gov/is/is_heap.htm

- Summer utility assistance.

HEAP Winter Crisis Program (Emergency Utility Assistance)

<https://development.ohio.gov/individual/energy-assistance/winter-crisis-program>

- Winter utility assistance.

The Lifeline and Link Up Telephone Assistance Programs

<https://www.fcc.gov/consumers/guides/lifeline-support-affordable-communications>

- The FCC's program to help make cell phone, internet and home phone services more affordable for low-income consumers.

Northwestern Ohio Community Action Commission

419-784-5136

1933 East. 2nd St.

Defiance, Ohio 43512

<https://www.nocac.org/emergency-services/emergency-assistance-additional-assistance/>

- Utility customers with a hardship or within 200% poverty guidelines may be eligible for utility assistance.

Ohio Benefits (previously Ohio Benefits Bank)

<https://benefits.ohio.gov/>

- Assist people in determining what state benefits they qualify for.

Ohio Dept. of Jobs and Family Services

<https://jfs.ohio.gov/>

- Job & Family Services provides services such as food, cash, medical, childcare and transportation assistance.
- We also provide services such as child/elderly abuse/neglect reporting and investigation, adoption, and foster care.
- Our child support department assist with paternity and support order establishment, enforcement of cases and location of absent parents.

PIPPS Plus

800-282-0880

<https://development.ohio.gov/individual/energy-assistance/2-percentage-of-income-payment-plan-plus>

- Assists income eligible individuals to manage their utility bills.
- Cost is based on a percentage of household income. Additional requirements apply, see website for details.

ProMedica Hospitals Financial Assistance

844-373-0871

<https://www.promedica.org/pay-my-bill/financial-assistance>

- ProMedica Health System hospitals offer financial assistance to people who need emergency and other care that a doctor believes is necessary.
- You may be eligible for free or discounted care if you meet the requirements. Patients may be required to apply, provide income information, and meet eligibility requirements.

The Salvation Army of Northwest Ohio

419-241-1138

Lucas, Wood, Ottawa, Fulton, and Henry Counties

<https://neo.salvationarmy.org/northeastohio/NWOASWeAre>

- Northwest Ohio county services are offered for emergency situations and include utility, rental, gasoline, prescription, and food assistance. Call for availability of funds. Christmas help is also offered. Use extension 118.

HANCOCK COUNTY

Associated Charities of Findlay

419-425-1100

<https://www.community-foundation.com/funds/associated-charities-fund>

101 W. Sandusky St., Suite 207

Findlay, Ohio 45480

- Provides emergency rental assistance; priority is given to those moving into Metro housing or another agency housing program. Assistance is limited to those being evicted or relocating because of an eviction. Additional assistance may be considered on a case-by-case basis.

Clothe A Child Ohio - Hancock and Seneca County

777-765-4321

<https://www.clotheachildohio.org/>

P.O. Box 1202

Findlay, Ohio 45839

- Provides clothing for underprivileged children primarily located in Northwest Ohio - email contact only.

Community Action Commission

419-423-3755

<https://www.hhwpcac.org/>

1637 Tiffin Ave.

Findlay, Ohio 45840

- Programs include: education for young children to prepare them for school, providing meals to homebound elderly, offering rides to those without transportation, giving housing to those without homes, helping low-income residents afford utility bills, and homeowners make vital repairs.

Cribs For Kids - Hancock County Health Dept.

419-424-7105

<https://www.co.hancock.oh.us/government-services/board-of-health/community-health/cribs-for-kids>

2225 Keith Parkway
Findlay, Ohio 45840

- Provides free Graco Pack 'n Plays® to families who could not otherwise afford them - until supplies last.

Habitat for Humanity Restore Findlay

419-429-1400

<https://habitatfindlay.org/>

1200 Commerce Parkway
Findlay, Ohio 45840

- Used furniture and home goods.

Hancock County Department of Job and Family Services

419-422-0182

<http://www.hancockjfs.org/>

7814 County Rd. 140
Findlay, Ohio 45840

- Provides a range of services from food stamps, cash assistance, and child care subsidies to child support enforcement, job training, and access to medical care.

Hancock County Health Department

419-424-7441

<https://www.co.hancock.oh.us/government-services/board-of-health/about-our-agency/contact-us>

2225 Keith Parkway
Findlay, Ohio 45840

- Promotes public health and the prevention of disease, including the provision of basic health services and health education including WIC, immunizations, and STD/HIV testing.

Hancock County Metropolitan Housing Authority- HMHA

419-424-7848

<https://hancockmetro.com/>

1800 N. Blanchard St.
Findlay, Ohio 45840

- Administers HUD's Section 8 Housing Choice Voucher Program and currently services Hancock, Wyandot, Putnam and Hardin Counties. The HCV Program provides rent subsidy assistance to eligible families.

Hancock County Veteran's Service Office

419-424-7036

<http://hancockveterans.com/>

1100 E. Main Cross St., Suite 123
Findlay, Ohio 45480

- Short term emergency financial assistance provided to veterans or widows of veterans.

Lutheran Social Services

419-422-7917

www.lssnwo.org

1701 Tiffin Ave.

Findlay, Ohio 45840

- Counseling, financial opportunity center coaching and reentry transition services.
Food pantry open Tuesdays 11:00am-2:00pm.

Social Security Administration - Hancock County

877-628-6548

<https://www.ssa.gov/>

15085 Flag City Dr.

Findlay, Ohio 45840

- Provides social security resources and information.

St. Vincent De Paul Society

419-435-7259

<http://stvfostoria.net/>

243 W. High St.

Fostoria, Ohio 44830

- Financial assistance - various other assistance based on location.

The Family Center

419-425-5988

<https://www.hancockfamilycenter.org/>

1800 N. Blanchard St.

Findlay, Ohio 45840

- 12 non-profit agencies are housed in The Family Center - to assist with clothing, dental services, financial assistance, food supplies, housing, immunizations, legal services, medical services and Ohio Benefits.

The Salvation Army

419-422-8238

www.salvationarmy.org

301 Center St

Findlay, Ohio 45840

- Financial, food and education assistance at various locations. Call for more information.

Women's Resource Center of Hancock County

419-242-9948

<https://wrchancock.org/>

1011 N. Main St.

Findlay, Ohio 45840

- Provides pregnancy tests, a diaper program, and mentoring services.

SANDUSKY COUNTY

Cribs For Kids - Sandusky County General Health District

419-334-6377

<https://www.scpublichealth.com/>

2000 Countryside Dr.

Fremont, Ohio 43420

- Provides free Graco Pack 'n Plays® to families who could not otherwise afford them - until supplies last.

Sandusky County Emergency Services

419-637-7545

<https://www.countyoffice.org/sandusky-county-emergency-services-gibsonburg-oh-c5c/>

901 S. Main St.

Gibsonburg, Ohio 43431

- Limited prescription assistance for Gibsonburg-area residents.

Goodwill Industries - Retail Store

419-355-1579

<https://www.goodwillsandusky.org/location/fremont-plant/>

1040 Oak Harbor Rd.

Fremont, Ohio 43420

- Thrift store - clothing, furniture and household goods.

Kinship Services - Sandusky County

419-334-8708

- Provides financial support for minor children in the legal and physical custody of grandparents, relatives, or other “kinship caregivers”.

Lutheran Social Services – Fremont

419-334-3431

www.lssnwo.org

512 E. State St.

Fremont, Ohio 43420

- Offers financial coaching, debt management services, credit building services, education, and employment readiness training, in two locations including the Scott and Robinson Community Hub

Parker's Purpose

419-334-7275

<https://parkerspurpose.net/>

1056 Hazel St.

Fremont, Ohio 43420

- Assists any family, who has a minor child (18 and under) with a life altering illness or disability that is having financial crisis due to unforeseen medical expenses.

Pass It On Clothing Closet

419-483-3071

<https://www.facebook.com/pages/category/Clothing-Store/Pass-It-On-Clothing-Closet-942189922562436/>

203½ Maple St.

Bellevue, Ohio 44811

- Pass It on Clothing Closet is a non-profit organization that offers free clothing and accepts donations of clean, gently used or new clothing.

**Prevention, Retention, and Contingency Funds (PRC)
Sandusky County**

419-334-3891

www.sanduskycountydfs.org/workforce/prevention-retention-contingency-prc/

2511 Countryside Dr.

Fremont, Ohio 43420

- Provides work supports and other services to help low-income parents overcome immediate barriers to employment.

Sandusky County Department of Job and Family Services

419-334-3891

<https://sanduskycountydjfs.org/>

2511 Countryside Dr., Suite A

Fremont, Ohio 43420

- Public assistance, child support assistance, Ohio Benefits, Ohio Means Jobs job searches, and unemployment assistance.

Sandusky County Share and Care Center

419-334-2832

<http://www.fremontfpc.org/share-and-care.html>

129 Bidwell Ave.

Fremont, Ohio 43420

- A clothing thrift shop (a unit of the Salvation Army).

Sandusky County Veteran's Service Office

419-334-4421

<https://www.sanduskycountyvets.com/>

2511 Countryside Dr., Suite B

Fremont, Ohio 43420

- Short term emergency financial assistance provided to veterans or widows of veterans. Veteran must have an honorable discharge and provide copy of DD214. Also provides claim help to veterans and veterans' widows/widowers in applying for VA benefits.

United Way of Sandusky County

419-334-8938

<https://uwsandco.org/>

826 W. State St.

Fremont, Ohio 43420

- Provides resources and education related to health, utilities and finance.

WSOS - Wood, Sandusky and Ottawa and Seneca Counties

800-775-9767

Great Lakes Community Action Partnership

<https://www.glcap.org/>

127 S. Front St., P.O. Box 590

Fremont, Ohio 43420

- Programs include educating young children to prepare them for school, provide meals to homebound elderly, offer rides to those without transportation, and give housing to those without homes. We help low-income residents afford utility bills, homeowners make vital repairs, and communities better maintain infrastructure. There is also a Financial Opportunity Center for financial coaching and education.

US Social Security Administration - Sandusky County

866-614-4760

<https://www.ssa.gov/>

2220 Enterprise Dr.
Fremont, Ohio 43420
Provides social security resources and information

SENECA COUNTY

Community Health Services **419-318-8652**

<https://www.chsohio.com/our-locations/facility/stony-ridge/?back=locations>

5734 Fremont Pike

Stony Ridge, Ohio 43463

- Medical, dental, lab and prescription services - accepting migrant workers, Medicaid and Medicare.

Cribs For Kids - Seneca County General Health District **419-447-3691**

<https://www.senecahealthdept.org/>

71 S. Washington St., Suite 1102

Tiffin, Ohio 44883

- Provides free Graco Pack 'n Plays® to families who could not otherwise afford them - until supplies last.

First Call for Help **419-448-0355**

www.tiffin-seneca-unitedway.org

201 S. Washington St.

Tiffin, Ohio 44883

- Provides resources and education related to health, utilities and finance.

Kinship Services - Seneca County **419-447-5011**

<https://difs.co.seneca.oh.us>

900 E. County Rd. 20

Tiffin, Ohio 44883

- Provides financial support for minor children in the legal and physical custody of grandparents, relatives, or other “kinship caregivers”.

Prevention, Retention, and Contingency Funds (PRC) **419-447-5011**

Seneca County

<https://difs.co.seneca.oh.us/prc-resources/>

900 E. County Rd. 20

Tiffin, Ohio 44883

- Provides work supports and other services to help low-income parents overcome immediate barriers to employment.

Seneca County Commission on Aging **419-447-5792**

<http://www.seneca-coa.org/>

382 S. Huron St.

Tiffin, Ohio 44883

- Senior services and resources.

Seneca County Department Of Job and Family Services

419-447-5001

<http://djfs.co.seneca.oh.us/>

900 E. County Rd. 20

Tiffin, Ohio 44883

- SNAP, child support information, job opportunities, cash assistance and child care services.

Seneca County General Health District

419-447-3691

<https://www.senecahealthdept.org/>

71 S. Washington St., Suite 1102

Tiffin, Ohio 44883

- Provides various community health services in Seneca County.

Seneca County Veteran's Service Office

419-447-2885

<https://www.senecacountyveterans.org/>

902 E. County Rd. 20

Tiffin, Ohio 44883

- Short term emergency financial assistance provided to veterans or widows of veterans. Veteran must have an honorable discharge and provide copy of DD214. Also provides claim help to veterans and veterans' widows/widowers in applying for VA benefits.

St. Vincent DePaul Society

419-447-2087

<https://www.stmarychurch.com/st--vincent-depaul>

85 S. Sandusky St.

Tiffin, Ohio 44883

- Food pantry and other assistance with finances - ID may be required at any food pantry. Call for hours.

Summer Crisis Program (HEAP) - Seneca County

800-775-9767

<https://www.glcap.org/programs/utility-payment-assistance/utility-bill-assistance/>

- One-time payment assistance provided for summer electric bill and purchase of an AC unit. Household income must be at or below 175% poverty level and must have a member of the household who is at least 60 years old

Winter Crisis Program (HEAP) - Seneca County

800-775-9767

<https://ohio.gov/wps/portal/gov/site/residents/resources/heap-winter-crisis-program>

- Provides emergency financial assistance to low-income households to avoid a disconnection of their heating service (gas or electric) between November 1 – March 31. Must be at or below 175% poverty level.



Food Assistance

FOOD ASSISTANCE

NATIONAL RESOURCES

Area Agency on Aging - 1B

800-852-7795

<https://aaa1b.org/>

- Senior services including meals, chores, visitation and healthcare - by county

Food Assistance Program (FAP) Group

https://www.michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html

Food access for low-income families who are eligible

Meals on Wheels

888-998-6325

<https://www.mealsonwheelsamerica.org/>

- Delivers home delivered meals to seniors who qualify.

SNAP/Food Stamps

877-644-6338

www.fns.usda.gov

- Supplemental Nutrition Assistance Program - monthly food stamps based on income and documented family members.

2023 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA	
Persons in family/household	Poverty guideline
1	\$14,580
2	\$19,720
3	\$24,860
4	\$30,000
5	\$35,140
6	\$40,280
7	\$45,420
8	\$50,560
For families/households with more than 8 persons, add \$5,140 for each additional person.	

OHIO - STATE RESOURCES

Area Office on Aging of Northwest Ohio

800-472-7277

- Call for senior meal sites and times.

Ohio District 5 Area Agency on Aging, Inc.

www.aaa5ohio.org

- Senior services including meals, chores, visitation and healthcare - by county.

Ohio Food Pantries

<https://www.foodpantries.org/st/ohio>

- Ohio food pantry locator by city.

HANCOCK COUNTY

Christian Clearing House

419-422-2222

www.cchsupport.org

1800 N. Blanchard St., Suite 107

Findlay, Ohio 45840

- Provides grocery vouchers for residents in need of Hancock county.

Dept. of Job and Family Services- Hancock County

419-422-0182

<http://www.hancockjfs.org/>

7814 County Rd. 140

Findlay, Ohio 45839

- Food pantry and other assistance with finances – ID may be required at any food pantry. Call for hours.

HURON COUNTY

Christ Church at Tiffin Food Pantry

419-447-0042

<https://cctiffin.org/>

2586 W. U.S. Route 224

Tiffin, Ohio 44883

Willard Food Bank

419-933-4146

<https://huroncolib.org/content/willard-area-food-bank>

8 Myrtle Ave.

Willard, Ohio 44890

- Food pantry hours may change – call for more information.

SANDUSKY COUNTY

Bellevue Fish and Loaves Food Pantry
<https://www.bellevuefishandloaves.org/>

419-484-2814

203 Maple St.
Bellevue, Ohio 44811

- Food pantry – Wednesdays, 1-5 p.m.

Burgoon United Methodist Church
<https://www.facebook.com/Burgoonchrch/>

419-986-5655

3269 Main St.
Burgoon, Ohio 43407

- Food pantry – ID may be required at any food pantry. Call for hours.

Clyde Food Pantry/ The Back Door

419-547-6232

803 W. McPherson Hwy.
Clyde, Ohio 43410

- Food pantry open every Thursday 9-11 a.m. and 4-6 p.m.

Dept. of Job and Family Services - Sandusky County
<https://sanduskycountydjfs.org/>

419-334-3891

2511 Countryside Dr., Suite A
Fremont, Ohio 43420

- Food pantry and other assistance with finances – ID may be required at any food pantry. Call for hours.

The Family Worship Center – Food Pantry
<http://www.fwcfremont.com/>

419-334-8353

120 E. State St.
Fremont, Ohio 43420

- Food pantry is open for food distribution every Thursday at 9 a.m.

The Fremont Soup Kitchen – Grace Lutheran Church
http://gracefremont.org/wp/?page_id=135

419-332-1558

705 W. State St.
Fremont, Ohio 43420

- Soup kitchen, food pantry, temporary homeless shelter

Gibsonburg Clergy Association Food Pantry
https://www.foodpantries.org/li/oh_43431_gibsonburg-clergy-association-food-pantry

567-201-3967

116 S. Main St.
Gibsonburg, Ohio 43431

- Food pantry open the 2nd and 4th Monday of each month from 5-6 p.m. ID may be required.

Hayes Memorial – United Methodist Church – Food Pantry **419-334-2605**

<https://hayesmemorialumc.org/community-1>

1441 Fangboner Rd.

Fremont, Ohio 43420

- Food pantry and clothes closet Monday: 5pm-6:30pm and Thurs: 10am-11:30am. ID may be required at any food pantry.

Ohio Dept. of Jobs and Family Services – Sandusky County **419-334-3891**

<https://sanduskycountydjfs.org/>

2511 Countryside Dr., Suite A

Fremont, Ohio 43420

- Ohio Benefits application – Medicaid, employment, food stamps, cash assistance, child care, WIC, unemployment insurance, special needs assistance and long-term care.

Pontifex – Food Pantry

419-333-9667

<https://www.pontifexfremont.com/>

416 W. State St.

Fremont, Ohio 43420

- Food pantry – ID may be required at any food pantry. Every Monday 1-3pm.

Sandusky County Food Pantry

419-334-8158

<https://sanduskycountydjfs.org/public/food-assistance/>

129 Bidwell Ave.

Fremont, Ohio 43420

- Food pantry open Monday-Friday, Noon-2:30 p.m. Must present a photo ID and obtain a referral from Sandusky Job and Family Services, Share and Care or Pontifex agencies.

Sandusky County Health Department WIC

419-334-6363

Women Infants and Children (WIC)

<https://www.scpublichealth.com/>

2000 Countryside Dr.

Fremont, Ohio 43420

- Women, Infants and Children Supplemental Nutrition Program. Extension 316

St. Paul's Episcopal Church

419-332-3032

<https://www.stpaulsfremont.org/ministries.html>

206 N. Park Ave

Fremont, Ohio 43420

- Free Community Meals are served on the fourth Sunday of the months from September through May. Volunteers can come to help at 3:30 p.m. and the meal is served from 5- 6 p.m.

The Salvation Army Soup Kitchen

419-626-3862

<https://easternusa.salvationarmy.org/northeast-ohio/sandusky/>

3333 Columbus Ave.

Sandusky, Ohio 44870

- Food pantry and utility assistance – call for hours and information.

Woodville Good Samaritan

419-849-3952

<https://www.facebook.com/GoodSamaritanCouncil>

212 Bridge St.

Woodville, Ohio 43469

- Open the first and third Thursday mornings (9:30-11 a.m.), and second and fourth Thursday evenings (5-7 p.m.) of each month

SENECA COUNTY

Bloomville United Methodist Church Food Pantry

567-230-0409

26 E. New Haven St.

Bloomville, Ohio 44818

- Food pantry – third Friday of each month Noon-2 p.m. Call for time changes.

Dept. of Job and Family Services – Food Pantry

419-447-5011

<https://djfs.co.seneca.oh.us/>

900 East Country Rd 20

Tiffin, Ohio 44883

- Food pantry and other assistance with finances – ID may be required at any food pantry. Call for hours and locations. Seneca County residents only.

FISH of Tiffin Food Pantry

419-448-0690

<https://rsvp.fcsserves.org/seneca/seneca-fish-of-tiffin-food-pantry/>

131 E. Perry St.

Tiffin, Ohio 44883

- Provides emergency food, prescriptions, utility assistance and some transportation arrangements for residents of Tiffin and Seneca County. ID required – call for hours.

Fostoria Sharing Kitchen

419-436-1667

<https://www.senecacountyfcfc.org/listing/fostoria-sharing-kitchen/>

321 N. Main St.

Fostoria, Ohio 44830

- Call for days and times of service.

Little Faith Ministries Food Pantry

419-455-5861

<http://alittlefaithministries.com/contacts>

230 S. Washington St.

Tiffin, Ohio 44883

- Food pantry – ID may be required at any food pantry. Call for hours.

Pantry Plus of Seneca County**419-619-0183**<https://pantry-plus.org/>

115 S. Main St.

Fostoria, Ohio 44830

- Food pantry – ID may be required at any food pantry. Fridays 9:30-11:30 a.m. – Senior Boxes third Thursday of the month from Noon-2 p.m.

Republic Food Pantry**419-585-7374**<https://www.republicucc.org/food-pantry.html>

312 S. Madison St.

Tiffin, Ohio 44883

- Food pantry – ID may be required at any food pantry. Call for hours.

Salvation Army of Tiffin**419-447-2252**<https://easternusa.salvationarmy.org/southwest-ohio/tiffin/>

505 E. Market St.

Tiffin, Ohio 44883

- Provides food assistance, housing and other resources.

Seneca County Commission on Aging**419-447-5792**<http://www.seneca-coa.org/>

382 S. Huron St.

Tiffin, Ohio 44883

- Senior meals and mobile meals – call for more information

St. Paul's United Methodist Church - Sharing Kitchen**419-447-1743**<http://tiffinstpauls.org/>

46 Madison St.

Tiffin, Ohio 44883

- Meals served Monday and Thursday, 11:30 a.m.-12:30 p.m.

St. Vincent DePaul Society - Fostoria**419-435-7259**<http://www.stvfostoria.net/>

243 W. High St.

Fostoria, Ohio 44830

- Food pantry and other assistance with finances – ID may be required at any food pantry. Call for hours.

The Salvation Army of Tiffin**419-447-2252**

505 E. Market St.

Tiffin, Ohio 44883

- Open pantry: Monday-Friday 8 a.m.-4 p.m. – food boxes for Seniors on second Tuesday each month, boxes for low-income families on the second Friday, after the second Tuesday of each month

Seneca County Health Department - Tiffin

419-447-3691

<https://www.senecahealthdept.org/wic>

71 S. Washington St.

Tiffin, Ohio 44883

- Women, Infants and Children Supplemental Nutrition Program. Extension 316



Health Services

HEALTH SERVICES

NATIONAL RESOURCES

Healthcare Marketplace

www.healthcare.gov/marketplace

- Health Insurance for uninsured Americans -cost is based on income.

The Healthwell Foundation

www.healthwellfoundation.org

- Assist the underinsured afford critical medical care.

MAT – Medicine Assistance Tool

<https://medicineassistancetool.org/>

- Assistance with obtaining necessary prescription medication.

Medicare

800-633-4227

TTY 877-486-2048

Ohio OSHIP 800-686-1578

www.medicare.gov

- Medicare sponsored contacts to answer Medicare and Part D (Drug) Plan questions.
- Free services available from OSHIP Specifically for those enrolled or eligible for Medicare. They will answer your questions about any of the matters listed below:
 - Medicare health coverage for seniors and for people under age 65 with disabilities
 - Medicare prescription drug plans
 - Financial assistance programs for people with limited income
 - Long-term care insurance
 - Original Medicare
 - [Medicare Supplemental Insurance](#)
 - [Medicare Prescription Drug Coverage \(Part D\) - Extra Help Program](#)
 - [Medicare Advantage](#)
 - [Cost Saving Programs](#)

National Council on Aging- “Benefits Check-Up”

800-794-6559

<https://www.benefitscheckup.org/about-us/>

- A comprehensive, free online tool that connects older adults with benefits they may qualify for.

National Multiple Sclerosis Society

800-344-4867

<https://www.nationalmssociety.org/Chapters/OHA>

- MS Navigators are available via phone to discuss educational, medical, and social needs. Assistance can be available for transportation to medical appointments and connection to food, housing, or other services as needed.

National Rehabilitation Information Center**800-346-2742****<https://naric.com/>**

- NARIC collects, catalogs, and disseminates the articles, reports, curricula, guides, and other publications and products of the research projects related to disability and independent living.

Needy Meds - Pharmaceutical Assistance Program**1-800-503-6897****<https://www.needymeds.org/>**

- Pharmaceutical patient assistance for low-income individuals with no prescription coverage.

Rx Assist - Pharmaceutical Patient Assistance Program**<https://www.rxassist.org>**

- Assistance with obtaining necessary prescription medication.

The Patient Access Network (PAN) Foundation**www.panfoundation.org**

- Determine your eligibility for medication co-pay, insurance premium or travel assistance using online tools.

OHIO – STATE RESOURCES

Dental OPTIONS**888-765-6789****<https://oda.org/community-involvement/dental-options/>**

- Dental OPTIONS is a program provided through a joint partnership between the ODA and the Ohio Department of Health that helps eligible, low-income uninsured adults in Ohio obtain access to dental care by linking them with volunteer dentists.

Healthy Start Medicaid**https://benefitsapplication.com/program_info/OH/Ohio%20Healthy%20Start%20-%20Childrens%20Health%20Insurance%20Program**

- The Children's Health Insurance Program (CHIP) in Ohio, known as Healthy Start, provides health insurance coverage to eligible families with children for free or at a low cost. Babies, children, and teenagers who are below 19 years old, as well as pregnant women, may qualify to receive medical services.

Kidney Foundation of NW Ohio**419-329-2196****www.kfnwo.org**

- Financial assistance, medical transportation, prescription assistance and medical equipment for individuals with kidney disease. Allen, Auglaize, Crawford, Defiance, Fulton, Hancock, Hardin, Henry, Logan, Lucas, Mercer, Ottawa, Paulding, Putnam, Sandusky, Seneca, Van Wert, Williams, Wood, Wyandot counties.

Medicaid Consumer Hotline

800-324-8680

<https://medicaid.ohio.gov/CONTACT>

- Medicaid sponsored contacts for applications, cards, and non-emergency transportation.

HANCOCK COUNTY

Hancock County Health Department

419-424-7105

<https://co.hancock.oh.us/>

2225 Keith Parkway

Findlay, Ohio 45840

- Provides immunizations, STD/HIV testing, lead clinic and child/family health, including senior health.

M.O.M.S. Breastfeeding Support Group - Sandusky County

419-483-4040

www.bellevuehospital.com

1400 W. Main St.

Bellevue, Ohio 44811

- Free breastfeeding support group that works in conjunction with the Sandusky County Breastfeeding Coalition and Sandusky County WIC - Tue from 10:30-11:30 a.m. - second floor conference room at Bellevue Hospital

SANDUSKY COUNTY

Community Health Services – West

419-334-9137

<https://www.fremontchs.com/>

675 Bartson Rd.

Fremont, Ohio 43420

- General outpatient health services. CHS provides comprehensive medical and dental services to both adults and children in six counties and ten locations. They offer the dental and family medical services and specialties for all ages.

Community Health Service - East

419-355-8186

<https://www.fremontchs.com/>

1200 E. State St.

Fremont, Ohio 43420

- General outpatient health services. CHS provides comprehensive medical and dental services to both adults and children in six counties and ten locations. They offer the dental and family medical services and specialties for all ages.

Community Health Services - Main Site

419-334-3869

<https://www.fremontchs.com/>

2221 Hayes Ave.

Fremont, Ohio 43420

- General outpatient health services. CHS provides comprehensive medical and dental services to both adults and children in six counties and ten locations. They offer the dental and family medical services and specialties for all ages.

M.O.M.S. Breastfeeding Support Group - Sandusky County **419-483-4040**
www.bellevuehospital.com

1400 W. Main St.
 Bellevue, Ohio 44811

- Free breastfeeding support group that works in conjunction with the Sandusky County Breastfeeding Coalition and Sandusky County WIC - Tue from 10:30-11:30 am - second floor conf room at Bellevue Hospital

ProMedica Memorial Hospital **419-332-7321**
<https://www.promedica.org/location/promedica-memorial-hospital>

715 S. Taft Ave.
 Fremont, Ohio 43420

- Full-service hospital and emergency department - including lab and imaging services, as well as outpatient cancer services.

Sandusky County Health Department **419-334-6377**
<https://www.scpublichealth.com/>

2000 Countryside Dr.
 Fremont, Ohio 43420

- Promotes public health and the prevention of disease, including the provision of basic health services and health education including WIC, immunizations, and STD/HIV testing.

SENECA COUNTY

Community Health Services – Fostoria **419-436-7281**
<https://www.fremontchs.com/>

502 Van Buren St.
 Fostoria, Ohio 44830

- General outpatient health services. CHS provides comprehensive medical and dental services to both adults and children in six counties and ten locations. Offer dental and family medical services and specialties for all ages.

Community Health Services- Willard **419-933-7408**
<https://www.fremontchs.com/>

3909 Kok Rd.
 Willard, Ohio 44890

- Medical services for migrant workers only.

ProMedica Fostoria Hospital **419-435-7734**
<https://www.promedica.org/location/promedica-fostoria-community-hospital>

501 Van Buren St.
 Fostoria, Ohio 44830

- Full-service hospital and emergency department - including lab and imaging services, as well as outpatient cancer services.

Seneca County General Health District

419-447-3691

<https://www.senecahealthdept.org/>

71 S. Washington St., Suite 1102

Tiffin, Ohio 44883

- Provides immunizations, STD/HIV testing, lead clinic and child/family health, including senior health.

WOOD COUNTY

Community Health Services - Stony Ridge

419-318-8652

<https://www.fremontchs.com/>

5734 Fremont Pike

Stony Ridge, Ohio 43463

- Medical, dental, lab and prescription services - accepting migrant workers, Medicaid and Medicare.



Housing Assistance

HOUSING ASSISTANCE

NATIONAL RESOURCES

Affordable Housing Locator (Online)

<https://resources.hud.gov/#>

- Go to website and click on: Find Affordable Housing Opportunities Near Me - then enter city and state.

HUD Resource Locator

<https://resources.hud.gov/#>

OHIO - STATE RESOURCES

Noah House Family Homeless Shelter

419-337-1245

<https://www.noahhouse.org/>

- Northwest Ohio family shelter in a farmhouse setting. Services include fellowship and encouragement, financial mentors, spiritual mentors, food, toiletries, assistance in locating jobs, child care, or school placement.

Ohio Housing Locator

877-428-8844

www.ohiohousinglocator.org

- Locates with special and subsidized housing.

Single Family Housing Repair Loans & Grants

614-255-2402

www.rd.usda.gov/oh

800-414-1226

- Offers loans, grants and loan guarantees to help create jobs and support economic development and essential services such as housing; health care; first responder services and equipment; and water, electric and communications infrastructure.

U.S. Department of Agriculture Single Family Housing Loan and Repair

419-422-0242

<https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants>

- Allows income eligible people to purchase a qualifying home in a rural area at a low interest rate financed through USDA. Another program allows for income eligible homeowners to receive a low-interest loan or grant for home repair, improve, or modernization.

HANCOCK COUNTY

Blanchard House (Senior Housing)

419-425-1010

<https://www.nationalchurchresidences.org/communities/blanchard-house/>

2000 N. Blanchard St.

Findlay, Ohio 45840

- Subsidized Housing/Rental assistance based on household income.

City Mission Homeless Shelter

419-423-9151

www.findlaymission.org

510 W. Main Cross St.

Findlay, Ohio 45840

- Homeless shelter, food assistance and life skills education. Lunch provided Monday-Saturday 1:00, and dinner Monday-Saturday 4:45pm

Findlay Senior Towers - (Subsidized Senior Housing)

419-423-4143

<https://affordablehousingonline.com/housing-search/Ohio/Findlay/Findlay-Senior-Towers/10009949>

806 Bright Rd.

Findlay, Ohio 45840

- Section 8 and Low-Income Housing Tax Credit, for Seniors or handicapped and disabled individuals, based on income.

Hancock Metropolitan Housing Authority

419-424-7848

The Family Center

<https://www.hancockmetro.com/>

1800 N. Blanchard St., Suite 114

Findlay, Ohio 45840

- Provides safe, decent, and sanitary housing conditions for very low-income families and to manage resources efficiently in the administration of HUD's Housing Choice Voucher Program.

Kiwanis Village (Senior HUD Housing)

419-422-5372

<https://www.nationalchurchresidences.org/communities/oh/findlay/kiwanis-village>

1200 Croy Dr.

Findlay, Ohio 45840

- Housing for Seniors 62+ or 55+ for those with disabilities - income based.

Legacy Village of St. Catherine

419-425-9590

Senior housing and assisted living

<https://www.facebook.com/pages/Legacy-of-St-Catherines/117018461691803>

8345 County Rd. 140

Findlay, Ohio 45840

- Housing for Seniors 55+ - income based.

SANDUSKY COUNTY

Bethesda View Apartments (VOA Senior Housing) **419-355-0206**

https://www.voa.org/housing_properties/bethesda-view-apartments

540 N. Brush St.

Fremont, Ohio 43420

- VOA apartments Seniors 62+ and those with disabilities - income based. Must apply.

Casa Nueva Apartments **419-334-3448**

<https://affordablehousingonline.com/housing-search/Ohio/Sandusky-County>

1606 Dickinson St.

Fremont, Ohio 43420

- Section 8 and low-income housing based on income, for families, Seniors 62+, or those who are handicapped or disabled.

The Commons at Little Bark Creek **419-355-9638**

<http://apartmentfremont.com/>

750 Robin Lane

Fremont, Ohio 43420

- Low-income housing for multigenerational and Seniors - income based rent.

Community Fortress Homeless Shelter **419-552-1813**

<http://www.communityfortress.org/>

410 Birchard Ave.

Fremont, Ohio 43420

- Homeless shelter for men, women and families.

Rotary Commons - Senior Housing **419-483-1590**

<https://rotarycommons.com>

259 Northwest St.

Bellevue, Ohio 44811

- Senior housing, for those with disabilities and are able to live independently - income based.

Sandusky County Metropolitan Housing Authority – SMHA **419-334-4426**

<http://www.sanduskymha.org/>

1358 Mosser Dr.

Fremont, Ohio 46420

- Sandusky County's affordable housing agent of choice to low and moderate-income residents of Sandusky County and to assist them in becoming self-sufficient.

SENECA COUNTY

Kiwanis Manor of Tiffin, Inc. (Senior Housing) **419-448-4541**

<https://www.facebook.com/KiwanisManorTiffin/>

7 W. Market St.
Tiffin, Ohio 44883

- HUD Section 8 housing for Seniors 62+ - income based.

Seneca County Metropolitan Housing Authority

419-663-7800

<http://senecamha.org/>

17 Mill St.
Norwalk, Ohio 44857

- Subsidized Housing/Rental assistance based on household income.
Applications taken the last Tuesday, 9:00-11:30am.

North Central Ohio Housing

419-524-0029

<http://ncohiohousing.org/>

- Common website for multiple county housing authorities that include housing updates, online application, rules, etc.



Intimate
Partner
Violence
& Safety
Services

INTIMATE PARTNER VIOLENCE & SAFETY SERVICES

NATIONAL RESOURCES

National Domestic Violence Hotline

800-799-7233

<https://www.thehotline.org/>

- Provides 24-hour, short-term crisis intervention, referral services, and support to victims of domestic violence.

Violence Against Women - 24 hour Crisis Response Team

800-799-7233

<https://www.thehotline.org/>

- Provides 24-hour, short-term crisis intervention, referral services, and support to victims of domestic violence.

OHIO - STATE RESOURCES

Action Ohio

614-825-0551

<https://www.actionohio.org/ohiodvshelter.htm>

888-622-9315

- Website with a list of domestic violence shelters by county, with phone numbers for each shelter.

Adult Protective Services – Report Adult Abuse (Ohio)

855-644-6277

<https://aps.jfs.ohio.gov/>

The Ohio Domestic Violence Network

800-934-9840

www.odvn.org

- Domestic support services for domestic violence.

HANCOCK COUNTY

Adult Protective Services - Hancock

419-429-8067

<http://www.hancockjfs.org/children-protective/>

- Investigates reports of abuse, neglect (by self or others) and exploitation of older adults, age 60 or older.

The Center for Safe and Healthy Children

419-425-1475

<http://hancocksafechildren.com/>

201 Merriweather Dr.

Findlay, Ohio 45840

- Provides a safe and caring place used by professionals who investigate and guide children and their families through the healing and legal process.

Child Protective Services - Hancock

419-424-0182

<http://www.hancockjfs.org/children-protective/>

7814 County Rd. 140

Findlay, Ohio 45839

- Investigates reports of child abuse and neglect; provides protective services to children who are at risk for abuse and or neglect.

Open Arms: Domestic Violence & Rape Crisis Services Shelter

419-420-9261

<https://openarmsfindlay.com/>

401 W. Sandusky St.

Findlay, Ohio 45840

- Provides group support, prevention and education programs, information and referral, individual support and education, legal advocacy, and services for friends and family members. 24-Hour Crisis Hotline: 419-422-4766.

Victim Assistance Program – Hancock County

419-424-7089

<https://co.hancock.oh.us/government-services/prosecutor/victims-assistant>

514 S. Main St., Suite B

Findlay, Ohio 45840

- Provides assistance and support to victims of violent crime.

SANDUSKY COUNTY

Adult Protective Services – Sandusky

419-334-8708

<https://sanduskycountydjfs.org/children/adult-protective-services/>

- Investigates reports of abuse, neglect (by self or others) and exploitation of older adults, age 60 or older.

Child Protective Services – Sandusky

419-334-8708

<https://sanduskycountydjfs.org/children/child-protective-services/>

- Investigates reports of child abuse and neglect; provides protective services to children who are at risk for abuse and or neglect.

Liberty Center of Sandusky County

419-332-8777

<https://www.libertycenterfremont.org/>

1421 E. State St.

Fremont, Ohio 43420

- Domestic Violence Shelter for women and children. Provides case management, counseling, and support to victims of domestic violence as well as referrals for emergency food, clothing, personal care items, transportation, financial and budgeting assistance.

Victim Assistance Program - Sandusky County

419-334-6418

<https://www.countyoffice.org/sandusky-county-victims-assistance-fremont-oh-75f/>

617 Croghan St.

Fremont, Ohio 43420

- Provides assistance and support to victims of violent crime.

SENECA COUNTY

Adult Protective Services - Seneca County

419-447-5011

<http://difs.co.seneca.oh.us/family-resources/protective-services/adult-protective-services/>

900 E. County Rd. 20

Tiffin, Ohio 44883

- Investigates reports of abuse, neglect (by self or others) and exploitation of older adults, age 60 or older.

Child Protective Services - Seneca County

419-447-5011

<https://difs.co.seneca.oh.us/family-resources/protective-services/children-services/>

900 E. County Rd. 20

Tiffin, Ohio 44883

- Investigates reports of child abuse and neglect; provides protective services to children who are at risk for abuse and or neglect.

First Step 24/7 Crisis Line

800-466-6228

<https://www.facebook.com/FirstStepWeb>

1099 Columbus Ave.

Fostoria, Ohio 44830

- Offers emergency shelter services for up to 30 days as well as advocacy services to help assist with filing paperwork for protection orders and applying for victim's assistance.

Victim Assistance Program - Seneca County

419-448-5070

<https://tiffinfostoriamunicipalcourt.org/victim.php>

51 E. Market St., Room 208

Tiffin, Ohio 44883

- Provides assistance and support to victims of violent crime.



Legal Assistance

LEGAL ASSISTANCE

NATIONAL RESOURCES

Association for Child Support Enforcement (ACES) 800-738-2237
<https://www.divorcesource.com/ds/encyclopedia/aces-association-for-children-for-the-enforcement-of-support--1659.shtml>

- Assists disadvantaged children affected by parents who fail to meet their legal, moral and financial obligations to support them (assistance with obtaining legal child support).

Do-Not-Call Registry 888-382-1222
<https://www.donotcall.gov/>

- Anyone can register their home, cell, fax and pager numbers with the Federal Government “Do-Not-Call Registry” to help prevent unwanted calls from telemarketers for five years.

OHIO - STATE RESOURCES

Advocates for Basic Legal Equality (ABLE) 800-837-0814
<https://www.ablelaw.org/>
525 Jefferson Ave., Suite 400
Toledo, Ohio 43604

- Free legal help from Legal Aid of Western Ohio, Inc. (LAWO), Advocates for Basic Legal Equality, Inc. (ABLE) or a pro bono program, you must be: low-income; and live in one of 32-counties of northwest and west central Ohio

Legal Aid 888-534-1432
www.legalaidline.org

- Serves: Defiance, Fulton, Henry, Paulding, Putnam, Van Wert, Williams counties
- Must meet program eligibility criteria.
- Will assist with basic legal civil matters, domestic violence situations, protective orders and divorces, government benefits and social security issues

Legal Clinic for Veterans - VA Clinic 419-259-2000
1200 S. Detroit Ave.
Toledo, Ohio 43609

- Free legal assistance for veterans.

Long Term Care Ombudsman (Northwest Ohio) 800-282-1206
<https://ohio.gov/residents/resources/office-of-the-state-long-term-care-ombudsman>

- Fields complaints about long-term care services, voice clients' needs and concerns to nursing homes, home health agencies, and other providers of long-term care.

Public Children's Services Association of Ohio

614-224-5802

PCSAO - Kinship

37 W. Broad St., Suite 1100
Columbus, Ohio 43215

- Support for kinship families including legal assistance, cash assistance, Medicaid coverage, and other forms of support.

The Ohio Victims of Crime Compensation Program

800-282-0515

<https://www.ohioattorneygeneral.gov/Individuals-and-Families/Victims/Apply-for-Victims-Compensation>

- This program offers compensation to innocent victims of violent crime for out-of-pocket and unreimbursed expenses resulting from the crime.

HANCOCK COUNTY

Dept. of Jobs and Family Services- Hancock County

419-422-0182

Child Support Enforcement Agency

www.hancockjfs.org

7814 County Rd. 140
Findlay, Ohio 45839

- Establishes paternities and obtains, enforces and collects child support funds for children.

Findlay/Hancock County Bar Association

419-425-5745

www.legalaidline.org

1800 N. Blanchard St.
Findlay, Ohio 45840

- Free legal help from Legal Aid of Western Ohio, Inc. (LAWO), Advocates for Basic Legal Equality, Inc. (ABLE) or a pro bono program, you must be: low-income; and live in one of 32-counties of northwest and west central Ohio

Hancock County Board of Developmental Disabilities

419-422-6387

Blanchard Valley Center

<https://www.blanchardvalley.org/>

1700 E. Sandusky St.
Findlay, Ohio 45840

- Investigates reports of abuse and neglect of developmentally disabled individuals and provides protective services to those who are at risk for abuse and or neglect.

Hancock County Common Pleas Court H.O.P.E. Program **419-424-7818**
<http://co.hancock.oh.us/government-services/common-pleas-court/domestic-relations/hope-hope-plus-pact>

300 S. Main St.
Findlay, Ohio 45840

- Helping Ourselves through Parenting Education (H.O.P.E.), mandatory for all families seeking termination of marriage, is an educational program that provides parents and children information on the effects of divorce on the family.

SANDUSKY COUNTY

Wylkan, Certified Elder Law Attorney **419-332-3800**
<https://www.wylkanlaw.com/>

1430 Oak Harbor
Fremont, Ohio 43420

- Senior legal assistance for a fee.

Sandusky County Board of Developmental Disabilities **419-332-9296**
<https://www.scbdd.org/>

1001 Castalia St.
Fremont, Ohio 4320

- Investigates reports of abuse and neglect of developmentally disabled individuals and provides protective services to those who are at risk for abuse and or neglect.

SENECA COUNTY

Dept. of Jobs and Family Services - Seneca County **419-447-5011 ext. 2606**
Child Support Enforcement Agency
<https://difs.co.seneca.oh.us/child-support/>

900 E. County Rd. 20
Tiffin, Ohio 44883

- Working with both parents to establish and enforce support orders, the child support program helps children receive the financial and medical support they deserve.

Seneca County Community Based Mediation **419-448-5411**
<http://tiffinforiamunicipalcourt.org/pdf/mediation.pdf>

51 E. Market St.
Tiffin, Ohio 44883

- Application for court mediation.



Social Connections

SOCIAL CONNECTIONS

NATIONAL RESOURCES

COVIA Well Connected

877-797-7299

www.covia.org/services/covia-connections/

- A community of older adults throughout the United States meeting via phone or web conference for a variety of groups and discussion topics.

Silver Sneakers/Fitness Program

www.silversneakers.com/join-in/

- Senior fitness programming. – various locations. Contact for eligibility and locations.

Telephone Safety Calls - Telecare - American Red Cross

419-329-2900

- Red Cross Volunteers will call seniors every day of the year to check up on them and assure their safety.

OHIO - STATE RESOURCES

The Area Office on Aging- Retired Senior Volunteer Patrol (RSVP)

419-382-0624

<https://www.areaofficeonaging.com/programs>

- Regional Area Office on Aging partners with local police agencies to provide check-ins on seniors at risk. Hours and services may differ due to COVID.

HANCOCK COUNTY

Focus On Friends

419-423-5071

<https://octf.ohio.gov/what-we-do/regional-prevention-councils/northwest/keep-a-promise/get-help/focus-on-friends>

509 Trenton Ave.

Findlay, Ohio 45840

- Provides peer-led support and resources to help people improve their health and wellness, live a self-directed life, and sustain their recovery

Hancock County Agency on Aging

419-423-8496

339 E. Melrose Ave.

Findlay, Ohio 45840

- Provides senior enrichment activities, wellness activities, social outings, education programs, home-delivered meals, case management, caregiver support and trainings, homemaker services, transportation, benefits application assistance, free tax preparation, volunteer guardianship program and information and referrals.

SANDUSKY COUNTY

Great Lakes Action Partnership (GLCAP)

800-775-9767

Sandusky County Senior Services

<https://www.glcap.org/programs/senior-services/>

127 S. Front St.

P.O. Box 590

Fremont, Ohio 43420

- Provides socialization, transportation and health assessment services.

Grandparent and Kinship Care - Sandusky County

419-334-3891

Grandparent & Kinship Providers - Sandusky County DJFS

2511 Countryside Dr., Suite A

Fremont, Ohio 43420

- The social program meets quarterly at both the Birchard Library in Fremont and the Clyde Public Library and features a different speaker on four major categories; Legal, Financial, Education, and Emotional Health.

SENECA COUNTY

Norfolk Center - Senior Center

419-435-0436

<http://www.seneca-coa.org/fostoria--norfolk.html>

601 Findlay St.

Fostoria, Ohio 44830

- Congregate meals are served Monday-Friday at 11:30am. - donation only for those 60 and over. COVID restrictions may apply.

Retired Senior Volunteer Program (RSVP)

419-448-1530

<https://www.tiffinchamber.com/places/rsvp-retired-senior-volunteer-program>

120 1/2 S. Washington St., Suite 218

Tiffin, Ohio 44883

- A program for those ages 55 and better to contribute their time, talent and expertise to volunteer in their own communities. Benefits include mileage reimbursement, volunteer insurance, and recognition activities.

WSOS Community Action Commission - Senior Programs

419-334-6894

Hancock, Sandusky and Seneca

<https://www.glcap.org/programs/senior-services/>

- The Senior Support program offers home delivered meals and senior center programs. Senior Centers offer social activities, wellness activities, a congregate meal program, trips and outings, transportation services, housing assistance and home repair. Please visit the website for a digital copy of the Sandusky County Senior Directory. Several nutrition sites are available throughout the service area.



Transportation

TRANSPORTATION

NATIONAL RESOURCES

Angel Wheels

<http://mercymedical.org/request-assistance/>

- Transportation assistance in the form of gas cards, bus tickets, or train tickets to medical appointments that are out of the county, but less than 300 miles away. Apply for assistance online. Financial restrictions apply.

Road to Recovery - American Cancer Society

800-227-2345

<https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>

- Volunteers will provide transportation to a cancer related medical appointment. No charge for service. Call ahead to schedule, as it may take several days to schedule a ride.

United Healthcare (Medicaid) - Medical Cabs

800-895-2017

<https://www.uhccommunityplan.com/oh/medicaid/community-plan#benefitsList-1050868790-5>

- Members receive 30 one-way trips per year for medical related appointments. Schedule at least 48 hours ahead of time.

OHIO - STATE RESOURCES

Buckeye (Medicaid) - Medical Cabs

866-246-4358

<https://www.buckeyehealthplan.com/members/medicaid/benefits-services/benefits-overview.html>

- Members receive 30- one-way trips per year for medical related appointments. Schedule at least 48 hours ahead of time.

CareSource (Medicaid) - Medical Cabs

800-488-0134

<https://www.caresource.com/oh/providers/tools-resources/request-patient-services/medicaid/>

- Members receive 30 one-way trips per year for medical related appointments. Schedule at least 48 hours ahead of time.

Handicap Parking Placards

<https://bmvo.hio.gov/vr-sp-disability.aspx>

- Applications for handicap parking permits.

Kidney Foundation of Northwest Ohio

419-329-2196

www.kfnw.org

- Financial assistance for medications and medical transportation related to kidney/renal disease.

Molina (Medicaid) – Medical Cabs

844-491-4761

- Members receive 30 one-way trips per year for medical related appointments. Schedule at least 48 hours ahead of time.

Paramount Advantage (Medicaid) - Medical Cabs

866-837-9817

<https://www.paramounthealth>

[hcare.com/assets/documents/advantage/Transportation-Brochure.pdf](https://www.paramounthealth.com/assets/documents/advantage/Transportation-Brochure.pdf)

- Members receive 30 one-way trips per year for medical related appointments. Schedule at least 48 hours ahead of time. If more trips are needed, call Customer Service to request them.

United Health Care (Medicaid) – Medical Cabs

877-542-9236

800-269-4190

[UnitedHealthcare Community Plan of Ohio Homepage | UHCprovider.com](https://www.unityhealthcare.com/ohio/homepage)

- United HealthCare medical transportation handbook for Ohio members

HANCOCK COUNTY

Safe Ride Home

419-45-3908

<http://srhfindlay.com/>

4404 State Route 142

Findlay, Ohio 45840

- Designated driver service that is free on select holidays and community events.

Wyandot Rides

419-731-0019 ext. 21

www.hhwpcac.org

440 Scott Ave.

Findlay, Ohio 45840

- Provides public transportation within Hancock County. \$1.50 for one-way trip in Findlay city limits; \$2.50 for one-way trip outside of Findlay city limits.

SANDUSKY COUNTY

TRIPS

419-332-8091

<https://www.glcac.org/programs/transportation/public-transportation/>

- General public transportation provider for Sandusky. Rides must be scheduled 24 hours in advance. Wheelchair accessible vehicles based on request and availability. Special fares for seniors.

SENECA COUNTY

Encouraging & Celebrating Independence (ECI) Inc. - Seneca County

<https://eciinc.net/careers/>

2036 E. Township Rd. 122
Tiffin, Ohio 43420

- Along with multiple other services for those with disabilities, ECI offers non-medical transportation that are necessary for an individual to participate in adult day support, vocational habilitation, and supported employment, as specified in an ISP. Transportation also available from one's home to community services.

Seneca County Agency Transportation (SCAT)

419-448-7344

<https://senecascat.org>

3446 S. Township Rd. 151
Tiffin, Ohio 44883

- Door-to-door, curb-to-curb transportation organization that provides locals as well as out-of-county trips to the public of Seneca and Crawford counties. Transportation provided for all needs, such as medical, social, shopping, bank service, veterinary, etc.